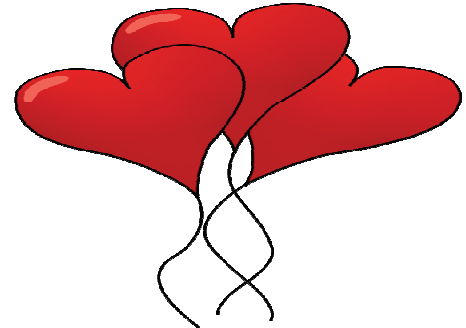


## BOBCAT BITS



### Special points of interest:

- Spelling Bee Champion
- Mr. Kluver
- School Changes
- FFA-District Welding
- Science Fair Winners
- Senior Pictures
- 4-6 Honor Roll
- 7-12th Honor Roll
- School Way
- World Strides Italian Buffet
- Counselor's Corner
- Academic All-State
- Common Winter Health-Concerns
- ESU 13
- Nutrition Nuggets
- Lunch Menus
- Activity Calendar

## Spelling Bee Champions



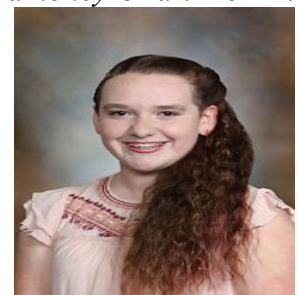
Wait till you hear the Buzz from the Bee!! There are trophies in the house!

Congratulations to seventh grader Arielle Stallings, Box Butte County Spelling 2018 Champion! She and the Bobcat Wordcats did HHS proud at Alliance Middle School on January 24, 2018, competing with a total of 21 spellers in front of a *spellbound* turnout of about 40 spectators. Arielle's winning word was *acacias*, spelled correctly after her conquering rendition of *labyrinthine*. Arielle is now eligible to represent Box Butte County at the Nebraska State Spelling Bee in Omaha on March 17, 2018.

Eighth grader Sarina Radspinner confirmed the Bobcat presence by bringing home the third place trophy. Brayden McGowan placed 6<sup>th</sup>, Taren Hunter placed 7<sup>th</sup>—and won the Best Sportsmanship certificate for his generous support of all spellers in the competition—and the Wordcats were solidly backed by seventh grade spellers Avery Davies and Ava Trickler, who placed 12<sup>th</sup> and 16<sup>th</sup> respectively.

Mrs. Smaha extends a huge thank you for the efforts of all my spelling contestants during the past three weeks. We've had a *honey* of a time in this *hive*, and the *buzz* will be back at HHS next year!

Congratulations Arielle!! ➡



## Mr. Kløver-High School Principal



With the start of a new semester, I wanted to inform you of some changes that we are going to make to the daily schedule for next school year. Currently, students in junior and senior high start their day at 8:20 am with first period and classes conclude at 3:23 pm with seventh period. Starting next school year, we will be switching from a seven period day to an eight period day. The reason for the change in number of periods comes from a desire to

provide more opportunities for our students to take a more diverse and challenging course load preparing them for college or career. There is a push from the state for schools to offer more career type classes and with our previous schedule that would not be possible. We have done some surveying of students and will continue to gather information from them as to the types of courses they would like to see added to our curriculum. There are going to be some exciting and new opportunities for them in a lot of different areas next year.

With the change in the number of class periods offer we will be changing when we start and conclude the school day as well. The first bell will ring at 8:00 am with classes beginning at 8:05 am. Classes will conclude at 3:44 pm at the end of eighth period with bus schedules being adjusted accordingly. Below is a copy of the daily schedule:

### **Regular Scheduled Day**

<b>7:45 - 8:00</b>	<b>SST</b>
8:05 - 8:56	1st Period
8:59 - 9:50	2nd Period
9:53 - 10:44	3rd Period
10:47 - 11:38	4th Period
<b>11:38 - 12:08</b>	<b>JH Lunch</b>
11:41 - 12:32	HS 5th Period
<b>12:11 - 1:02</b>	<b>JH 5th Period</b>
12:32 - 1:02	HS Lunch
1:05 - 1:56	6th Period
1:59 - 2:50	7th Period
2:53 - 3:44	8th Period
<b>3:44 - 4:00</b>	<b>SST</b>

I would love to hear any suggestions that you or your children have in regards to classes they would like for us to offer. There are some other changes that will be occurring next year that I will be sharing with you in the coming months.

## School Changes-February Calendar

February 7– No School -Hemingford Schools hosting the Western Trail Speech Meet.

February 8– No School– Parent Teacher Conferences from 2:00 p.m.-8:00 p.m.

February 9– No School-Winter Break



## FFA –District Welding



On January 10<sup>th</sup> the Hemingford FFA competed in the district 12 welding and Livestock management contests at WNCC in Scottsbluff. The welding team consisting of Kage Jespersen (oxyfuel), Elijah Walters (ARC) and Connor Swanson (MIG) placed first. The livestock management team consisting of Neven Swires, Jace Meyring, Jace Stumpff and Miles Davis placed sixth overall and placed first in the beef and sheep divisions.



## 2018 Hemingford Local Science Fair Results

On Thursday, January 12th, 46 students grades 6-12 set up presentations for their science fair project in the Red Zone at Hemingford High school. The top 5 High school and top 5 middle school winners qualify to compete at the Regional Science Fair Competition in Scottsbluff at WNCC on March 6th. The top 5 winners from the high school division were first place: Jacobi Stumpf, second place: Kelli Horstman, third place Kaitlyn Messersmith, fourth place: Lauren Gasseling, and fifth place: Casey Lashley. The top 5 winners in the middle school division were first place Aiden Benda, second place: Destiny Hanson, third place: group members Isabell Gomez, Dax Powell, and Angel Palmer, fourth place: Adri Soto, and fifth place: Sarina Radspinner. A special thanks goes to the all the prize donors for rewarding the students for their hard work. Thank you to our judges, Eric Arneson, Dan Kluver, Corey Haas, Tim Lanik, Jaci Haas, Marie Cervantes, Doug and Sue Shaver, who took time from busy day. Thank you to Lisa Haas, April Hanson, and Kelsey Towne for all of their behind the scenes making sure everything ran smooth.



Front row: Jacobi Stumpf, Kelli Horstman, Kaitlyn Messersmith, Lauren Gasseling, Casey Lashley.

Second row: Luke Cullan, Boston Goodsell, Lily Carlson, Kobe Coryell, Cade Payne, Josie Stewart.

Third row: Ethan Plog, Celia Buskirk, Carlye Kres, Madi Meek, Bayden Solberg, Alysen Turek, Drew Varner, not pictured Savanna Hickman, Breana Specht, Austin Rhoads.

Fourth row: Lilyann Clouse, Sarina Radspinner, Adri Soto, Isabell Gomez, Angel Palmer, Dax Powell, Destiny Hanson, and Aiden Benda.

## Senior Pictures

Please remember to get your senior pictures and baby pictures into Kay Horstman  
BY April 1 or before. Please supply pictures for these 6 areas:

1. A picture *scanned* for the yearbook
2. A picture *scanned* and used for newspaper ads
3. A picture *scanned* for the senior video
4. A billfold picture kept for the senior composite. Head and shoulders. Portrait layout. No caps.
5. A baby picture *scanned* for the yearbook.
6. Slide show pictures from birth to senior year. You will have approx. 30 seconds for your personal section. Feel free to bring in group photos as well! It would be preferred that the pictures are saved to a thumb drive, emailed, or saved on a google drive.

It is entirely up to you whether or not you use the same picture or a different one for each scenario. I just need to have this in ASAP!!! Thanks for your support. J

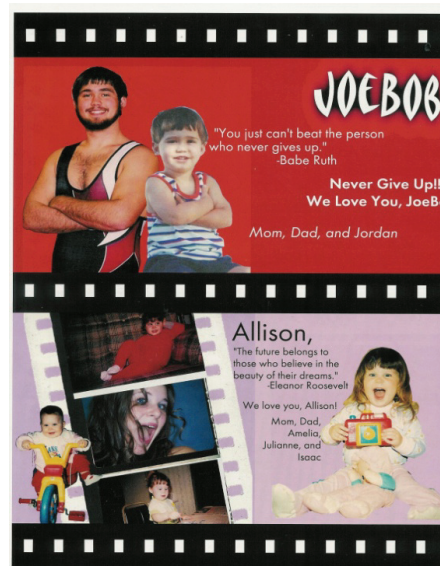
Parents of seniors (and others who love them!)

Your opportunity to give tribute to a graduating senior is near. Now is your chance to not only support your local yearbook, but to also purchase an ad in regards to a senior. These are called PDA ads. (Public Display of Affection.) The cost ranges from:

\$50.00 for a ¼ page ad

\$100.00 for a ½ page ad

Past examples included pictures of their youth, now, and a poem or special message. Basically it is anything you wish to use that will show a tribute to a graduate.



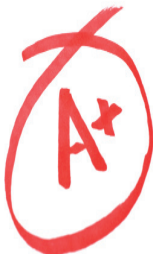
# 4-6 Honor Roll-2nd Quarter

Quarter 2 Elementary Honor Roll		
Student Name	Grade Level	Level
Benda, Aiden	6	Distinguished List
Kresl, Carlye Ann	6	Distinguished List
Bell, Gavin James	5	Distinguished List
Galles, Cody Joe	5	Distinguished List
Jespersen, Kyra Lynn	5	Distinguished List
Meyring, Seth Oliver	5	Distinguished List
Rutkowski, Abigail Grace	5	Distinguished List
Haas, Tayten L	4	Distinguished List
Kluver Jr., Daniel Scott	4	Distinguished List
Gomez, Isabell D	6	Honors List
Keane, Jaxon D	6	Honors List
Kumpf, Mikayla E	6	Honors List
Meek, Madisen L	6	Honors List
Swanson, Tarryn Renee	6	Honors List
Hunter, Boady R	5	Honors List
McCoy, Nathaniel Dean	5	Honors List
Radspinner, Madelyn Katherine	5	Honors List
Soto, Anjelina Lidia	5	Honors List
Bixby, Layne O'Ryan	4	Honors List
Bryner, Jacob Lee	4	Honors List
Butler, Clayton Hardison	4	Honors List
Hruby, Sophia Brenda	4	Honors List
King, Nicole Anne	4	Honors List
Kumpf, Kylie Maurine	4	Honors List
Olsen, Evah Nicole	4	Honors List
Plog, Owen T	4	Honors List
Ragsdale, Ryan James	4	Honors List
Schumacher, Brenna Elyse	4	Honors List
Wilder (Sherlock), Taylor Lyn	4	Honors List
Wilkins, Orin Thomas	4	Honors List
Wright, Parker Declan	4	Honors List
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		



# 4-6 Honor Roll- 1st Semester

Semester 1 Elementary Honor Roll		
Student Name	Grade Level	Level
Benda, Aiden	6	Distinguished List
Kresl, Carlye Ann	6	Distinguished List
Bell, Gavin James	5	Distinguished List
Galles, Cody Joe	5	Distinguished List
Jespersen, Kyra Lynn	5	Distinguished List
Meyring, Seth Oliver	5	Distinguished List
Rutkowski, Abigail Grace	5	Distinguished List
Bryner, Jacob Lee	4	Distinguished List
Butler, Clayton Hardison	4	Distinguished List
Haas, Tayten L	4	Distinguished List
Gomez, Isabell D	6	Honors List
Keane, Jaxon D	6	Honors List
Kumpf, Mikayla E	6	Honors List
Meek, Madisen L	6	Honors List
Specht, Breana Dale	6	Honors List
Swanson, Tarryn Renee	6	Honors List
Varner, Drew Travis	6	Honors List
Hunter, Boady R	5	Honors List
Radspinner, Madelyn Katherine	5	Honors List
Soto, Anjelina Lidia	5	Honors List
Bixby, Layne O'Ryan	4	Honors List
Butler, Sophie Elisabeth	4	Honors List
Horstman, Dakota Gaylene	4	Honors List
Hruby, Sophia Brenda	4	Honors List
King, Nicole Anne	4	Honors List
Kliver Jr., Daniel Scott	4	Honors List
Olsen, Evah Nicole	4	Honors List
Peterson, Cayden Andrew	4	Honors List
Pling, Owen T	4	Honors List
gsdale, Ryan James	4	Honors List
umacher, Brenna Elyse	4	Honors List
lzbach, Willum Michael	4	Honors List
lder (Sherlock), Taylor Lyn	4	Honors List
lkins, Orin Thomas	4	Honors List
right, Parker Declan	4	Honors List
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		





## 7-12th- 2nd Quarter Honor Roll

Quarter 2 High School Honor Roll		
Student Name	Grade Level	Level
Gasseling, Lauren J	11	Distinguished
Stewart, Josie J	11	Distinguished
Buchheit, CarterS	10	Distinguished
Hanson, Danae J	9	Distinguished
Neefe, Alex n	9	Distinguished
Wyland, Kenneth T	9	Distinguished
Soto, Adriana E	8	Distinguished
Bryner. Catherine M	7	Distinguished
Stallings, Arielle A	7	Distinguished
Brown, Ian M	12	Honors
Buchheit, Macee M	12	Honors
Davis, Madison M	12	Honors
Glendy, Madison M	12	Honors
Horstman, Kelli M	12	Honors
Jespersen, Kage J	12	Honors
Kolle, Makenzie E	12	Honors
Manning, Anna M	12	Honors
Moffat-Irish, Bailey R	12	Honors
Stevens, Kyler J	12	Honors
Swanson, Conner L	12	Honors
Swires, Nevin M	12	Honors
Carlson, Lilyanne F	11	Honors
Coryell, Kobe J	11	Honors
Cullan, Luke C	11	Honors
Lashley, Casey M	11	Honors
Mazanec, Joe N	11	Honors
Mazanec. Mercedes K	11	Honors
Mutchie, Ashley R	11	Honors
Stumpff, Jacobi R	11	Honors
Anglesey, Melissa A	10	Honors
Bryner, Isaiah T	10	Honors
Ernesti, Tayson L	10	Honors
Hanson, Rebecca J	10	Honors
Jespersen, Storm J	10	Honors
Knote, Emily R	10	Honors
Plog, Alexander M	10	Honors
Stewart, Jori S	10	Honors
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		

Quarter 2 High School Honor Roll		
Student Name	Grade Level	Level
Stumpf, Jace R	10	Honors
Walters, Elijah J	10	Honors
Ansley, John P	9	Honors
Jespersen, Rayne J	9	Honors
Knote, Sara C	9	Honors
Mendiola, Kylie M	9	Honors
Meyring, Jayce L	9	Honors
Nelson, Landrie S	9	Honors
Payne, Jack A	9	Honors
Rozmiarek, Zachary A	9	Honors
Schekall, Rachel M	9	Honors
Swanson, Tatum E	9	Honors
Turek, Brian E	9	Honors
Varner, Katelyn N	9	Honors
Allen, Kylie R	8	Honors
Hanson, Destiny R	8	Honors
McConville, Darem W	8	Honors
Radspinner, Sarina M	8	Honors
Specht, Ethan C	8	Honors
Turek, Alysen K	8	Honors
Hill, Caiden K	7	Honors
Hollinrake, Jordan M	7	Honors
Hunter, Taren R	7	Honors
Meyring, Jayda	7	Honors
Wright, Rylie B	7	Honors
Wyland, Hunter J	7	Honors
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		



## 7-12th-Semester Honor Roll

Semester 1 High School Honor Roll		
Student Name	Grade Level	Level
Brown, Ian M	12	Distinguished
Buchheit, Macee M	12	Distinguished
Horstman, Kelli M	12	Distinguished
Gasseling, Lauren J	11	Distinguished
Mutchie, Ashley R	11	Distinguished
Stewart, Josie J	11	Distinguished
Buchheit, Carter S	10	Distinguished
Hanson, Danea J	9	Distinguished
Neefe, Alex N	9	Distinguished
Nelson, Landrie S	9	Distinguished
Wyland, Kenneth T	9	Distinguished
Hanson, Destiny	8	Distinguished
Specht, Ethan C	8	Distinguished
Meyring, Jayda	7	Distinguished
Stallings, Arielle A	7	Distinguished
Davis, Madison M	12	Honors
Glendy, Madison M	12	Honors
Jespersen, Kage J	12	Honors
Kolle, Makenzie E	12	Honors
Manning, Anna M	12	Honors
Stevens, Kyler J	12	Honors
Swanson, Conner L	12	Honors
Swires, Nevin M	12	Honors
Carlson, Lilyanne F	11	Honors
Coryell, Kobe J	11	Honors
Cullan, Luke C	11	Honors
Lashley, Casey M	11	Honors
Mazanec, Joe N	11	Honors
Mazanec, Mercedes K	11	Honors
Stumpff, Jacobi R	11	Honors
Anglesey, Melissa A	10	Honors
Ernesti, Tayson L	10	Honors
Hanson, Rebecca J	10	Honors
Jespersen, Storm J	10	Honors
Knote, Emily R	10	Honors
Plog, Alexander M	10	Honors
Stewart, Jori S	10	Honors
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		

Semester 1 High School Honor Roll		
Student Name	Grade Level	Level
Stumpf, Jace R	10	Honors
Walters, Elijah J	10	Honors
Ansley, John P	9	Honors
Jespersen, Rayne J	9	Honors
Knote, Sara C	9	Honors
Mendiola, Kylie M	9	Honors
Meyring, Jayce L	9	Honors
Payne, Jack A	9	Honors
Rozmiarek, Zachary A	9	Honors
Schekall, Rachel M	9	Honors
Swanson, Tatum E	9	Honors
Turek, Brian E	9	Honors
Varner, Katelyn N	9	Honors
Walker, Kyla L	9	Honors
Allen, Kylie R	8	Honors
McConville, Darem W	8	Honors
Radspinner, Sarina M	8	Honors
Soto, Adriana E	8	Honors
Turek, Alysen K	8	Honors
Bryner, Catherine M	7	Honors
Hollinrake, Jordan M	7	Honors
Hill, Caiden	7	Honors
Hunter, Taren R	7	Honors
Sanders, Abigail M	7	Honors
Turek, Darin R	7	Honors
Walker, Kambree M	7	Honors
Wright, Rylie B	7	Honors
Wyland, Hunter J	7	Honors
<b>Distinguished--all A's</b>		
<b>Honors--all A's or B's @ least 90%</b>		





# SchoolWay™

Powered by *Jostens*

## Hemingford Public Schools



Sample messaging. Not actual screens.

### Get our school's official mobile app.

Stay in the know, every day, the SchoolWay.

- School updates & information
- Instant safety notifications
- Teacher updates & assignment details
- Club & organization updates

WayCode

rg464h

## It's FREE!

[myschoolway.com](http://myschoolway.com)

Download SchoolWay from the app store today!



## School Way

In an effort to improve the efficiency of school communications to parents and students, Hemingford Schools is phasing into using School Way powered by Jostens. School Way is a free app that is

downloaded to a mobile device that will receive alerts sent out by the school. The communication will occur through School Way in the 2017-2018 school year and **phone calls will no longer be made**. As always, you can receive school alerts through the school Facebook page, website, and local radio stations.

Please see the attached flyer to begin using School Way today! If you have questions about how to set up call Mrs. Wood or Mr. Arneson (308) 487-3330.

## World Strides

### All You Can Eat Italian Buffet

When: Sunday, February 4<sup>th</sup>

Where: Westside Event Center, Alliance

Time: 12:00 - 2:00

Adults: \$15.00

Child (6-12): \$8.00



# COUNSELOR 'S

**O** **Seniors** – **Make sure your FAFSA is done!** Make sure you read your Education Quest Handout. It gives you step by step instructions on the next step to college life.

**R** **Juniors** – If you are thinking about going to college after you graduate, this is the time for you to take the ACT.

**N** **The next registration date for the ACT is March 9<sup>th</sup>. The test date is April 14<sup>th</sup>.**

**E** **Sophomores** – You took the ASVAB on January 26<sup>th</sup>. When the ASVAB results come in, we will be going over them with Sgt. Page of the Nebraska Army National Guard. The ASVAB is a very good tool to help with career decisions.

I will be working with the 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders during the month of February. We will be working on Emotion Management.

**Did you know?** We use the *Steps to Respect* program to create a safe and respectful learning environment for our students. The *Steps to Respect* program is a bullying prevention program. Kindergarten through 2<sup>nd</sup> grade received lessons from this program during the month of September. The 3<sup>rd</sup> through 6<sup>th</sup> grade received lessons from this program during the month of October. We continue to reinforce these skills throughout the school year.

*If a child lives with approval, he learns to live with himself.  
Dorothy Law Nolte*

## ACADEMIC ALL-STATE-FALL

### BOYS CROSS COUNTRY

Jacob Clouse  
Kobe Coryell

### FOOTBALL

Luke Cullan  
Alex Plog

### VOLLEYBALL

Lauren Gasselimg  
Kelli Horstman

### PLAY PRODUCTION

Carter Buchheit  
Kelli Horstman





## Common Winter Health Concerns

### Influenza

The CDC recommends a 3-step approach:

1. Get a Flu Vaccine-It's not too late!
2. Stop the spread: wash hands often; avoid touching eyes, nose & mouth; clean frequently touched items; cover coughs & sneezes
3. Take antiviral medications if prescribed by your doctor **\*\*Students should stay home until fever free for a FULL 24-hours and are able to fully participate in school activities.**

### Stomach "Bugs"

Often caused by norovirus, stomach "flu" or "bug" is highly contagious. Prevention includes frequent hand washing and cleaning contaminated surfaces and laundry. **\*\*Students must remain home for a minimum of 24 hours after vomiting, diarrhea and/or fever stops. They should be able to tolerate normal meals before returning to school.**

### Strep Throat

Strep throat is caused by a bacterial infection and is more common in children than adults. As with other illnesses, prevention involves hand washing and covering coughs and sneezes. Symptoms include sore throat and fever. Testing at a doctor's office is needed to diagnose and treatment involves antibiotics. **\*\*Students should not return to school until 24 hours after starting antibiotics and being fever-free.**

### Head Lice

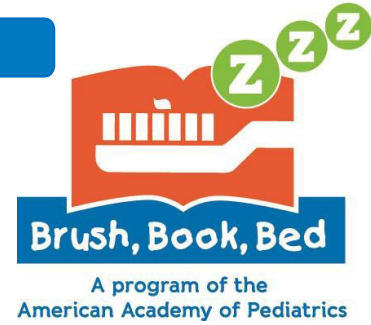
Head lice are a common annoyance and can occur year-round. They do not cause illness and do not jump or fly. Lice are primarily spread through direct head-to-head contact, and less commonly through shared personal items. Lice medicines kill live lice; your doctor can make suggestions for specific products. Home remedies and holistic treatments have not been shown to be effective. **\*\*Children should be taught to avoid sharing items such as hats, combs, brushes, scarves and pillows.**

Reference: CDC, 2017 available at: [cdc.gov](http://cdc.gov)

# How to Structure Your Child's Nighttime Routine

KIDS LOVE ROUTINES – BRUSH, BOOK, BED!

**Brush, Book, Bed** is a program of the American Academy of Pediatrics to help parents develop healthy nighttime routines. Start your routine every night at the same time, 30 minutes before bedtime so that you have enough time to brush teeth, read together, and go to sleep. For tips on what should be included in this routine visit [www.HealthyChildren.org/BrushBookBed](http://www.HealthyChildren.org/BrushBookBed).



## Brush

Each night help your children to brush their teeth.

- **From birth:** Use a soft washcloth to wipe your baby's gums after feedings and don't put babies in bed with a bottle of milk or juice. Avoid sharing items with your baby that have been in your own mouth. Once moving on to solids, choose foods that are less likely to cause cavities and limit sugary and sticky foods.
- **Under 3:** As soon as you can see any teeth, you can start to brush! Brush two times a day with a smear (grain of rice) of fluoride toothpaste.
- **3 – 6:** Brush two times a day with a pea-sized amount of fluoride toothpaste. It's okay to let your child practice brushing, but they need your help to do the best job! Put the right amount of toothpaste on the brush for them and brush their teeth, being sure you reach all sides and their tongue. It's also okay to let them practice on their own first! Once teeth touch, they should also be flossed.
- **Always:** Limit sugary foods and drinks to only at mealtimes. Limit juice to only 1 glass a day and only 100% juice (for children over age 1). Between meals, encourage them to drink only water. Fluoridated water is best. **Start going to the dentist by age 1, and go two times a year going forward.**

## Book

After you have brushed your children's teeth, it's time to read!

- Children **love to hear your voice** – sing, talk, and read aloud as much as possible.
- **Name and point to things** in pictures of books. As they get older (12-18 months), ask them questions as you read a book. *"Where's the puppy?"* or *"What color is the ball?"*
- **Act out the story** or pictures with your face, hands, and voice.
- **Babies love sturdy books with pictures and rhymes.** It's okay if they chew the book! It is how babies explore the world around them.
- Let **your child pick out a book** (or two!) to read. This encourages healthy independence.
- **Read stories everyday** but let your child decide how long you read.



## Bed

After brushing teeth and reading together, it is time to go to bed.

- **Make daytime playtime.** Talking and playing with your children during the day will help them sleep for longer periods during the night.
- Put your children to bed when drowsy, but awake. This teaches them to **fall asleep on their own** from being awake.
- Babies should **sleep on their backs** without pillows, blankets, or stuffed animals in the crib. Babies should not share a sleep surface with a parent. The safest place for them is in a crib in a parent's room.
- When your baby fusses during the night, **wait a few minutes.** See if she can fall asleep on her own, if not, check on her.
- **Keep your baby calm and quiet** during nighttime feedings or changings.
- When your older child awakes in the night, first place a stuffed animal or blanket in his bed to help him to learn how to console himself. Before age one, stuffed animals and blankets should not be placed in the bed with the baby.



## Common Winter Health Concerns

### Influenza

The CDC recommends a 3-step approach:

1. Get a Flu Vaccine-It's not too late!
2. Stop the spread: wash hands often; avoid touching eyes, nose & mouth; clean frequently touched items; cover coughs & sneezes
3. Take antiviral medications if prescribed by your doctor **\*\*Students should stay home until fever free for a FULL 24-hours and are able to fully participate in school activities.**

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Reference: CDC, 2017 available at: [cdc.gov](http://cdc.gov)



# INTRODUCING

## Post-Secondary Education Lunch and Learn Educational Series

*\*\*Participants will provide their own brown bag or bring their lunch to eat while attending*

### Four One-Hour Sessions

11:00 am-12:00PM

All Through Zoom (or in HARMS 189)

Tuesday, February 12<sup>th</sup>

Tuesday, February 26<sup>th</sup>

Thursday, March 8<sup>th</sup>

Thursday, March 22<sup>nd</sup>

### Topics Covered:

- College Options
- Possible Financial Supports
- Supports in College and the Difference Between 504/IEP In a Post-Secondary Setting
- Executive Functioning Skills Needed for Post-Secondary Education

### Who Can Register?:

- High School Students Planning to Attend College (must be served on a Transition Plan on their IEP)
- Parents (\$50.00 stipend offered for each session for up to 4 parents)
- Agencies Supporting Youth
- Secondary Special Education Teachers
- Secondary Counselors



To Register :

Contact Pam Brezenski; [pbrezenski@esu13.org](mailto:pbrezenski@esu13.org)

Or Register Via Google:

<https://goo.gl/forms/qYIf1uNMIlzJLBxp2>



Funded through a NDE Innovative Grant  
Planning in Collaboration with ESU 13 Transition, NE Autism Network, NE DOL, NE VR

### HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent  
Mr. Daniel Kluver, High School Principal  
Mr. Eric Arneson, Elementary Principal  
Mrs. Mandy Plog, Special Education Director

PO Box 217  
911 Niobrara Avenue  
Hemingford NE 69348

Phone: 308-487-3328 High School  
Phone: 308-487-3330 Elementary  
Phone: 308-487-5252 Distance Learning  
Fax: 308-487-5215



## COMMUNICATION SOURCES

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students  
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



### EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

### Web-Email Lunch Account System

Access your current account information online-at [www.hemingford schools.org](http://www.hemingford schools.org) and click the button on the right labeled "What's for Lunch".

### INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site ([www.hemingfordschools.org](http://www.hemingfordschools.org)), and Mobius web site ([www.bbc.net](http://www.bbc.net)).**

### SchoolWay

Notifications for inclement weather and other school news will be sent to parents by SchoolWay powered by Jostens. SchoolWay is a free app that is downloaded to a mobile device that will receive alerts sent out by the school. To get the app go to [myschoolway.com](http://myschoolway.com). Enter the WayCode **rg464h**.


School notifications will also will be posted through the school Facebook, website and local radio stations. If you have any questions please contact school at 487-3330.



# Hemingford Public Schools Lunch Menu

## February

Milk is served with all meals. Fruit/Salad/Vegetable Bar Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Cheeseburger Tater Tot Casserole Peas	<b>2</b> Beef Stroganoff Broccoli Cookie
<b>5</b> Hot Ham N' Cheese on Bun Green Beans	<b>6</b> Chili Cheese Fries Mixed Veggies	<b>7</b> <b>NO School</b> <b>WTC Speech</b> <b>@Hemingford</b>	<b>No School</b> Mid-Winter Break 	
<b>12</b> Ready Rib Sub Green Beans	<b>13</b> Chicken Fried Steak Mashed Potato Gravy Dinner Roll	<b>14</b> Spaghetti Meatballs Garlic Bread Sticks	<b>15</b> Chicken Bowls Dinner Roll	<b>16</b> Bobcat Taco Carrots/Celery Blueberry Crisp
<b>19</b>  <b>No School</b> <b>Teacher In Service</b>	<b>20</b> Ham & Scalloped Potatoes Dinner Roll	<b>21</b> Chicken Sandwich Cheesey Broccoli Rice	<b>22</b> Shepard's Pie Dinner Roll	<b>23</b> Crispito Refried Beans Ice Cream Cups
<b>26</b> Turkey Sub Broccoli	<b>27</b> Beef N' Bean Burrito Mexican Corn	<b>28</b> Sweet Sour Chicken over Rice Peas		

Menus are subject to change

*USDA is an equal opportunity provider & employer.*

**The Hemingford Public School provides lunches in accordance with the National School Lunch Program.**

*The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05*

**The cost of a lunch is as follows: PreK - \$2.05 K-6 Lunch - \$2.30 7 - 12 Lunch - \$2.60 Adult Lunch - \$3.75**



# Hemingford Public Schools Breakfast Menu

## February

Milk is served with all meals: Alternative either hot or cold cereal offered every day.

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Breakfast Casserole or PBJ Fruit/Juice	<b>2</b> Breakfast Sandwich or Cereal Fruit/Juice
<b>5</b> Pancakes Sausage or Cereal Fruit/Juice	<b>6</b> Scrambled Eggs Muffin or PBJ Fruit/Juice	<b>7</b> <b>No School</b> <b>WTC Speech @Hemingford</b>	<b>8</b> 	<b>9</b>
Mid-Winter Break Feb. 8-9				
<b>12</b> Biscuits N' Gravy or Cereal Fruit/Juice	<b>13</b> Omelet & Toast Or PBJ Fruit/Juice	<b>14</b> French Toast Sausage or Cereal Fruit/Juice	<b>15</b> Breakfast Casserole or PBJ Fruit/Juice	<b>16</b> Breakfast Sandwich or Cereal Fruit/Juice
<b>19</b> <b>NO School – Teacher Inservice</b>	<b>20</b> Scrambled Eggs Muffin or PBJ Fruit/Juice	<b>21</b> Waffles N' Strawberries or Cereal Fruit/Juice	<b>22</b> Breakfast Pizza or PBJ Fruit/Juice	<b>23</b> Breakfast Burrito or Cereal Fruit/Juice
<b>26</b> Biscuits N' Gravy or Cereal Fruit/Juice	<b>27</b> Omelet & Toast Or PBJ Fruit/Juice	<b>28</b> French Toast Sausage or Cereal Fruit/Juice		

**Menus are subject to change**

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**The Hemingford Public School provides lunches in accordance with the National School Lunch Program.**

**The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05**

**The cost of a lunch is as follows: PreK - \$2.05 K-6 Lunch - \$2.30 7 - 12 Lunch - \$2.60 Adult Lunch - \$3.75**

## Calendar Events February 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 V G/B BB WTC @ WNCC White Day	2 V G/B BB WTC @ WNCC Red Day	3 V G/B BB WTC @ WNCC V WR @ Southeast Duals in Yoder, WY Chadron Speech Invite FFA State Degree Interviews
4 12:00pm World Strides Italian Buffet	5 White Day	6 Red Day 4:00pm JV/V G/B BB @ Morrill	7 No Classes for HPS/Hosting WTC Speech WTC Speech @ Hemingford White Day 9:00am FFA Vet Science Farm, MQT, Food Science	8 Red Day 8:00am No School - Teacher Assessment Day 2:00pm Parent/Teacher Conferences 4:00pm JH BBB at Home vs Alliance	9 No School - Mid-Winter Break V WR Districts White Day 3:30pm JV/V G/B BB @ Kimball	10 V WR Districts Gering Speech Invite 9:00am JH BBB at Home vs Bridgeport
11	12 Girls' BB Sub Districts Red Day 5:00pm School Board Meeting	13 Girls' BB Sub Districts White Day	14 Girls' BB Sub Districts Red Day 5:30pm Booster Club Meeting	15 Girls' BB Sub Districts V WR State in Omaha White Day	16 V WR State in Omaha Red Day 4:00pm JH BBB at Home vs Crawford 6:00pm JV/V Boys' BB vs. Crawford at Home	17 V WR State in Omaha Ogallala Speech Invite 8:30am JH BBB at Bayard Invite 3:00pm JV/V Boys' BB @ Mitchell
18	19 No School - Teacher Inservice Boys' BB Sub Districts Regional Prostart @ Scottsbluff National FFA Week	20 Boys' BB Sub Districts White Day National FFA Week	21 Boys' BB Sub Districts Red Day National FFA Week	22 Boys' BB Sub Districts White Day National FFA Week	23 Girls' BB Districts Red Day National FFA Week	24 V WR State Duals in Kearney
25 FCCLA Peer Retreat @ Kearney	26 FCCLA Peer Retreat @ Kearney Boys' BB Districts White Day	27 Red Day 6:30pm FFA Meeting	28 White Day 2:31pm Big Brother / Big Sister			

## Calendar Events March 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 Girls' BB State Red Day	2 Girls' BB State White Day	3 Girls' BB State Best of the Actual West Speech Invite
4	5 Red Day	6 WTC Instrumental Music @ Kimball White Day 8:00am 2018 Regional Science Fairs	7 Red Day 9:00am FFA Ag Ed Contest	8 Boys' BB State White Day	9 Boys' BB State Red Day	10 Boys' BB State Hemingford District Warmup
11	12 White Day 5:00pm School Board Meeting	13 NSAA District Speech Red Day	14 End of Quarter 3 White Day 5:30pm Booster Club Meeting	15 Red Day	16 PHC Quiz Bowl @ Crawford White Day	17 V Track in Chadron @ CSC
18	19 Red Day 8:45am ACT Workshop for Juniors	20 White Day	21 WTC Quiz Bowl @ Kimball Red Day	22 State Speech in Kearney White Day	23 Oyster Feed / Labor Auction State Speech in Kearney Red Day	24 V Track @ Kimball Invite
25	26 PHC Music Contest @ Sioux County White Day	27 Red Day	28 White Day 2:31pm Big Brother / Big Sister	29 V Track @ Bayard C-D Invite Red Day	30 No School - Spring/Easter Break	31