HEMINGFORD PUBLIC SCHOOLS

### SPECIAL POINTS OF IN-TEREST:

- Superintendent-Dr.
   Miller
- HS Principal-Mrs.
   Curtis
- Counseling News-Mrs, Gilkerson
- Elem. Principal-Mr.
   Arneson
- PE News
- Girls Wrestling
- Music Messages-Mrs.
   Arneson
- · One-Act Theatre
- Fall Sports Pictures
- Standard Response
   Protocol
- IOS Calendar
- Google Calendar
- Activity Calendars
- Lunch Menu
- Breakfast Menu



# **Bobcat Bits**

SEPTEMBER 2022

## From the Superintendent's Standpoint

By Dr. Travis Miller

I have enjoyed meeting many of our students and family members over the past few weeks. It has been enjoyable to see the commitment of our community to quality education for our students.

Part of providing a quality school is having an environment where everyone feels welcome and safe. I would like to share some background information on the work our team has been doing as part of our continuous improvement efforts in safety.

Before the start of the school year, we conducted a walkthrough of our school facilities in partnership with the Box Butte County Sheriff's Office and the Nebraska State Patrol. During the walkthrough, we discussed the numbering system for the doors, exchanged communications/contact information, and shared our Emergency Response Manual. We also discussed the Standard Response Protocol and plans for district training.

During the back-to-school in-service days, our staff was trained by Chuck Elley in the Standard Response Protocol. This training provided information to our staff on how to respond to various situations ranging from medical emergencies and active threats to sheltering situations (such as a chemical spill or tornado). During training, we were joined by Deputy Danner and Deputy Wangler of the Box Butte County Sheriff's Office. Their commitment of time to join us for the training helped ensure we have a shared understanding of how we can work together and respond to various situations.

Administrators are scheduled to meet with the Region 23 Emergency Management Director, Nan Gould, to review our sheltering and evaluation plans and how our school district can utilize the existing Local Emergency Operations Plan (LEOP) and Multijurisdictional Hazard Mitigation Plans to continue to improve our readiness profile.

I have appreciated the partnership of our law enforcement and emergency management community. Our school district is supported by a team of dedicated professionals who care about the safety of our students and staff.

There are two things I would encourage families to do to help with the shared responsibility of quality communication and coordination of our safety efforts. First, please make sure that family members have subscribed to at least one class or group through the school district's Remind messaging system. That will help ensure that district-wide messages reach every family. Second, please take some time to review the attached parent information about the Standard Response Protocol.

In closing, I look forward to continuing to meet and get to know more members of our community. The Hemingford school community is filled with dedicated parents and supportive stakeholders. I am proud of the efforts of our team so far and look forward to seeing much student success throughout the school year. Keep up the good work, Bobcat Nation!



### INFORMATION FOR PARENTS AND **GUARDIANS**

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol.

### **COMMON LANGUAGE**

The Standard Response Protocol (SRP) is based on an allhazards approach as opposed to individual scenarios. Like the Incident Command System (ICS), SRP utilizes clear common language while allowing for flexibility in protocol.

The premise is simple - there are five specific actions that can be performed during an incident. When communicating these, the action is labeled with a "Term of Art" and is then followed by a "Directive." Execution of the action is performed by active participants, including students, staff, teachers and first responders. The SRP is based on the following actions: Hold, Secure, Lockdown, Evacuate, and Shelter.

## HOLD

### "In Your Classroom or Area"

Students are trained to:

- Clear the hallways and remain in their area or room until the "All Clear" is announced
- Do business as usual

### Adults and staff are trained to:

- Close and lock the door
- · Account for students and adults
- Do business as usual

## SECURE

### "Get Inside. Lock outside doors"

Students are trained to:

- Return to inside of building
- Do business as usual

#### Adults and staff are trained to:

- Bring everyone indoors
- Lock the outside doors
- Increase situational awareness
- Account for students and adults
- Do business as usual





## LOCKDOWN

"Locks, Lights, Out of Sight"

**Students** are trained to:

- Move away from sight
- Maintain silence
- Do not open the door

#### Adults and staff are trained to:

- Recover students from hallway if possible
- Lock the classroom door
- Turn out the lights
- Move away from sight
- Maintain silence
- Do not open the door
- Prepare to evade or defend

## **EVACUATE**

"To a Location"

Students are trained to:

- Leave stuff behind if required to
- If possible, bring their phone
- Follow instructions

#### Adults and staff are trained to:

- Bring roll sheet and Go Bag (unless instructed not to bring anything with them, dependent on reason for evacuation.)
- Lead students to Evacuation location
- Account for students and adults
- Report injuries or problems using Red Card/Green Card method.

## SHELTER

"State Hazard and Safety Strategy"

Hazards might include:

- Tornado
- Hazmat
- Earthquake
- Tsunami

### Safety Strategies might include:

- Evacuate to shelter area
- Seal the room
- Drop, cover and hold
- Get to high ground

#### Students are trained in:

Appropriate Hazards and Safety Strategies

### Adults and staff are trained in:

- Appropriate Hazards and Safety Strategies
- Accounting for students and adults
- Report injuries or problems using Red Card/Green Card method.









### PARENT GUIDANCE

In the event of a live incident, parents may have questions about their role.

## SECURE

"Get Inside. Lock outside doors"



Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

# SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

# WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.



# WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

# **LOCKDOWN**

"Locks, Lights, Out of Sight"

A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the building.

# SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

#### SHOULD PARENTS TEXT THEIR STUDENTS?

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

# WHAT ABOUT UNANNOUNCED DRILLS?

The school may conduct unscheduled drills, however it is highly discouraged to conduct one without announcing that it as a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.

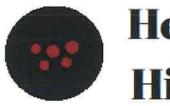


It's important to differentiate between a **drill** and an exercise. A drill is used to create the "Muscle Memory" associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.

# CAN PARENTS OBSERVE OR PARTICIPATE IN THE DRILLS?

The school welcomes parents who wish to observe or participate in drills.





# Hemingford High School

# Notes, News, and Updates

## **Bobcat Time Information**

WHY: To Provided All Students with Purposeful Remediation, Intervention, Mentorship, and Enrichment Time

**HOW:** Monday: Intervention/Remediation (Math/Science Focus)

Tuesday: Intervention/Remediation (English/Social Studies Focus)

Wednesday Weeks 1-3: SSR

-10-15 Minute Read / 5-7 Minutes Discussion

Wednesday Week 4: Mentorship Activities

Thursday: Club / Mentor Time

## **Student Directory Information**

There will be times through out the school year that we would like to recognize students for their achievements and involvement in school activities and events. If you do NOT want your students' information/picture shared on social media, with the newspaper, or through other communication avenues you will need to notify the office in writing by September 1, 2022. A detailed list of the types of information included in the Student Directory can be found in the handbook or school board policy 507.02. Please call the HHS office if you would like more information. We look forward to sharing our students' experiences with you on our social media pages, the school website and through other communication avenues.

## From the Desk of the Principal

We are off to a great start! Students are settled in with their schedules. Activities and Clubs have welcomed new and returning members. Our athletic teams are ready to hit the course, court and field. Our cheerleaders and band are ready to amp up and spread school spirit at our athletic events. I am thankful of the safety trainings, processes, and partnerships that we have in place as situations arise. Thank you in your help to create great partnerships between our school and community.

\*\* Last years yearbooks are in. If you ordered one please reach out to Mrs. Bila or the HS office.

There are extra yearbooks available for purchase.

# **COUNSELING NEWS**

The latest news and updates from Mrs. Gilkerson



## What did we do in counseling?

Kindergarten - Introductions - Counselor Roles

1st Grade - Introductions - Counselor Roles

2nd Grade - Introductions - Counselor Roles

3rd Grade - Introductions - Counselor Roles

4th Grade - Introductions - Counselor Roles

5th Grade - Introductions - Counselor Roles

6th Grade - Introductions - Counselor Roles

7th & 8th Grade - Introductions/Use of Planners

9th-12 Grade - Introductions/Schedule changes

The new school year has begun. The full swing of school, work, sports practices and games, and family obligations can be very time consuming. It is important while all of the activity occurs around you that there is still time for you and your child to talk. Talking, sharing, and doing activities with your children is essential to their growth and development.

Each month **"Take Time to Talk Suggestions"** will be given to you. The suggestions can be used while driving, walking, bath time, bedtime or any time that singing a song, asking a question, or sharing is appropriate.

Throughout the month of **September**, ask your child to name his/her friends. Talk about how friends are important and how nice it is to be a friend to someone else. Ask what does sharing mean? Can you think of a times when you shared with a friend? Parents, you can tell a story about a friend that you have now and/or share a picture or a story of a friend when you were a child. Developing connections and friendships is key to your child having a successful school year.

**UPCOMING DATES:** 

September 5th (Labor Day) No School

September 12th (Monday) College Fair @ WNCC in Alliance, NE. 2p-3p

September 13th (Tuesday) Financial Aid Program -Online Event @ 5:30pm

September 14th (Wednesday) Army Recruiter Jeffrey A. Gleason SFC, USA Station Commander @ 11:30a-1:30p

Seniors will have mailboxes in the counselors office, where they need to check it daily. This is a great opportunity to stay connected with their timelines for colleges, military, or any other resources they are needing by graduation.

If juniors or seniors are interested in going to the college fair, there is a sign up sheet in the counselors office. If families are interested on the online event for financial aid, please reach me at sgilkerson@gubn.org for the registration link.



K-12 School Counselor



# Elementary Principal-Mr. Arneson

Thanks for a great first two weeks of school. It's been great to see all the students again and hear what they did over the summer. There have been so many smiles in the elementary building from everyone.

When you come to the school, please be prepared to check in at the front desk. We're asking all guests in our building to sign in and get a visitor's badge. This will help us keep track of who is in the building and to keep our students safe.

In our newsletter, there are two tutorials to subscribe to our school calendar. This is a one-stop shop for different events and activities throughout the year. This will have all the different sports competitions through the end of the year. You won't have to worry about subscribing to a different calendar for different sports.

During the first weeks of September, our students will be doing some testing. Our K-3 Students will be testing in accordance with the NebraskaREADs act. And our 3-8 students will be taking the Fall administration of the NSCAS (Nebraska Student-Centered Assessment System) Growth Test. They'll take this three times this year, once in the Fall, once in the Winter, and once in the Spring. Please reach out if you have any questions.

Reminder: We do not have school on Monday, September 5th for Labor Day.



## Elementary PE News

We've had a great start to the school year. The students are finishing up the soccer unit. Students learned soccer basics, and played some mini soccer games. Please help your student be successful for PE class by wearing tennis shoes or bringing tennis shoes to change into for PE class. Tennis shoes are the safest and most effective footwear for PE class. Sandals, flip-flops, crocs, and boots can create tripping hazards and safety concerns.

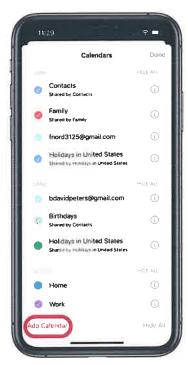


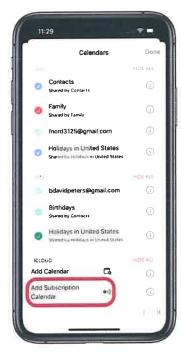


## iOS Built in Calendar





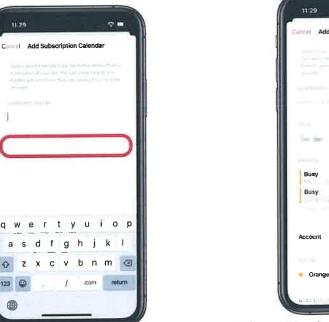




Open Calendar

Tap Calendars.

Tap Add Calendar.



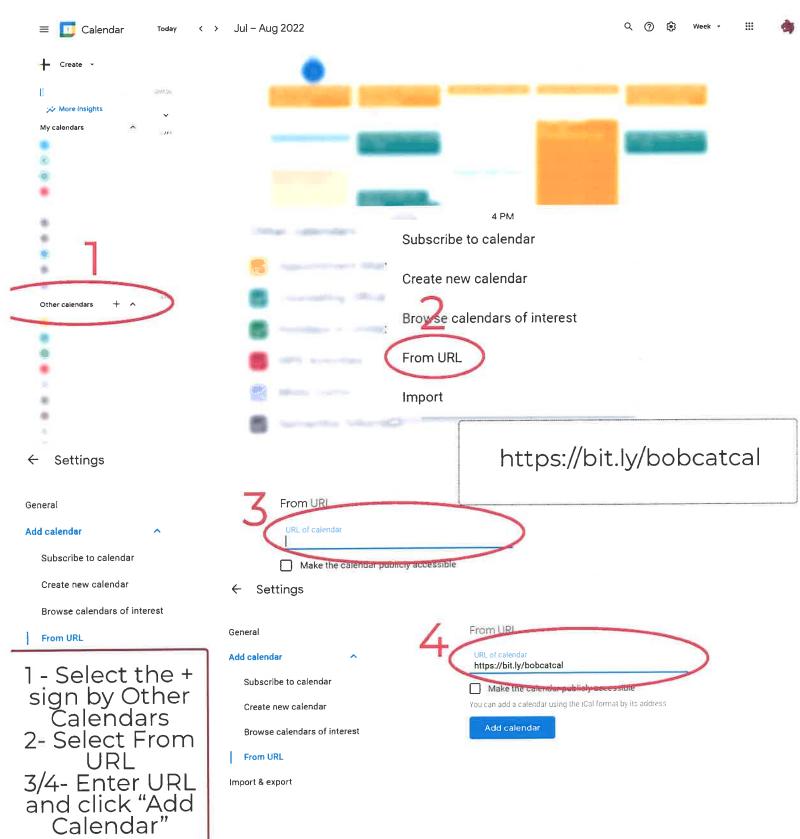
From the small menu that opens, tap Add Subscription Calendar.

Type the URL: https://bit.ly/bobcatcal

The Calendar app will show you some information on this specific calendar, to confirm the subscription, tap Add.

## Google Calendar

If you use Google Calendar it is easier to complete on a computer instead of a phone. Navigate to Google Calendar while logged into your Google Account



# Girls Wrestling-Mr. Gomez

This year we are excited to offer a girls wrestling program at Hemingford Public Schools. The high school season schedule is mostly set in terms of invites. The schedule changed a little bit from last year as we are trying to make sure that the girls can get as many matches as possible at a meet. When everyone is learning the sport, quality mat time matters. If you see one of the girls wearing a bright pink shirt this fall or winter, let them know how proud you are of them taking on the challenge of wrestling.

Girls wrestling offers many great benefits. The following list was put together by the WRESTLE LIKE A GIRL Foundation:

- ? Wrestling benefits female athletes in a myriad of ways, instilling within them: confidence, grit, resilience, mental toughness, self-esteem, self-reliance, and discipline.
- ? Wrestling also encourages physical fitness, teaches basic self-defense, and provides a family of wrestlers.
- ? Wrestling forges strong and capable leaders.
- ? Wrestling provides increased opportunities for employment and higher education.
- ? Wrestling has a notably high population of first-generation college students; the NCAA found that 23% of college wrestlers are first generation college students, this is the second-highest sport in the country, just behind football at 25%.
- ? On coed wrestling teams, young men and women learn how to manage working/professional relationships.
- ? Wrestling will change a girl's life.

If you see one of the young ladies wearing a pink team t-shirt, don't be afraid to ask them about how wrestling has benefited them. You will see them working quite a few concession stands this fall to help fundraise for the trips and overnight stays that they have on their schedule.

Next month we will release the Junior high and Varsity schedules after all of the regional athletic director meetings have occurred and some dates and events can be finalized.

Thank you for your support.





# from Mrs. Arneson

Football Games - The 7-12th Grade band will be playing at the HOME Varsity Football Games. Please arrive 30 minutes before the posted Start Time of the game to get setup. Be sure all students take their instruments, music, and anything else they need home after school gets out for the day. The Music room will only be opened AFTER the game is over. Please wear band shirts unless the weather is too cold - otherwise dress according to the weather and wear any Bobcat Gear you have!

Friday, September 16th at 7pm VS Sutherland Friday, September 23rd at 6pm VS Maxwell Friday, October 7th at 7pm VS Kimball

Arrive at 6:30pm Arrive at 5:30pm Arrive at 6:30pm

### **Upcoming Concerts**

- ? <u>Tuesday, December 6th at 6pm</u> will be 5th-12th Grade **Instrumental** Concert (Anyone enrolled in Band Classes)
- ? Thursday, December 15th at 6pm will be Kindergarten-12th Grade Vocal Concert (Anyone enrolled in Music or Choir classes)

## **Band Supplies**

- ? Flute Students need a thin, absorbent, handkerchief sized cloth for cleaning.
- ? Clarinet and Saxophone Students need reeds (ask Mrs. Arneson for the number and amount) and a cleaning swab.
- ? Trumpet, Trombone, French Horn, Baritone, and Tuba students are recommended to have their own oils or greases (depending on the instrument). Mrs. Arneson has some for use at school but not to take home.
- ? Percussion students need a pair of snare drum sticks labeled with their name.

## Contact Info for Mrs. Arneson

- ? email at sarneson@gubn.org
- ? Call the school and dial extension 209. The Voicemail will be checked on school days.
- ? Sign up for REMIND for each of your classes especially for grades 5-12. Email or call for help finding your student's classes. You may need to switch classes from last year because your student is in a different class this year!
- ? Google Classroom for Grades 5-12 ask for help getting added to the class



# **Hemingford High School**

# **THEATER**

# One Act Auditions 9th-12th

When: October 4th

Where: High School Gym

Competitions in November State in December

# Dinner Theater 7th-12th

Spring 2023

Directed by Coaches: Tabi Bryner & Gina Jespersen



**One Act & Dinner Theater** 



Fall sports pictures, individual pictures and class pictures will be taken on Wednesday, September 14, 2022.

# NO SCHOOL ON MONDAY, SEPTEMBER 5, 2022



### HEMINGFORD PUBLIC SCHOOLS

### August 2022

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Dr. Travis Miller, Superintendent Mrs. Misty Curtis, High School Principal

Mr. Eric Arneson, Elementary Principal Mrs. Mandy Plog, Special Education Director

PO Box 217 911 Niobrara Avenue Hemingford NE 69348

Phone: 308-487-3328 High School Phone: 308-487-3330 Elementary

Fax: 308-487-5215

### **COMMUNICATION SOURCES**

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

http://www.hemingfordschools.org

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Posted on Remind, Facebook and the School Website.

Notices sent home with students Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.







#### **EQUAL OPPORTUNITY**

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

### **Web-Email Lunch Account System**

Access your current account information online-at <a href="https://www.hemingford.schools.org">www.hemingford.schools.org</a> and click the button on the right labeled "What's for Lunch".

### **INCLEMENT WEATHER**

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site (www.hemingfordschools.org), and Mobius web site (www.bbc.net).

#### **School Information**

School notifications will also will be posted through the school Facebook, twitter, website and local radio stations. If you have any questions please contact school at 487-3330. To get direct notifications please download the Remind app.



# Hemingford Public School District #10

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00am: Volleyball: Girls J vs, Crawford High SchoolGarden County SchoolsGordon Rushville MSHay SpringsSioux CountySt, Agnes Academy'>Multiple School (Home)
2	3	4	5	6	7	
	White Day	Red Day	White Day	Red Day	White Day	
	11:00am: Cross Country: JH vs, TBD (Home)  11:00am: Cross Country: Varsity vs, Bridgeport Jr SrGordon-RushvilleKimball Jr./Sr.Mitchell Public SchoolsMorrill'>Multiple			4:00pm: Volleyball: Girls Varsity vs. Lakota Tech High School">Multiple Schools (Away)	7:00pm: Football: Boys Varsity vs., Kimball (Home)	
	Schools (Home)  3:00pm: Volleyball: Girls JH vs. Crawford High School (Home)  5:00pm: Volleyball: Girls JV					
	vs. Crawford High School (Home) 5:00pm: Football: Boys JH					
	vs, Crawford High School (Home) 7:00pm: Volleyball: Girls Varsity vs. Crawford High School (Home)					
9	10	11	12	13	14	
	Red Day	White Day	Red Day	While Day	Red Day	Volleyball: Girls Varsity vs. TBD">Multiple
	vs. Hay Springs (Home)	5:00pm: Volleyball: Girls JV vs. Bayard (Away) 6:00pm: Volleyball: Girls Varsity vs. Bayard (Away)		Cross Country: Varsity vs. TBD (Away)	7:00pm: Football: Boys Varsity vs. Morrill (Away)	Schools (Away)
16	17	18	19	20	21	
	White Day	Red Day	No School	8:00am: No School (Fall Break)	Cross Country: Varsity vs.	
	5:00pm: Volleyball: Girls JV vs. Gordon-Rushville (Away)	Last Day of the 1st Quarter	1:00pm: Parent/Teacher Conferences	4:00pm: Volleyball: Girls Varsity vs. Kimball ">Multiple	Rearney (Away) 8:00am: No School (Fall Break)	
		6:30pm: FFA Meeting		Schools (Away)		
					28	
23	24	25	26		White Day	Volleyball: Girls Varsity
	Volleyball: Girls Varsity vs. TBD">Multiple Schools (Away)	Red Day	White Day	Red Day	9:00am: Wrestling: JH vs. TBD">Multiple Schools	vs. TBD">Multiple Schools (Away)
	White Day				(Away)	
30	31					
	. 31	in the second se	i .	in the second se	in .	i e

## Hemingford Public School District #10

		10	September → 2022 →	]		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Red Day	2 White Day	
				5:00pm: Volleyball: Girls JV vs. Mitchell Public Schools (Away)	11:00am: Cross Country: JH vs. TBA">Multiple Schools (Away)	
				6:00pm: Volleyball: Girls Varsity vs. Mitchell Public Schools (Away)	11:00am: Cross Country: Varsity vs, Campbell County Alliance Cheyenne East Greeley West Sidney Hay Springs Cheyenne South Douglas HS - WY Torrington Bayard Crawford High School Banner County Creek Valley Wheatland Morrill Pine Bluffs Mitchell Public Schools Brid	
					6:00pm: Football: Boys Varsily vs. Sutherland (Away)	
4	5	6		8	9	1
	8:00am: No School (Labor Day)	Red Day	White Day	Red Day	White Day	
		4:00pm: Volleyball: Girls Varsily vs. Hay Springs'>Multiple Schools (Home) 4:00pm: Football: Boys JH vs. Kimball (Away) 6:00pm: Football: Boys JV (Cancelled) vs. Gordon-Rushville (Away)		4:00pm: Volleyball: Girls Varsily vs, Banner County">Multiple Schools (Away) 7:00pm: Football: Boys Varsity vs, Hyannis (Away)	1:00pm: Cross Country: JH vs, TBA*>Multiple Schools (Away) 1:00pm: Cross Country: Varsity vs. Kimball (Away) 2:00pm: Football: Boys JH vs. Hyannis (Home) 3:00pm: Volleyball: Girls JH vs. Hyannis (Home)	
11	12	13	14	15	16	1
	Red Day	White Day	Red Day	FCCLA: College fair, Sidney	Red Day	9:00am: Volleyball: Girls Varsity
	4:00pm: Volleyball: Girls JH vs Morrill (Away)	4:00pm: Cross Country: JH vs. TBA">Multiple Schools (Away)		White Day	7:00pm: Football: Boys Varsity vs. Bridgeport Jr Sr (Home)	SchoolsMorrillSioux County'>Multiple Schools (Horne
	5:00pm: Volleyball: Girls JV vs. Morrill">Multiple Schools (Away) 5:00pm: Football: Boys JH vs. Morrill (Away) 5:00pm: Football: Boys JV vs. Hyannis (Away) 7:00pm: School Board Meeting	4:00pm: Cross Country: Varsilly vs, Mullen Garden County Schools Bayard Minatare Banner County Mitchell Public Schools Leyton">Multiple Schools (Away) 5:00pm: Volleyball: Girls JV vs, Edgemont (Away) 6:30pm: Volleyball: Girls Varsily vs, Edgemont (Away)		4:00pm: Volleyball: Girls JH vs, Bridgeport Jr Sr (Away)		9:00am: Cross Country: JH vs, TBA">Multiple Schools (Away) 9:00am: Cross Country: Varsity vs. Alliance (Away)
40	19	20	21	22	23	
FCCLA Fall Leadership	White Day	Sports/Activities School	While Day	Red Day	White Day	Volleyball: Girls JH vs.
Norkshop, Kearney	FCCLA Fall Leadership Workshop, Kearney	Pictures  Red Day	FCCLA chocolate sales presentation	4:00pm: Volleyball: Girls JH vs. Bayard (Home)	6:00pm: Football: Boys Varsity vs. Maxwell (Home)	TBA">Multiple Schools (Away) 9:00am: Volleyball: Girls JV vs.
	4:00pm: Volleyball: Girls JH vs. Gordon Rushville MS (Home)	4:00pm: Volleyball: Girls Varsily vs. Morrill'>Multiple Schools (Home)		4:00pm: Cross Country: JH vs., TBA">Multiple Schools (Away) 4:30pm: Cross Country: Varsity		Mitchell Public Schools (Away) 9:00am: Volleyball: Girls Varsity vs, Milchell Public Schools (Awa
	6:00pm: Football: Boys JV vs, Morrill (Away)	(Hulle)		vs. Bennett County School District Bridgeport Jr Sr Chadron Hay Springs Mitchell Public Schools Morill Valentine">Multiple Schools (Away) 5:00pm: Football: Boys JH vs. Bayard (Home)		
25	26	27	28	29	30	
	Red Day	White Day	Red Day	While Day	Red Day	
	12:00pm: Cross Country: Varsity vs. Kearney (Away) 6:00pm: Football: Boys JV vs. Leyton (Home)	3:00pm: Volleyball: Girls JH vs. Garden County Schools (Away) 4:00pm: Football: Boys JH vs. Garden County Schools (Away)		12:00pm: Volleyball: Girls Varsity vs. Bayard Bridgeport Jr Sr Gordon-Rushville Kimball Jr./Sr. Mitchell Public Schools">Multiple Schools (Away) 2:30pm: Cross Country: JH vs. TBA">Multiple Schools (Away) 2:30pm: Cross Country: Varsity vs. Banner County Bridgeport Public Schools Crawford High	7:00pm: Football: Boys Varsity vs. Bayard (Away)	
				School Creek Valley Garden County Schools Minatare Mitchell Public Schools Morrill Mullen Pine Bluffs Torrington">Mulliple Schools (Away)		



# September 2022

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
ĺ			<b>1</b> Teriyaki Chicken over Rice	<b>2</b> Macaroni & Cheese Peas Fruit
LABOR DAY	6 Hot Ham & Cheese/Bun Green Beans Fruit	<b>7</b> Meat Loaf Mashed Potatoes/Gravy Dinner Roll	8 Lasagna Roll- Ups Bread Stick Green Beans	<b>9</b> Chicken Strips Mixed Vegetable
<b>12</b> Calzone Corn Fruit	13 Sloppy Joes/Bun Fries Winter Blend Fruit	14 Fish Nuggets Mac & Cheese Peas	Chicken Sand Sweet Potato Fries Spring Mix Vegetables	16 Pizza Pasta Bake Corn
19 Hamburger on Bun Fries Carrots Fruit	<b>20</b> Crispito Corn Fruit	<b>21</b> Hot Dog on Bun Baked Beans Fruit	<b>22</b> Chicken Nuggets Mixed Vegs Fruit	Sub Sandwich Carrots Fruit
<b>26</b> Taco Spanish Rice Green Beans	<b>27</b> Tater Tot Casserole Dinner Roll Winter Mix	28 BBQ Rib Sandwich Fries Peas	29 Enchiladas Refried Beans Corn	30 Chicken Alfredo Garlic Toast

#### Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program. The cost of a breakfast is as follows: Pre-K-12 - \$1.65 Adult Breakfast - \$2.30 as follows: Pre-K - \$2.15 K-6 Lunch - \$2.40 7 - 12 Lunch - \$2.70

The cost of a lunch is as follows: Pre-K - \$2.15 K-6 Lunch - \$2.40

Adult Lunch - \$4.00



## **Hemingford Public Schools Breakfast Menu**

# September 2022

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Biscuits & Gravy or PBJ Fruit/Juice Milk	Cheese Omelet & Muffin or Cold Cereal Fruit/Juice Milk
LABOR DAY	Waffles & Sausage or PBJ Fruit/Juice Milk	7 Scrambled Eggs & Toast Cold Cereal Fruit/Juice Milk	8 Pancakes & Sausage or PBJ Fruit/Juice Milk	9 Breakfast Casserole or Cold Cereal Fruit/Juice Milk
Yogurt Cup & Muffin or Cold Cereal Fruit/Juice Milk	13 Breakfast Sandwich or PBJ Fruit/Juice Milk	14 French Toast Casserole or Cold Cereal Fruit/Juice Milk	15 Pancake Wrap or PBJ Fruit/Juice Milk	16 Breakfast Burrito or Cold Cereal Fruit/Juice Milk
19 Biscuits & Gravy or Cold Cereal Fruit/Juice Milk	20 Cheese Omelet or PBJ Fruit/Juice Milk	21 Breakfast Pizza or Cold Cereal Fruit/Juice Milk	Waffles & Sausage or PBJ Fruit/Juice Milk	23 Scrambled Eggs & Toast Cold Cereal Fruit/Juice Milk
26 Pancakes & Sausage or Cold Cereal Fruit/Juice Milk	27 Breakfast Casserole or PBJ Fruit/Juice Milk	Yogurt Cup & Muffin or Cold Cereal Fruit/Juice Milk	29 Breakfast Sandwich or PBJ Fruit/Juice Milk	French Toast Casserole or Cold Cereal Fruit/Juice Milk

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Adult Lunch - \$4.00