



Hemingford Public Schools Breakfast Menu

October 2022

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pancake Wrap Or Cold Cereal Fruit/Juice Milk	4 Breakfast Burrito or PBJ Fruit/Juice Milk	5 French Toast Or Cold Cereal Fruit/Juice Milk	6 Biscuits & Gravy Or PBJ Fruit/Juice Milk	7 Cheese Omelet & Muffin or Cold Cereal Fruit/Juice Milk
10 Breakfast Pizza Or Cold Cereal Fruit/Juice Milk	11 Waffles & Sausage or PBJ Fruit/Juice Milk	12 Scrambled Eggs & Toast Or Cold Cereal Fruit/Juice Milk	13 Pancakes & Sausage Or PBJ Fruit/Juice Milk	14 Breakfast Casserole Or Cold Cereal Fruit/Juice Milk
17 Yogurt Cup & Muffin Or Cold Cereal Fruit/Juice Milk	18 Breakfast Sandwich Or PBJ Fruit/Juice Milk	 <p style="font-size: 1.2em; font-weight: bold; margin-top: 10px;">Fall Break Oct. 19-21</p>		
24 Biscuits & Gravy Or Cold Cereal Fruit/Juice Milk	25 Cheese Omelet & Muffin Or PBJ Fruit/Juice Milk	26 Breakfast Pizza Or Cold Cereal Fruit/Juice Milk	27 Waffles & Sausage Or PBJ Fruit/Juice Milk	28 Scrambled Eggs & Toast Or Cold Cereal Fruit/Juice Milk
31 Pancakes & Sausage Or Cold Cereal Fruit/Juice Milk				

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: Pre-K-12 - \$1.65 Adult Breakfast - \$2.30

The cost of a lunch is as follows: Pre-K - \$2.15 K-6 Lunch - \$2.40 7-12 Lunch - \$2.70 Adult Lunch - \$4.00