



# HEMINGFORD PUBLIC SCHOOLS BREAKFAST MENU

## OCTOBER

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Breakfast Quesadilla <b>PB&amp;J</b> Fruit or Juice	<b>2</b> Breakfast Burrito Cold Cereal Fruit or Juice	<b>3</b> Omelet Hashbrown Patty PB&J Fruit or Juice	<b>4</b> Blueberry Breakfast Cake Cold Cereal Fruit or Juice
<b>6</b> Bagel Twist Cold Cereal Fruit or Juice	<b>7</b> French Toast Casserole PB&J Fruit or Juice	<b>8</b> Tater Tot Breakfast bowl Cold Cereal Fruit or Juice	<b>9</b> Dutch Waffles w/Strawberries PB&J Fruit or Juice	<b>10</b> Scrambled eggs W/toast  Cold Cereal Fruit or Juice
<b>13</b> Pancake Wrap Cold Cereal Fruit or Juice	<b>14</b> French Toast Sticks PB&J Fruit or Juice	<b>15</b>  <b>NO SCHOOL</b>  <b>FALL BREAK</b>	<b>16</b>  <b>NO SCHOOL</b>  <b>FALL BREAK</b>	<b>17</b>  <b>NO SCHOOL</b>  <b>FALL BREAK</b>
<b>20</b> Waffles Cold Cereal Fruit or Juice	<b>21</b> Scrambled Eggs w/Hashbrowns PB&J Fruit or Juice	<b>22</b> Breakfast Sandwich Cold Cereal Fruit or Juice	<b>23</b> Biscuit w/gravy PB&J Fruit or Juice	<b>24</b> Yogurt w/ muffin Cold Cereal Fruit or Juice
<b>27</b> Breakfast Casserole Cold Cereal Fruit or Juice	<b>28</b> Breakfast PizzaPB&J Fruit or Juice	<b>29</b> Pancakes Cold Cereal Fruit or Juice	<b>30</b> Omelet PB&J Fruit or Juice	<b>31</b> Cinnamon roll Cold Cereal Fruit or Juice

**Menus are subject to change**

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: Pre-K-12 - \$2.50 Adult Breakfast - \$3.00 Milk- .55

The cost of a lunch is as follows: PreK - 6 Lunch - \$3.00 7 - 12 Lunch - \$3.25 Adult Lunch - \$5.00