

B/W = (Best of the West Meet in Scottsbluff, April 27th)

# HHS GIRLS TRACK AND FIELD RESULTS 2010

COACH - CINDY AHRENS

\* Indicates Place Winner

| EVENT    | 3/27/2010                                                        | 4/1/2010                                   | 4/9/2010                                                   | 4/17/2010                                                    | 4/24/2010                           | 27                        | 5/1/2010                                                              | 5/7/2010                                                | 5/13/2010                                                 | 5-21,22-2010  |
|----------|------------------------------------------------------------------|--------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------|---------------------------|-----------------------------------------------------------------------|---------------------------------------------------------|-----------------------------------------------------------|---------------|
|          | MORRILL                                                          | BAYARD C-D                                 | MITCHELL                                                   | WTC                                                          | CHADRON                             | B/W                       | PAC                                                                   | BAY. B,C,D                                              | DISTRICTS                                                 | STATE         |
| 100      | R. Kaman 16.3<br>K. Kramer 17.0                                  | No Report                                  | D. Adams 15.8<br>K.Kramer NT                               | K. Folkerts 14.5<br>D. Adama 16.1                            | Cancelled<br>Cancelled              | N.E.<br>N.E.              | K.Folkerts 14.49 (5th)                                                | D. Adams 16.1                                           | D. Adams 15.9                                             | No Qualifiers |
| 200      | D. Adams 34.2<br>C. Elder 36.0                                   | No Report                                  | D.Adams 34.5<br>M. Fernandez NT                            | K. Jespersen 31.6<br>D. Adams 35.3                           | Cancelled<br>Cancelled              | N.E.<br>N.E.              | K. Wood 28.25 (3rd)                                                   | D. Adams 34.4                                           | No Entries                                                | No Qualifiers |
| 400      | K. Wood 1:05.1(3rd)<br>C. Elder 1:22.0                           | K. Wood 1:07.2 (5th)                       | No Entries                                                 | K. Wood 1:03.8 (3rd)<br>S. Huss (DQ)                         | Cancelled<br>Cancelled              | Wood(2)<br>01:01.5        | K. Wood 1:01.47 (2nd)<br>K.Jespersen 1:14 (6)                         | K. Wood 1:05.1 (4th)                                    | K. Wood 1:02.2 (4th)                                      | No Qualifiers |
| 800      | B. Wood 2:44.0 (3rd)<br>B.Hannafor 2:47 (5)<br>M. Fernandez 3:15 | B. Wood 2:39.5 (3rd)                       | B. Wood 2:36.9 (4th)<br>J.Forger 3:15<br>M. Fernandez 3:21 | B. Wood 2:44.2 (3rd)<br>J. Forger NT                         | Cancelled<br>Cancelled<br>Cancelled | B.Wood<br>02:34.0<br>N.E. | B. Wood 2:42.1 (1st)<br>B.Hannafor 2:44 (2)<br>M.Fernandez 3:23 (6)   | B. Wood 2:38.4 (3rd)                                    | B. Wood 2:34.0 (4th)                                      | No Qualifiers |
| 1600     | B.Hannafor 6:20 (2)                                              | B. Hannafor 6:12(3)                        | B.Hannafor 6:13.(4)                                        | B.Hannafor 6:04(1st)                                         | Cancelled<br>Cancelled              | Hann.(2)<br>05:52.6       | B.Hannafor 6:11(1st)<br>B. Wood 6:20.5 (2nd)<br>B. Foster 7:16 (4th)  | B.Hannafor 5:52 (4)                                     | B.Hannafor 5:47.5 (2)                                     | B.Hannafor    |
| 3200     | B.Hannafor 13:25 (2)<br>B. Wood 14:19 (6th)                      | B.Hannafor13:19 (2)<br>B. Wood 13:24 (4th) | B Hannafor 13:08(5)                                        | B.Hannafor13:07(3rd)                                         | Cancelled<br>Cancelled              | N.E.<br>N.E.              | B.Hannafor 13:32 (1)<br>B. Wood 14:03 (2nd)                           | B.Hannafor 13:29 (5)<br>B. Wood 13:43 (6th)             | No Entries                                                | No Qualifiers |
| 100 H    | K. Wood 18.4 (4th)<br>S. Huss 20.6                               | K. Folkerts 17.9 (5th)                     | K. Folkerts 18.3                                           | K. Folkerts 18.5 (6th)                                       | Cancelled<br>Cancelled              | N.E.<br>N.E.              | K.Folkerts 18.6 (2nd)<br>K.Jespersen 19.3 (3)                         | K. Folkerts 18.2<br>K.Jespersen 19.4                    | K. Folkerts 18.6<br>K.Jespersen 19.5                      | No Qualifiers |
| 300 H    | K. Wood 53.4 (2nd)<br>S. Huss 57.1                               | S. Huss 54.1 (6th)                         | S. Huss 55.4                                               | K. Folkerts 57.9<br>S. Huss (NT)                             | Cancelled<br>Cancelled              | N.E.<br>N.E.              | K. Wood 49.59 (1st)<br>K.Folkerts 56.8 (4th)                          | K. Wood 50.3 (1st)                                      | K. Wood 48.1 (2nd)<br>(School Record)                     | K. Wood       |
| Long J   | K. Wood 15'9" (2nd)<br>K. Jespersen 13'9"<br>R. Kaman 12'1"      | K. Wood 15'0" (2nd)                        | K.Jespersen 13'2"<br>R. Kaman 10'5"                        | K. Wood 16'3" (2nd)<br>K. Jespersen 13'0"<br>R. Kaman 28'1"  | Cancelled<br>Cancelled<br>Cancelled | Wood(2)<br>16'5"<br>N.E.  | K. Wood 15'1" (3rd)                                                   | K. Wood 15'10" (4th)<br>R. Kaman 12'6"                  | K. Wood 15'11" (3rd)                                      | No Qualifiers |
| Triple J | K.Jespersen 30'9"(4)<br>R. Kaman 28'10"<br>K. Heitz 28'7"        | No Report                                  | K.Jespersen 30'7"<br>R. Kaman 28'9"                        | K. Heitz 31'1" (3rd)<br>K. Jespersen 30'4"<br>R. Kaman 28'1" | Cancelled<br>Cancelled<br>Cancelled | N.E.<br>N.E.<br>N.E.      | K. Heitz 31'1" (3rd)<br>K.Jespersen 30' (4th)<br>R. Kaman 27'8" (5th) | K. Heitz 31'1"<br>K.Jespersen 30'10"<br>R. Kaman 29'0"  | K.Jespersen 31'10" (6)                                    | No Qualifiers |
| High J   | A. Adamson 4'0"<br>K. Heitz 4'0"<br>D. Adams 4'0"                | No Report                                  | A.Adamson 4'2"<br>K. Heitz 4'0"<br>D. Adams 4'0"           | A. Adamson 4'0"<br>K. Heitz 4'0"<br>D. Adams 4'0"            | Cancelled<br>Cancelled<br>Cancelled | N.E.<br>N.E.<br>N.E.      | A.Adamson 4'2" (3rd)<br>K. Heitz 3'10" (5th)                          | A. Adamson 4'0"<br>D. Adams 3'10"                       | No Entries                                                | No Qualifiers |
| Discus   | K.Kramer 42'7"<br>V.Carlson 37'8"                                | No Report                                  | C. Carlson 66'3"<br>V. Carlson 63'7"<br>K. Kramer 43'6"    | V. Carlson 71'1"<br>C. Carlson 64'6"<br>K. Kramer 54'3"      | Cancelled<br>Cancelled<br>Cancelled | N.E.<br>N.E.<br>N.E.      | V.Carlson 76'8" (6th)                                                 | V. Carlson 71'1"<br>C. Carlson 66'3"<br>K. Kramer 54'3" | C. Carlson 78'6"<br>V. Carlson 77'10"<br>K. Kramer 62' 1" | No Qualifiers |
| Shot     | C. Elder 19'10"<br>K. Kramer 18'4"                               | No Report                                  | C. Carlson 27'0"<br>V. Carlson 20'3"<br>K. Kramer 20'3"    | C. Carlson 28'8"<br>K. Kramer 22'0"<br>V. Carlson 19'11"     | Cancelled<br>Cancelled<br>Cancelled | N.E.<br>N.E.<br>N.E.      | C.Carlson 26'9" (6th)                                                 | C. Carlson 28'8"<br>K. Kramer 22'0"<br>V. Carlson 21'6" | C. Carlson 25'10"<br>V. Carlson 23'5"<br>K. Kramer 21'1"  | No Qualifiers |
| 4x100    | 1:00.6                                                           | No Report                                  | NT                                                         | 01:00.0                                                      | Cancelled                           | N.E.                      | 1:04.37 (2nd)                                                         | No Entry                                                | 57.3                                                      | No Qualifiers |
| 4x400    | 5:07 (5th)                                                       | 4:59.0 (6th)                               | 04:50.6                                                    | 5:02.0 (6th)                                                 | Cancelled                           | N.E.                      | 5:46.66 (3rd)                                                         | No Enry                                                 | 04:59.2                                                   | No Qualifiers |
| 4x800    | 11:51 (1st)                                                      | 11:30.0 (3rd)                              | 11:17.1 (4th)                                              | 11:11.0 (2nd)                                                | Cancelled                           | 10:45.7                   | 13:46.44 (3rd)                                                        | 11:17.1 (3rd)                                           | 10:19.6 (2nd)                                             | 4 x 800 Relay |
| Team     | 3rd / 11 Teams                                                   | 5th / 12 Teams                             | 10th / 13 Teams                                            | 6th / 7 Teams                                                | Cancelled                           | 3rd/relay                 | 1st / 5 teams                                                         | 8th / 11 Teams                                          | 6th / 8 Teams                                             |               |

Panhandle  
Conference  
CHAMPIONS

Baily Wood  
Kelsy Wood  
Brooke Foster  
Briley Hannafor

Baily Wood  
Kelsy Wood  
Brooke Foster  
Briley Hannafor

(BOYS RESULTS BELOW)

(District Result (2nd)  
State Qualifier  
4 x 800 Relay  
School Record  
10:19.6 (2nd)

B/W = (Best of the West Meet in Scottsbluff, April 27th)

**HHS BOYS TRACK AND FIELD RESULTS 2010**

COACH - TIM LANIK

\* Indicates Place Winner

|          | 3/27/2010             | 4/1/2010                                               | 4/9/2010                                               | 4/17/2010                                         | 4/24/2010                           | 27                   | 5/1/2010                                                          | 5/7/2010                       | 5/13/2010                               | 5-21,22-2010    |
|----------|-----------------------|--------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------|-------------------------------------|----------------------|-------------------------------------------------------------------|--------------------------------|-----------------------------------------|-----------------|
| EVENT    | MORRILL               | BAYARD C-D                                             | MITCHELL                                               | WTC                                               | CHADRON                             | B/W                  | PAC                                                               | BAY. B,C,D                     | DISTRICTS                               | STATE           |
| 100      | No Entries            | T.Ramos 12.1<br>C. Weber 12.9                          | T. Ramos 12.0                                          | T. Ramos 12.7<br>C. Weber 13.4                    | Cancelled<br>Cancelled              | N.E.<br>N.E.         | T Ramos 11.88 (2nd)<br>A.Jespersen 12.4 (5)                       | No Entries                     | T. Ramos 11.7 (6th)<br>A.Jespersen 11.9 | No Qualifiers   |
| 200      | No Entries            | No Entries                                             | No Entries                                             | M. McCoy 26.0                                     | Cancelled                           | N.E.                 | M. McCoy 26.1 (5th)                                               | M. McCoy 28.9                  | M. McCoy 26.5                           | No Qualifiers   |
| 400      |                       | C. Stangle 59.3<br>M. McCoy 1:07.0<br>J. Glendy 1:10.0 | M. McCoy 1:01.6<br>M. McCoy 1:01.7<br>J. Glendy 1:22.5 | No Entries<br>M. McCoy 2:37.0<br>J. Glendy 1:05.3 | Cancelled<br>Cancelled<br>Cancelled | N.E.<br>N.E.<br>N.E. | C. Stangle 1:00.5 (5)                                             | C.Stangle 1:05.1               | No Entries                              | No Qualifiers   |
| 800      | C. Stangle 2:27 (5th) | C. Stangle 2:30.0<br>M. McCoy 2:44.0                   | M. McCoy 2:37.2<br>M. McCoy 2:37.0                     | No Entries                                        | Cancelled<br>Cancelled              | N.E.<br>N.E.         | C. Stangle 2:32.2 (4th)                                           | No Entries                     | No Entries                              | No Qualifiers   |
| 1600     | No Entries            | No Entries                                             | No Entries                                             | No Entries                                        | Cancelled                           | N.E.                 | B.Roland 6:16.0 (5th)<br>B.Horstman 6:38.0                        | No Entries                     | No Entries                              | No Qualifiers   |
| 3200     | No Entries            | No Entries                                             | No Entries                                             | No Entries                                        | Cancelled                           | N.E.                 | B.Roland 13:35 (2nd)<br>J.Glendy 13:44 (3rd)                      | No Entries                     | No Entries                              | No Qualifiers   |
| 110 H    | K. Kumpf 21.8         | K. Kumpf DQ                                            | No Entries                                             | K. Kumpf 20.7                                     | Cancelled                           | N.E.                 | K. Kumpf 21.0 (2nd)<br>M.McCoy 22.3 (3rd)<br>J. Glendy 23.5 (4th) | K. Kumpf 20.2                  | K. Kumpf 19.8                           | No Qualifiers   |
| 300 H    | K. Kumph 51.9         | K. Kumpf DQ                                            | No Entries                                             | M. McCoy 48.7<br>K. Kumpf 50.5                    | Cancelled<br>Cancelled              | N.E.<br>N.E.         | K. Kumpf 50.9 (3rd)<br>M.Mccoy 51.6 (4th)                         | M. McCoy 51.9<br>K. Kumpf 52.0 | K. Kumpf 49.0<br>M. McCoy 52.8          | No Qualifiers   |
| Long J   | C. Minich 14'1"       | C. Minich 15'6"                                        | C. Minich 15'11"                                       | C. Minich 14'4"                                   | Cancelled                           | N.E.                 | A.Jespersen 17'2"(3)                                              | C. Weber 15'9"                 | A.Jespersen 16'6"                       | No Qualifiers   |
|          | C. Stangle 15'9"      | J. Glendy 14'3"                                        | J.Glendy 14'1"                                         | N. Wood 16'2"                                     | Cancelled                           | N.E.                 | N. Wood 15'2" (6th)                                               | C. Minich 13'2"                | C. Weber 16'3"                          |                 |
|          | C. Weber 15'1"        | B. Horstman 13'6"                                      |                                                        | C. Weber 15'6"                                    | Cancelled                           | N.E.                 | C. Minich 14'8"                                                   |                                |                                         |                 |
| Triple J | C. Weber 31'5"        | C. Weber 32'10"                                        | No Entries                                             | C. Weber 34'0"                                    | Cancelled                           | N.E.                 | N. Wood 34'3" (3rd)                                               | C. Weber 32'11"                | C. Weber 34'2"                          | No Qualifiers   |
|          | B. Horstman 29'5"     | B. Horstman 28'6"                                      |                                                        | N. Wood 33'3"                                     | Cancelled                           | N.E.                 | C. Weber 32'5" (4th)                                              |                                |                                         |                 |
|          |                       |                                                        |                                                        | B. Horstman 30'4"                                 | Cancelled                           | N.E.                 | B.Horstman 30'1"(5th)                                             |                                |                                         |                 |
| High J   | C. Minich NH          | No Entries                                             | C. Minich NH                                           | C. Minich NH                                      | Cancelled                           | N.E.                 | A.Jespersen 4'10" (4)                                             | No Entries                     | A. Jespersen 5'4"                       | No Qualifiers   |
|          |                       |                                                        |                                                        | N. Wood NH                                        | Cancelled                           | N.E.                 | N. Wood NH<br>C. Weber NH                                         |                                |                                         |                 |
| Discus   | T. Ramos 87'8"        | T. Ramos 98'9"                                         | T. Ramos 101'5"                                        | T. Ramos 90'10"                                   | Cancelled                           | N.E.                 | T. Ramos 87'5" (4th)                                              | J. Glendy 72'3"                | T. Ramos 105'1"                         | No Qualifiers   |
|          | N. Wood 60'5"         |                                                        |                                                        |                                                   | Cancelled                           | N.E.                 | J. Glendy 72'10"                                                  |                                | J. Glendy 76'6"                         |                 |
| Shot     | T. Ramos 38'9"        | T. Ramos 42'4" (1st)                                   | T. Ramos 43'1" (3rd)                                   | T. Ramos 40'4"                                    | Cancelled                           | N.E.                 | T. Ramos 40'3" (1st)                                              | No Entries                     | T. Ramos 37'10"                         | No Qualifiers   |
|          | N. Wood 28'3"         |                                                        |                                                        |                                                   | Cancelled                           | N.E.                 |                                                                   |                                |                                         |                 |
| 4x100    | 53.6                  | DQ                                                     | No Entries                                             | 52.0                                              | Cancelled                           | N.E.                 | 53.31 (2nd)                                                       | No Entries                     | 48.6                                    | No Qualifiers   |
| 4x400    | No Entries            | 0.0                                                    | No Entries                                             | 04:15.2                                           | Cancelled                           | N.E.                 | 4:24.43 (2nd)                                                     | No Entries                     | 4:01.7 (3rd)                            | No Qualifiers   |
| 4x800    | No Entries            | No Entries                                             | No Entries                                             | 10:41.0 (5th)                                     | Cancelled                           | N.E.                 | 11:34.44 (2nd)                                                    | 10:33.5 (4th Place!)           | 9:38.1 (3rd)                            | No Qualifiers   |
| Team     | 11th/11 Teams         | 11th/14 Teams                                          | 12th/14 Teams                                          | 7th / 7 Teams                                     | Cancelled                           | N.T.S.               | 2nd / 5 teams                                                     | 13th / 13 Teams                | 8th / 8 Teams                           | Season Complete |

**Panhandle  
Conference  
Runner-Ups**