



HEMINGFORD PUBLIC SCHOOLS LUNCH MENU

OCTOBER

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Soft Shell Taco Corn Fruit	2 Calzone Carrots fruit	3 Corn Dogs Peas Fruit	4 Ready Rib sandwich Mixed Veggies Fruit
7 Burrito Corn Fruit	8 Chicken Patty On a Bun Green Beans Fruit	9 Chicken fried Steak Roll Corn	10 Crispito With cheese sauce Peas and Carrots Fruit	11 Turkey Sub Sandwich Mixed Veggies Fruit
14 Mac and Cheese Dinner Roll Broccoli Fruit	15 Pizza Green Beans Fruit	16 NO SCHOOL Fall Break	17 NO SCHOOL Fall Break	18 NO SCHOOL Fall Break
21 Bosco Sticks Corn Fruit	22 Sweet & Sour Chicken over Rice Broccoli Fruit	23 Chicken Nuggets Peas fruit	24 Spaghetti & Meat Sauce Garlic Toast Green Beans Fruit	25 Hamburger Patty on a Bun Mixed Veggies Fruit
28 Hot Ham and Cheese Sandwich Carrots Fruit	29 Chicken Bacon Ranch Pasta Bake Broccoli Fruit	30 Chicken Strips Peas Fruit	31 Chili C Rolls Fresh Veggies Fruit	

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: Pre-K-12 - \$2.50 Adult Breakfast - \$3.00 Milk- .55

The cost of a lunch is as follows: PreK - 6 Lunch - \$3.00 7 - 12 Lunch - \$3.25 Adult Lunch - \$5.00