



Hemingford Public Schools Lunch Menu

October 2022

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef & Bean Burritos Refried Beans Mexi-Corn Fruit	4 Homecoming BBQ Closed Campus	5 Spaghetti Garlic Toast Green Beans	6 Corn Dogs Fresh Carrots Fruit	7 Pizza Broccoli
10 BBQ Pork Sandwich Winter Blend Vegetables	11 Chicken Fried Steak Mashed Potatoes/Roll Corn Fruit	12 Grilled Cheese Sandwich Tomato Soup	13 Ham & Scalloped Potatoes Peas Dinner Roll	14 Chicken Pot Pie Casserole
17 Meat Ball Sub Green Beans	18 Chicken Sandwich French Fries Fruit	 <p>Fall Break Oct. 19-21</p>		
24 Sweet & Sour Chicken over Rice Broccoli	25 Bobcat Taco Spanish Rice Green Beans	26 Beef and Noodles over Mashed Potatoes Roll	27 Chicken Strips Mixed Vegetable Fruit	28 Chili Cinnamon Roll Carrots
31 Super Nachos Fruit				

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: Pre-K-12 - \$1.65 Adult Breakfast - \$2.30

The cost of a lunch is as follows: Pre-K - \$2.15 K-6 Lunch - \$2.40 7 - 12 Lunch - \$2.70 Adult Lunch - \$4.00