



BOBCAT BITS

Hemingford Public Schools

Bobcat Bits

December 2016



FROM ALL THE
STAFF AT
HEMINGFORD
PUBLIC SCHOOLS

Special points of interest:

- *Principal Notes*
- *Counselor's Notes*
- *FCCLA Cluster*
- *Yearbook Sponsor's*
- *Science Fair*
- *ELF Musical*
- *Basketball & Wrestling Schedules*
- *Eating Healthy*
- *Lunch & Breakfast Menus*
- *Calendar for December & January*
- *Chamber of Commerce Flyer*
- *Soup Supper*
- *Picture Day*

Inside this issue:

Mrs. Foster	2
Mr. Arneson	4
Counselor's Corner	5
Library News	6
FCCLA	7
Yearbook Sponsors	8
Science Fair	9
Peace Poster	10
Elf JR	11
Soup Supper	12
BB & Wrestling Schedules	13
Picture Day	15



December is usually a hectic month; I know that the squares on my calendar are filling fast with a variety of activities. As we have experienced, activities are a vital part of the learning process but students and teachers will be pushing hard to get through the content that is needed by end of the semester. Please help your son or daughter maintain passing grades by checking on their grades and asking questions.

(Eligibility Policy Review below) If SST after school is a concern (bus riders, jobs, etc) then a student should contact the teacher and make arrangements to come in the morning. Teachers are willing to help—however based on their lives some do not arrive before the 8:00 am contract time (day care, getting own children moving, driving, etc) unless there is a meeting for a student or helping a student.

Also please take time during the breaks to visit with your children about what is happening in their lives. Time is a great gift and it is free. I always learn something from their perspective when I chat with them. Wishing your family a safe holiday! Happy Holidays!!

Also please take time during the breaks to visit with your children about what is happening in their lives. Time is a great gift and it is free. I always learn something from their perspective when I chat with them. Wishing your family a safe holiday! Happy Holidays!!

Academic Information

- End of the Semester after Christmas

The semester ends on January 13th. Students will have a regular day of class before the holiday break starting on December 16th. When they return from Christmas break, students will have a week or so for final presentations, review, tests and homework completion before the end of the semester.

- Distance Learning Classes (DL) or Schedule Changes

Most on-line college classes or DL classes for seniors wrap up before Christmas so if a student is thinking about rearranging their schedule, they will need to stop in the office and visit with Mrs. Foster. Very few schedule changes are allowed; however students do need to pick up the add or drop form from either Mrs. Huckle or Mrs. Foster to be signed by the teacher and parent if they wish to make a schedule change. This also needs to be completed prior to Christmas break.



- Progress Reports

2nd Quarter update—Mailed to families on November 30th. Student grades may be checked anytime through PowerSchool. Please contact the office if you would like help setting up your account or if you are having problems accessing. The other option is to use your son/daughter's password. The student account works the same as last year.

- Just a Review of the Eligibility Policy

Eligibility for Junior and Senior High students at Hemingford Public Schools is determined on a weekly (M-F) basis. Students failing the same class in any two consecutive weekly (M-F) periods will be considered ineligible for any and all activities, competitions, or performances for a seven-day period running from the following Wednesday through Tuesday. Individuals may practice with a team, however, they may not be released from school to travel with that team. Students who attend Supervised Study Time (SST) and show weekly (M-F) academic progress prior to a determination of ineligibility based reported grades may earn the status of academic probation for the ineligibility period and participate in school-sponsored activities.



Foster's Facts

pfooster@hemingfordschools.org

Events and Happenings:



Music—Christmas Concert

An evening of music entertainment where patrons can enjoy listening to a large selection of music. Hemingford is planning to combine the EL and HS Christmas Concert to be held on Friday, December 9th. There will be a short break to reset needed areas.

Elementary Christmas Concert –at 5:45 pm

High School Christmas Concert—estimated: 6:45 pm

Community Soup Supper –served in the School Cafeteria from 4:30 pm – 6:00 pm. Serving soup prior to the Christmas Concerts. Please come and enjoy before a night of music.

Thank you, Thank you! School Contacts— A morning call or providing a note about upcoming appointments and ill children has really helped the office keep track of students. If you do not contact the school first, we will continue to call if your son or daughter is reported absent and not accounted for. If it helps you to remember appointments, call as soon as you know about an upcoming appointment—that way on the day it is already done.

–Did you know? If a student needs to go home due to illness and is not picked up the office has them call when they get home to make sure they arrive safely.

–Just a Reminder

- Students must attend school the immediate preceding ½ day of any scheduled school activity in order to participate in or attend that activity.
- For dress code—leggings are considered as tights. Shirts must fall below the butt area. *Most t-shirts or sweatshirts do not meet this criteria.* I know it may be embarrassing when students are asked to wear something longer from our extra clothes bin.



Check the School Calendar on the website. Updates also on Facebook.

There have been numerous schedule changes and additions. Please check the school website for the most current activities. It is updated as events change. It is found on the school website: www.hemingfordschools.org

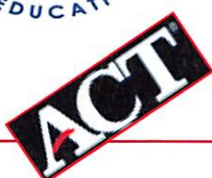


Attention –All Juniors and Families—Mark Your Calendar Now!!

STATE Mandated Testing Date will be

Wednesday, April 19, 2017 (Jrs must be in school this day)

All Juniors are required to take the ACT Test (replaces NeSA for Juniors).





Mr. Arneson-Elementary Principal

Fall has finally caught us. After a mild start to November, colder weather is here. With the students playing outside in the morning and having multiple recesses during the day, it is imperative that students bring weather appropriate clothing. Instead of wearing a light jacket or sweatshirt, think about wearing a heavy coat with a hood. Baseball caps are great at keeping the sun out of our eyes, but a stocking cap does a better job at keeping ears warm.



The fourth graders had a busy month with several different activities. A group from the Nebraska Parks Service came and presented information to the students about animals and nature that are part of the Nebraska Panhandle. There were different activities where the students had to use their problem solving skills to solve; members of the group brought in different animals, including a live snake.

The classes also took their annual trip to the 1880's school. Lunch was carried in tin cans, and many of the students dressed like children from that time period. Even though the trip was long, it was a wonderful experience and the students loved their day!

On November 14th, we had the privilege to hold a Veterans Day program to honor the veterans in our community. The students submitted pictures of relatives and friends who had or are currently serving in the armed forces. These pictures were made into posters and hung up in the elementary school. This day was a wonderful time to thank those people who have sacrificed for our freedom.



Help us get into the holiday spirit by joining all the students at our Holiday Music Program on December 9th at 5:45. This will be a great way to spend the evening and kick off the holiday season.



Mrs. Huckle-Counselor

COUNSELOR'S

O
R
N
E
R

Juniors and Seniors need to listen to announcements and sign up on my door if they want to attend the college representatives coming to school.

Seniors: Have you completed your FAFSA? They have a new opening date of October 1. You will use 2015 taxes.

Don't ever pay for scholarship searches! Use *free* resources such as ScholarshipQuest at EducationQuest.org with over 2,000 Nebraska-based scholarships. Free national sites include Peterson's, FindTuition, Cappex, and SchoolSoup.

Seniors – I will be conducting 15 minute individual academic conferences with all the seniors concerning next year. These conferences will be held during the month of December. We will be making sure that everything is set in place for graduation on May 21, 2017.

Juniors – I will be conducting 15 minute individual academic conferences with all the juniors concerning next year. These conferences will be held during the month of December. We will be discussing many different topics. These topics include transcripts, drop/add, academic requirements, plans for life after graduation, and many other topics as well. If you have any questions, don't hesitate to call me at (308)487-3328.

The next registration date for the ACT is January 13. The test date is February 11.

The third through fifth grade will again be working on social and academic responsibility. The sixth grade is continuing with learning social responsibility.

Children need love, especially when they do not deserve it.
Harold S. Hulbert





Library News

As cold weather sets in and winter break approaches, don't forget that books can be a great way to beat boredom and cabin fever! We have lots of great library books, old and new, that are perfect for sharing.

New books at HHS

Tales of the Peculiar: Author Ransom Riggs will delight fans of his previous books (including *Miss Peregrine's Home for Peculiar Children*) with these stories from "peculiar" history.

The Wave: This book, based on an incident at a California school in the 1960s, describes the chilling effects of an experiment begun by a history teacher, who introduces a new "system" encouraging "discipline, community, and action" that quickly goes too far among the students.

Tomorrow, the River: When Megan departed from her Nebraska home to join her sister on the Mississippi River in 1896, she could never have guessed how much she'd discover about the world and about herself. This historical fiction novel will appeal to fans of strong female characters and the *Little House on the Prairie* series.

Masters of Disaster: Friends Henry, Riley, and Reed set off on a series of thrilling (disastrous?) adventures in this book from beloved author Gary Paulsen.

Throne of Glass: In this first book in a best-selling series, assassin Celeana Sardothian has the chance to win her freedom and become the king's champion—if she can defeat 23 others competing for the same title.

Furthermore: This new novel from the author of the *Shatter Me* series has been widely acclaimed. Alice has never fit in in her magical, colorful homeland of Fernwood. Will she be able to find her father, who's been missing for three years now, in the mixed-up land of Furthermore?

New Elementary Library Books

On My Honor: In this Newbery Honor book for students in grades 4-8, Joel has always looked after his reckless best friend, Tony. But when a tragedy occurs, Joel must face the consequences of both boys' actions and find a way to carry on.

Where the Mountain Meets the Moon: Minli sets off on a journey to find the fabled Old Man on the Moon and help her family, with the assistance of various magical creatures, including a dragon! This novel, based on Chinese folklore, is also a Newbery Honor book.

The Phantom Tollbooth: In this classic, middle school readers will travel with Milo, who, bored with his life, drives through a phantom tollbooth into a crazy new dimension, where he must set out on a quest with the goal of rescuing Rhyme and Reason.

Dead End in Norvelt: You wouldn't think being forced to help a neighbor type obituaries would lead to an adventurous summer vacation, but Jack Gantos is about to find out in this award-winning novel.

The Last of the Really Great Whangdoodles: Lindy, Tom, and Ben set out to help Professor Savant find the last of the Whangdoodles, magical creatures who disappeared when humans stopped believing in them.



FCCLA CLUSTER RESULTS FROM DENVER



Hemingford FCCLA members Taylee Neefe and Rashell Neefe attended the regional FCCLA Clusters meeting in Denver this weekend. Both girls participated in the Skill Demonstration event Impromptu Speaking, one in the Junior Division and one in the Senior Division.



Rashell Neefe received the 1st place trophy in the Junior Category and Taylee Neefe received a 4th place finish in the Senior Category! Congratulations Girls! Thank you to Mrs. Neefe for the photos.

Congratulations to Rachell and Taylee Neefe !





Silver Business Sponsors supporting Hemingford Yearbook!
(as of Oct. 18, 2016)

Farmers Insurance in Alliance

Bloedorn Lumber Company in Alliance

GOLD Business Sponsors supporting Hemingford Yearbook!
(as of Oct. 18, 2016)

Hemingford Cooperative Telephone Company

21st Century Equipment in Alliance

Jaci Haas Photography--Hemingford

Hometown Heroes--Hemingford

Dave's Pharmacy--Hemingford

Cullan Farm Seed--Hemingford

Horstman Farms--Hemingford

A & T Electric--Hemingford

Box Butte General Hospital--Alliance and Hemingford

Family Dentistry--Alliance

Brittan Insurance--Alliance

Darren's Carquest Auto Parts--Alliance

Scott A. Moller, P.C.--Alliance

R & J Industries--Alliance

PST (Precision Stereo Technology)--Alliance

Panhandle Coop--Alliance

Outlaw Printers--Chadron

Kelley Bean Company--Alliance

Farm Credit Services of America—Alliance

Farmers Coop –Hemingford
AJ's



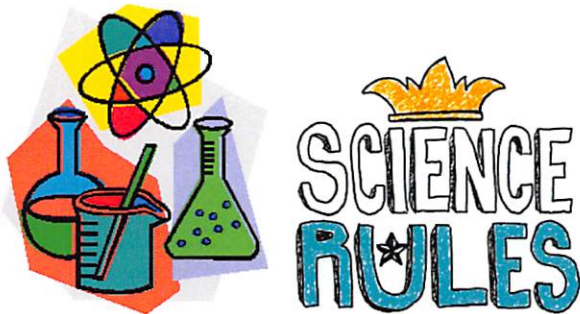


Science Fair

I am excited to announce that we will be hosting a Science Fair at Hemingford High School on Tuesday, January 17. All students who are taking Mr. Brummer's class are required to present a project, but anyone who wants to present a project is more than welcome. Simply have your student let Mr. Brummer know if he/she would like to participate. There will be 2 divisions; High school (9-12) and Junior High (6-8). Students should have completed research by the time school resumes in January, to give them ample time to prepare their presentation. The top 5 in each division will be chosen to participate at the regional science fair in Scottsbluff in March 1st.

We are also looking for prominent members of the community who would like to be a judge or supply a prize to be given away. Ideas for examples of prizes might include (but not limited to) scholarships, gift certificates, electronics (mp3 player, camera), school supplies (pens, pencils) or even simply a token of acknowledgement.

If you have any questions or are interested in supporting this opportunity for our students contact Mr. Brummer by calling the school or email at jbrummer@hemingfordschools.org.





2016 Peace Poster Contest

The Sixth Grade Hemingford students entered the International Peace Poster Contest sponsored by the Lion's Club in Alliance Nebraska. This year's theme was "A Celebration of Peace." The Winning posters from our school were first place - Jules Stevens, second place - Brinna Phillips, and third place - Jordan Hollinrake. Four students also receive honorable mention awards. They were Arielle Stallings, Caiden Hill, Richard Moeller, and Taren Hunter.



Jules Stevens, Brinna Phillips & Jordan Hollinrake



Jules Stevens, Mr. Graham

Jule's poster will move on and compete with other across Nebraska. The winner of the Nebraska division will then move on to the National competition.

HAPPY HOLIDAYS



XOXO
BELLESTYLE.COM



Hemingford's Holiday Play is back!



Based on the beloved holiday film, this hilarious fish-out-of-water comedy follows Buddy the Elf in his quest to find his true identity.

Sunday
December 18

Monday
December 19

Multipurpose Hall
Box Butte County Fair Grounds
Hemingford, NE

Tickets are available at the Hemingford Credit Union and at the door
308-487-5578

Adults \$10
Students \$5

Please join us for great evening of holiday entertainment!

Any questions contact:
Tabi Bryner
308-760-1120



Soup Supper-December 9, 2016

HAPPY

Elementary Concert @ 5:45 p.m.
High School Concert @ 6:45 p.m.



HOLIDAYS



Time: 4:30 p.m
Chili, Cinnamon Rolls
Hemingford School Cafeteria/Small Gym
Free will donation

Pictures with Santa



High School Basketball Girls & Boys Schedules

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Fri. Dec. 2	Gordon-Rushville (G-B-G-B)	Away	2:00 p.m.
Sat. Dec. 3	Hyannis (G-B-G-B)	Home	1:00 p.m.
Sat. Dec. 10	Mitchell (G-B-G-B)	Away	1:00 p.m.
Tues. Dec. 13	Hay Springs (G-B-G-B)	Away	2:00 p.m.
Fri. Dec. 16	Bridgeport (G-B-G-B)	Away	4:00 p.m.
Sat. Dec. 17	Leyton (G-B-G-B)	Home	1:00 p.m.
Thurs.-Fri. Dec. 29-30	CSC George Watson Rotary Classic	CSC	TBA
Tues. Jan. 3	Crawford (Girls JV-V)	Home	6:00 p.m.
Thurs. Jan. 5	Garden County (G-B-G-B)	Away	3:00 p.m.
Fri. Jan. 6	Minatare	Home	2:00 p.m.
Tues. Jan. 10	Chadron (G-B-G-B)	Away	4:00 p.m.
Fri. Jan. 13	Bayard (G-B-G-B)	Home	2:00 p.m.
Sat. Jan. 14	Sioux County (G-B-G-B)	Away	1:00 p.m.
Week of Jan. 16	PAC Tournament (V)	Morrill	TBA
Tues. Jan. 24	Alliance (Girls Only JV-V)	Away	TBA
Sat. Jan. 28	Edgemont (G-B-G-B)	Home	1:00 p.m.
Thur.-Sat. Feb. 2-4	WTC Tournament	WNCC	TBA
Tues. Feb. 7	Morrill (G-B-G-B)	Home	2:00 p.m.
Fri. Feb. 10	Kimball (G-B-G-B)	Home	2:00 p.m.
Fri. Feb. 17	Crawford (Boys Only JV-V)	Away	6:00 p.m.
Sat. Feb. 18	Mitchell (Boys Only JV-V)	Home	3:00 p.m.
Feb. 13, 14, & 16	Girls Subdistricts	TBA	
Friday Feb. 24	Girls District Finals	TBA	
Thur.-Sat. March 2-4	Girls State Basketball	Lincoln	
Feb. 20,21,23	Boys Subdistricts	TBA	
Mon. Feb. 27	Boys District Finals	TBA	
Thur.-Sat. Mar. 9-11	Boys State Basketball	Lincoln	

REMEMBER ALL TIMES ARE SUBJECT TO CHANGE!!!!!!!!!!





Wrestling Schedules

<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Fri. Dec. 2	Crawford Invite	Crawford	3:00 p.m.
Thur. Dec. 8	Crawford/Hay Springs Tri.	Crawford	6:00 p.m.
Sat. Dec. 10	Banner County Invite	Harrisburg	9:30 a.m.
Thur. Dec. 15	Bridgeport/Gordon-Rushville Tri.	Bridgeport	6:00 p.m.
Sat. Dec. 17	Bridgeport/Sidney Invite	Bridgeport	9:00 a.m.
Thurs. Jan. 5	WTC Tournament	Mitchell	9:00 a.m.
Sat. Jan. 7	Garden County Invite	Oshkosh	9:00 a.m.
Fri. Jan. 13	Mullen/Southeast WY Tri	Mullen	6:00 p.m.
Sat. Jan. 14	Sandhills Invite	Dunning	9:30 a.m.
Fri.-Sat. Jan. 20-21	Chadron Invite	CSC (NPAC)	TBA
Fri. Jan. 27	Crawford/Hay Springs Tri	Home	6:00 p.m.
Sat. Jan. 28	Mitchell Invite	Mitchell	8:30 a.m.
Sat. Feb. 4	Southeast Duals	Yoder, WY	10:00 a.m.
Feb. 10-11	District Wrestling	TBA	
Feb. 16-18	State Wrestling	Omaha	
Sat. Feb. 25	State Dual Tournament	Kearney	

REMEMBER ALL TIMES SUBJECT TO CHANGE!!!!





Picture Day

Tuesday, December 6, 2016

~~~~~

8:15 Individual picture or retakes — Please be at the gym and ready to roll!!

Anyone who would like retakes, simply bring in your original packet and pictures and get them retaken.

8:30 \* Group picture for Girls Basketball  
Individuals Immediately following

- High School Boys Basketball  
Group and Individuals
- Junior High Girls Basketball  
Group and Individuals
- Band Group
- Choir Group
- Student Council Group
- Speech
- Health Professions
- New Faces
- High School Wrestling  
Group and Individuals
- Junior High Wrestling  
Group and Individuals

Please be prepared with jerseys, warm-ups, uniforms, etc. No times are posted after the first group so we can just keep the schedule flowing!!

## Eating Healthy During the Holidays



During the holidays, yummy food and tasty treats are everywhere. It's easy to let healthy eating habits slide, but holidays can still be healthy. Here are some tips to help you and your family stay on track with good eating habits:

- Nibble on health snacks like whole grain crackers, fruit, or raw vegetables before the big feast. You'll eat less.
- When you are at a party or having a holiday meal, choose healthier foods like veggies or fruits.
- It takes your brain some time to signal you are full. Wait 10-15 minutes before eating seconds. It'll keep you from overeating!
- It's not rude to say no to food. Don't be pressured to eat, if you aren't hungry.
- Eating holiday goodies like fudge, peanut brittle, cookies, and other baked goods is fine, but eat them in small pieces.

You can help make healthy holiday food with your parents. Look for low-fat recipes that substitute butter and oil with non-fat ingredients like applesauce or pumpkin.

**Note:** These articles are copyright free and can be reproduced in newspapers, magazines, blogs, sites or other media channels without permission.

Page last updated: Oct 27th, 2016



# Waldorf Salad

Yield: 6 servings

## Ingredients

|              |                         |
|--------------|-------------------------|
| 1/4 cup      | walnuts (chopped)       |
| 2            | apple (cored and diced) |
| 1 cup        | celery (diced)          |
| 1/2 cup      | raisins                 |
| 1/4 cup      | plain yogurt (non-fat)  |
| 1/2 teaspoon | sugar                   |
| 1 teaspoon   | lemon juice             |

## Instructions

1. Preheat oven to 350 degrees.
2. Place chopped walnuts on a baking sheet and bake for 12-15 minutes. Stir occasionally until they are evenly toasted.
3. Combine apples, celery, nuts, and raisins.
4. Stir together yogurt, sugar, and lemon juice. Pour over apple mixture and toss lightly.
5. Refrigerate leftovers within 2 hours.

## Notes

Serve this dish with a whole wheat roll for a hearty meal.

## Nutrition Facts

Serving Size 2/3 cup (87g)

Servings Per Container 6

Amount Per Serving

**Calories 110**      **Calories from Fat 30**

% Daily Value\*

**Total Fat 3.5g**      **5%**

**Saturated Fat 0g**      **0%**

**Trans Fat 0g**

**Cholesterol 0mg**      **0%**

**Sodium 25mg**      **1%**

**Total Carbohydrate 18g**      **6%**

**Dietary Fiber 2g**      **8%**

**Sugars 15g**

**Protein 2g**

**Vitamin A 2%**      • **Vitamin C 6%**

**Calcium 4%**      • **Iron 4%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories: | 2,000   | 2,500   |
|--------------------|-----------|-----------|---------|---------|
| Total Fat          | Less than |           | 65g     | 80g     |
| Saturated Fat      | Less than |           | 20g     | 25g     |
| Cholesterol        | Less than |           | 300mg   | 300mg   |
| Sodium             | Less than |           | 2,400mg | 2,400mg |
| Total Carbohydrate |           |           | 300g    | 375g    |
| Dietary Fiber      |           |           | 25g     | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## Source

Oregon State University  
Cooperative Extension Service,  
[Healthy Recipes](#)

# Brown Rice Pilaf with Sage, Walnuts and Dried Fruit

Yield: 8 servings

## Ingredients

- 1 canola cooking spray (as needed)
- 1 onion (medium, chopped)
- 1 celery (medium stalk, ends trimmed and chopped)
- 2 cups rice (brown, uncooked)
- 2 1/2 cups water
- 2 cups vegetable broth (fat-free, reduced sodium)
- 1/4 cup raisins (dark)
- 1/4 cup apricots (dried, chopped)
- 4 cups walnuts (chopped, optional)
- 1 teaspoon sage (dried)
- 2 tablespoons sage (fresh, chopped)
- salt (to taste, optional)
- pepper (to taste, optional)

## Instructions

1. Spray the large skillet with canola cooking spray. Heat skillet over medium heat.
2. Sauté onion and celery until tender, about 5 minutes. Add brown rice and sauté for 5 minutes.
3. Add water, broth, raisins, and apricots; heat to boiling. Reduce heat to low, cover and simmer until rice is tender and liquid is absorbed, about 50 minutes.
4. Stir in walnuts if desired, sage, salt and pepper.
5. Transfer to serving dish. Garnish with fresh sage and serve immediately.

## Nutrition Facts

Serving Size 1/8 of recipe (320g)  
Servings Per Container 8

Amount Per Serving

Calories 220      Calories from Fat 15

% Daily Value\*

Total Fat 1.5g      2%

Saturated Fat 0g      0%

Trans Fat 0g

Cholesterol 0mg      0%

Sodium 130mg      5%

Total Carbohydrate 47g      16%

Dietary Fiber 4g      16%

Sugars 3g

Protein 5g

Vitamin A 4%      • Vitamin C 2%

Calcium 4%      • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories: | 2,000   | 2,500 |
|--------------------|-----------|-----------|---------|-------|
| Total Fat          | Less than | 85g       | 80g     |       |
| Saturated Fat      | Less than | 20g       | 25g     |       |
| Cholesterol        | Less than | 300mg     | 300mg   |       |
| Sodium             | Less than | 2,400mg   | 2,400mg |       |
| Total Carbohydrate |           | 300g      | 375g    |       |
| Dietary Fiber      |           | 25g       | 30g     |       |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## Source

American Institute for Cancer  
Research, Diet & Cancer



December 2016

## HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent  
Mrs. Peggy Foster, High School Principal  
Mr. Eric Arneson, Elementary Principal  
Mrs. Mandy Plog, Special Education Director

PO Box 217  
911 Niobrara Avenue  
Hemingford NE 69348

Phone: 308-487-3328 High School  
Phone: 308-487-3330 Elementary  
Phone: 308-487-5252 Distance Learning  
Fax: 308-487-5215

Check out our Website:  
<http://www.hemingfordschools.org>



## EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

## Web-Email Lunch Account System

Access your current account information online-at [www.hemingfordschools.org](http://www.hemingfordschools.org) and click the button on the right labeled "What's for Lunch".

## COMMUNICATION SOURCES

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students  
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



## INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site ([www.hemingfordschools.org](http://www.hemingfordschools.org)), and Mobius web site ([www.bbc.net](http://www.bbc.net)).**

## SCHOOL MESSENGER

If you have not been contacted by "School Messenger" our web based calling system to alert parents of school cancellations, late starts or any other events, please contact the school. You may have changed phone numbers, or disconnected numbers the school is unaware of. Also, if you don't want to be contacted please notify us so we can take you off of the calling list. Please call the school of any changes at 487-3330.



## Hemingford Public Schools Breakfast Menu

**December 2016**

Milk is served with all meals. Alternative: Either hot or cold cereal will be offered everyday.

| Monday                                                  | Tuesday                                              | Wednesday                                           | Thursday                                                | Friday                                                     |
|---------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------|------------------------------------------------------------|
|                                                         |                                                      |                                                     | <b>1</b><br>PB Jelly<br>Sandwich<br>Fruit<br>Juice      | <b>2</b><br>Sausage Gravy<br>& Biscuits<br>Fruit<br>Juice  |
| <b>5</b><br>Pancakes<br>Sausage Links<br>Fruit<br>Juice | <b>6</b><br>Breakfast<br>Burrito<br>Fruit<br>Juice   | <b>7</b><br>Waffles<br>Yogurt Cup<br>Fruit<br>Juice | <b>8</b><br>Scrambled Eggs<br>Muffins<br>Fruit<br>Juice | <b>9</b><br>Breakfast<br>Casserole<br>Fruit<br>Juice       |
| <b>12</b><br>French Toast<br>Sausage<br>Fruit<br>Juice  | <b>13</b><br>Breakfast<br>Sandwich<br>Fruit<br>Juice | <b>14</b><br>Breakfast Pizza<br>Fruit<br>Juice      | <b>15</b><br>PB Jelly<br>Sandwich<br>Fruit<br>Juice     | <b>16</b><br>Sausage Gravy<br>& Biscuits<br>Fruit<br>Juice |



**Christmas Break**  
**No School Dec. 19-Jan. 1**



Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05

The cost of a lunch is as follows: PreK - 6 Lunch - \$2.05

7 - 12 Lunch - \$2.35

Adult Lunch - \$3.15



## Hemingford Public Schools Lunch Menu

**December 2016**

Milk is served with all meals Fruit & Vegetable Bar Offered Daily

| Monday                                                            | Tuesday                                                 | Wednesday                                        | Thursday                                             | Friday                                                                 |
|-------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------|------------------------------------------------------|------------------------------------------------------------------------|
|                                                                   |                                                         |                                                  | <b>1</b><br>Shepard's Pie<br>Dinner Roll             | <b>2</b><br>Chicken<br>Enchiladas<br>Refried Beans<br>Assorted Dessert |
| <b>5</b><br>Spaghetti &<br>Meatballs<br>Green Beans<br>Breadstick | <b>6</b><br>Salisbury Steak<br>Mashed Potato<br>& Gravy | <b>7</b><br>Ready Rib<br>Sandwich<br>Baked Beans | <b>8</b><br>Lemon Chicken<br>Cheesy<br>Broccoli/Rice | <b>9</b><br>Sloppy Joes<br>Carrots<br>Banana Bar                       |
| <b>23</b><br>Chili<br>Carrot/Celery<br>Cinnamon Roll              | <b>13</b><br>Chicken Bowls                              | <b>14</b><br>Pulled Pork<br>Sandwich<br>Peas     | <b>15</b><br>Frito Pie<br>Green Beans                | <b>16</b><br>Burgers<br>Baked Beans<br>Brownies                        |



**Christmas Break**  
**No School Dec. Jan. 1**



Menus are subject to change

USDA is an equal opportunity provider & employer.

*The Hemingford Public School provides lunches in accordance with the National School Lunch Program.*

*The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05*

*The cost of a lunch is as follows: PreK - 6 Lunch - \$2.05 7 - 12 Lunch - \$2.35 Adult Lunch - \$3.15*



# Calendar Events January 2017

| Sun | Mon                                                                    | Tue                                                                                                                                                             | Wed                                                                                    | Thur                                                                             | Fri                                                                                                                    | Sat                                                                                                            |
|-----|------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 1   | 2<br>White Day<br>School Resumes<br>6:30pm FFA Re-Gift Party           | 3<br>Red Day<br>6:00pm JV/V GBB at Crawford (Girls Only)                                                                                                        | 4<br>White Day                                                                         | 5<br>Red Day<br>9:00am Wr WTC at Mitchell<br>3:00pm JV/V G/B BB at Garden County | 6<br>White Day<br>2:00pm JV/V G/B BB vs Minatare at Home                                                               | 7<br>Speech at Novice Meet in Gordon<br>9:00am Wr at Garden Cty. Invite                                        |
| 8   | 9<br>Red Day<br>7:00pm School Board Meeting                            | 10<br>White Day<br>FFA District AgED Contest @ WNCC<br>8:00am NDE Security Assessor Visit<br>4:00pm JV/V G/B BB at Chadron<br>5:00pm JH BBB vs Crawford at Home | 11<br>Red Day                                                                          | 12<br>White Day<br>6:30pm FFA Meeting                                            | 13<br>Red Day<br>Quarter 2 & Semester 1 End<br>2:00pm JV/V G/B BB vs. Bayard at Home<br>6:00pm Wr at Mullen Triangular | 14<br>9:30am Wr at Sandhills Invite in Dunning<br>1:00pm JV/V G/B BB at Sioux County                           |
| 15  | 16<br>White Day<br>Quarter 3 Begins<br>V G/B BB PAC Tourney at Morrill | 17<br>Red Day<br>Local Science Fair                                                                                                                             | 18<br>White Day<br>8:00am FCCLA Culinary @ Scottsbluff                                 | 19<br>Red Day<br>5:00pm JH BBB vs Mitchell at Home                               | 20<br>White Day<br>V G/B BB PAC Tourney at Morrill<br>Wr at Chadron Invite CSC (NPAC)                                  | 21<br>V G/B BB PAC Tourney at Morrill<br>Wr at Chadron Invite CSC (NPAC)<br>Speech at Scottsbluff Invite       |
| 22  | 23<br>Red Day<br>4:00pm JH BBB at Morrill                              | 24<br>White Day<br>FCCLA District STAR @ WNCC -Scottsbluff<br>5:30pm JV/V GBB at Alliance (Girls Only)                                                          | 25<br>Red Day<br>1:00pm Spelling Bee at Alliance MS<br>2:30pm FCCLA Big Brother/Sister | 26<br>White Day<br>5:00pm JH BBB vs Hay Springs at Home                          | 27<br>Red Day<br>6:00pm Wr Triangular at Home                                                                          | 28<br>Speech at Perkins Cty. Invite<br>8:30am Wr at Mitchell Invite<br>1:00pm JV/V G/B BB vs. Edgemont at Home |
| 29  | 30<br>White Day<br>JH BBB PHCTourney @ Crawford                        | 31<br>Red Day                                                                                                                                                   |                                                                                        |                                                                                  |                                                                                                                        |                                                                                                                |

# Calendar Events December 2016

| Sun                   | Mon                                                                               | Tue                                                                                           | Wed                                               | Thur                                                                                                                   | Fri                                                                                                                                                             | Sat                                                                                                                                          |
|-----------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
|                       |                                                                                   |                                                                                               |                                                   | 1<br>White Day<br>5:00pm JH GBB vs. Gordon-Rushville at Home                                                           | 2<br>Red Day<br>2:00pm Wr at Crawford Invite (time change)<br>3:00pm JV/V G/B BB at Gordon-Rushville (time change)                                              | 3<br>HAL Activity<br>1:00pm JV/V G/B BB vs Hyannis at Home                                                                                   |
| 4                     | 5<br>White Day<br>4:30pm JH GBB vs. Alliance St. Agnes at Home                    | 6<br>Red Day<br>5:00pm JH GBB vs. Crawford at Home<br>8:30pm Winter Activity Pics and Retakes | 7<br>White Day<br>2:30pm FCCLA Big Brother/Sister | 8<br>Red Day<br>State One-Act @ Norfolk<br>4:00pm JH GBB at Bridgeport<br>6:00pm Wr at Crawford/HayS Tri @ Hay Springs | 9<br>White Day<br>4:30pm Community Soup Supper @ Cafeteria<br>6:00pm EL Christmas Concert<br>6:30pm FFA Meeting (moved to Jan 2)<br>6:45pm HS Christmas Concert | 10<br>8:00am ACT Test Date<br>8:00am Happy Feet Dance Recital in HS Gym<br>9:30am Wr at Banner Cty. Invite<br>1:00pm JV/V G/B BB at Mitchell |
| 11                    | 12<br>Red Day<br>9:00am PHC JH GBB Tourney at Home<br>7:00pm School Board Meeting | 13<br>White Day<br>2:00pm JV/V G/B BB at Hay Springs                                          | 14<br>Red Day                                     | 15<br>White Day<br>All Things Christmas Day<br>6:00pm Wr at Bridgeport Triangular                                      | 16<br>Red Day<br>Regular Schedule--No Early Dismissal<br>4:00pm JV/V G/B BB at Bridgeport                                                                       | 17<br>9:00am Wr at Bridgeport/Sidney Invite in Bridgeport<br>1:00pm JV/V G/B BB vs. Leyton at Home                                           |
| 18                    | 19<br>No School -- Christmas Break                                                | 20<br>No School -- Christmas Break                                                            | 21<br>No School -- Christmas Break                | 22<br>No School -- Christmas Break                                                                                     | 23<br>NSAA Moratorium<br>No School -- Christmas Break                                                                                                           | 24<br>NSAA Moratorium                                                                                                                        |
| 25<br>NSAA Moratorium | 26<br>NSAA Moratorium<br>No School -- Christmas Break                             | 27<br>NSAA Moratorium<br>No School -- Christmas Break                                         | 28<br>No School -- Christmas Break                | 29<br>No School -- Christmas Break<br>V G/B BB CSC George Watson Classic                                               | 30<br>No School -- Christmas Break<br>V G/B BB CSC George Watson Classic                                                                                        | 31                                                                                                                                           |