

BOBCAT BITS

HEMINGFORD PUBLIC SCHOOLS

Graduation- Class of 2019

Ceremony: Saturday, May 11, 2:00 PM at Hemingford High School Gym

Class Motto: Sometimes it's the journey that teaches you a lot about your destination-Drake

Class Song: "Take Me Home, Country Roads" by Jon Denver

Class Colors: Black and Gold

Class Flower: White rose tipped in black with gold flecks



Special points of interest:

- Graduation 2019
- Physicals
- Mr. Kluver
- Mr. Arneson
- Counselor
- Music Programs
- Athletic Banquet
- Immunizations
- Overdrive
- Field Days
- Summer Fun
- Harvest Moon
- Pre-School Graduation
- Lunch Accounts
- Garage Sale
- Nutrition Nuggets
- Menus
- Activity Calendar
- Chamber Newsletter

Congratulations!!

Physicals-2019-2020

Junior High and High School Sport Physicals & Concussion testing will be Wednesday, May 1st & Wednesday, May 8th. On Wednesday, May 1st will be grades 6, 7 & 8th. On Wednesday, May 8th will be grades 9, 10, & 11.

Mr. Kluver-High School Principal

you spent at Hemingford Schools.

There are a few important events happening in May and I wanted to mention a few of them here. First on May 2nd, local fire and police services will be putting on a presentation called The Grim Reaper at the grandstands on the fairgrounds. This presentation is an awareness program for teenagers and the consequences of distracted and reckless driving. Also on May 2nd is the High School Spring concert starting at 6 pm in the high school gym. The Elementary Spring concert is on May 7th starting at 6 pm in the high school gym. May 8th will be the rescheduled Chadron State Scholastic competition as well as the SENIORS last day. The seniors will practice for graduation on May 10th starting at 7:45 am until 9:45 am. The Honors Convocation will follow this practice starting at 10 am in the high school gym. We will conclude the Convocation with the traditional hanging of the senior picture in the Red Zone. Graduation will be on May 11th at 2pm in the high school gym. Please come and congratulate our seniors for all their hard work and accomplishments.

I am always open for suggestions on how we can make our school better and how our students can benefit academically from their experiences. Extra-curricular activities are important and play a role in all schools, but they should not and cannot be deemed to be more important than the academic successes of our students.



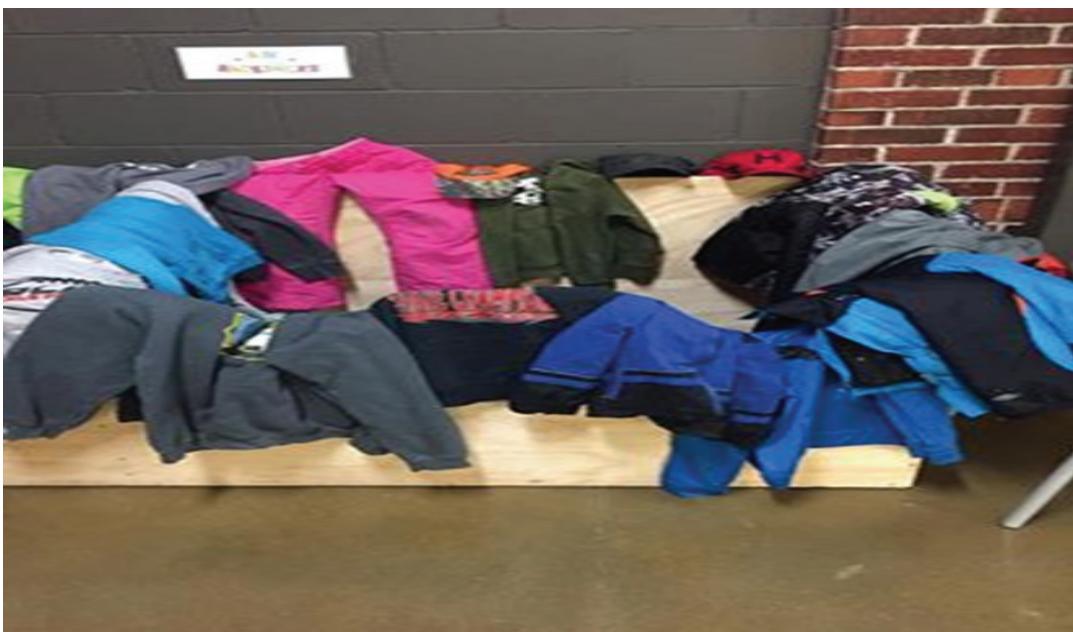
Mr. Arneson-Elementary Principal

While we still have several weeks of school, it feels like the fourth quarter has just flown by. Even while things are being wrapped up I want to stress that we want to continue learning through the last day of school. It's easy to get into the summer mindset when the sun is out and the weather is warm but we want to keep the education flowing.

There are still many items in our lost and found. Please come and check it out or have your student look for any lost items. At the conclusion of our school year, any items left will be donated.

Our state testing went well this year and I'm sure the students did their best. We should receive results from those tests in the fall and a copy will go home with the student.

With summer break coming up, please work with your student so they can be ready to go again in the fall. Take time each week to read or do a few math problems. Long car trips are a great time to review math facts. Every little bit during the summer can help prevent skills from taking a slide which in turn will help the students do their very best next fall.



LOST AND FOUND!!

COUNSELOR'S

O
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R

Seniors – End of the year activities

May 8	Sign-out for seniors
May 10	Honors Day
May 10	Senior Graduation Practice and Picture Hanging
May 11	Graduation – 2:00 p.m. – High School Gym
May 14	Athletic Banquet

You will be receiving a letter in the mail very soon. We want to make sure we have all the honors that you have received. It is imperative that you fill out the enclosed form by May 6, and return it to the counselor's office. We appreciate your cooperation in this matter so you will receive the recognition that you deserve.

Juniors – Summer is the time for serious college planning.

Start narrowing your college choices.

Update your resume.

Identify teachers, coaches and community members who will write letters of recommendation for you.

Look for scholarships.

Find a summer job to help pay for college expenses.

Last **ACT** test needs to be registered for by **May 3, 2019**. The test will be administered on **June 8, 2019**.

6th graders: May 1st is up shift day.

At the end of the day, the most overwhelming key to a child's success is the positive reinforcement of parents.

Jane D. Hull

Music Programs

**High School Spring Concert will be:
Thursday, May 2nd at 6:00 PM.**



**Elementary Spring Concert will be:
Tuesday, May 7th at 6:00 PM.**



ATHLETIC BANQUET -2018-2019



Information regarding 2019 Athletic Banquet and 2019 Honors Convocation

May 2019

Dear Parents & Sports Boosters:

The 2018-2019 **Athletic Banquet** will be held on **Tuesday 14, 2019** beginning **at 6 pm** in the Multipurpose Building at the fairgrounds. The recognition portion of the Booster Banquet will be **honoring High School Student Athletes only**.

This year, we are asking **all families to bring a meat dish**. The families with the last name beginning with the **letters A-L are to bring a salad or side dish**. The families with the last name beginning with the **letters M-Z are to bring a desert**. The boosters will be providing the paper plates, napkins, silverware, cups and the beverage.

At the Athletic Banquet, we will be recognizing those High School Athletes who successfully competed in sports for Hemingford High School. **We will not be recognizing the Junior High athletes or any club programs at this banquet.** We are asking that **all athletes sit with their families** during the banquet. This procedure has worked well in the past, so we would like to use this format again this year.

This year the Honors Convocation will be held during the school day on Friday, May 10th, starting at 10:00 am for grades 7-12. The Honors convocation will focus on accolades for academic achievements, scholarship and community awards, National Honor Society Induction recognition, and the announcement of class distinction honors. A regular class schedule will resume following the ceremonies.

7th Grade Students & Parents

ATTENTION Future 7th Grade Parents!



Please be aware that it is state law that students need to have **one dose of TDAP vaccine** and a **physical (sports physicals accepted)** prior to entry into 7th grade.

TDaP-Tetanus, diphtheria and pertussis are very serious diseases. TDaP vaccine can protect us from these diseases. Pertussis (whooping cough) can cause severe coughing spells, difficulty breathing, vomiting, disturbed sleep & other serious symptoms. It can also be fatal if spread to infants.

Please make plans to complete this requirement before the upcoming school year. Contact your healthcare provider or the local immunization clinic.

Other CDC recommended immunizations for students entering 7th grade in Nebraska include:

Meningococcal-is a serious bacterial illness. It is a leading cause of bacterial meningitis (an infection of the covering of the brain and spinal cord) and blood infections in children 2-18 years of age. The disease can be treated with antibiotics, but still many people who get the disease die or are affected for life due to other serious problems including deafness, seizures, strokes, nervous system effects and loss of arms or legs. Vaccines can prevent 4 types of meningococcal disease, including 2 of the 3 most common in the U.S.

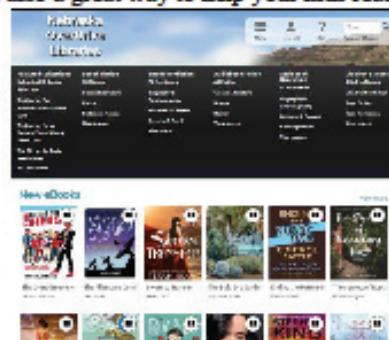
Hepatitis A-is a serious liver disease caused by the A virus. It is found in the stool of people with Hep A. It is usually spread by close personal contact and sometimes by eating food or drinking water contaminated by the virus. This is usually the result of someone with Hep A not washing their hands before preparing or serving food.

HPV- is a cancer vaccine against human papilloma virus. Vaccine can prevent many cancers caused by the virus including cervical cancer in females, vaginal and vulvar cancers in females and anal cancer in males. It can also prevent genital warts in both males and females. Fewer head neck and throat cancers have also been reported since the introduction of the vaccine 10 years ago. Immune response is best when given to 11-13 year olds.



Check Out a Great Book on Overdrive!

Overdrive is an online service to which the school subscribes. It allows students (and parents) to “check out” e-books and audiobooks, and it’s completely free! It’s also a great way to help your kids read all summer long—there are books available for all ages, from pre-school to adult! Overdrive e-books and audiobooks can be accessed via a computer, tablet, smartphone, or other devices that have internet access. You can read or listen through your browser, or you can download the book onto your device and read or listen even when you don’t have internet access. All materials are automatically “returned” on the due date, so you never have to worry about an overdue book, and you can check out up to six items at once.



Getting started is easy. Just go to nebraska.lib.overdrive.com, and click on “Sign In” in the upper right hand corner of the page. This will take you to a page with a drop-down list; select “Hemingford Public Schools” and click “Go.” The next page will ask for a “Library Card Number” and a “PIN.” Your student’s library card number is the same number he or she types in after getting a hot lunch at school to indicate that he or she went through the lunch line. The PIN is “muggles” and is the same for everyone. If your student does not know his/her lunch number, please contact the school and we can get that information to you. Mrs. Hurtt has recently updated everyone’s number in the Overdrive system, so if you’ve had problems logging in in the past, please try again! If you still need assistance, please feel free to contact Mrs. Hurtt at the school.

The Overdrive app is also available for smartphones and tablets, and can be downloaded for free from Apple’s App Store (for iPhones, iPads, etc.) or Google’s Play Store (for Android devices). Submitting login information on the app is essentially the same as the process described above. A different app, called “Libby,” is also available; it may be even easier to use, and your Overdrive login is the same.



Overdrive is a great resource that can be used by everyone in your family. Studies show that reading at home is a great way to help kids maintain their academic skills even when they are not in school. Overdrive has thousands of e-books and audiobooks that are just waiting to be explored!

PE

Parents and Guardians,

On Thursday, May 16, students in grades 3-6 will be participating in and Elementary Track Meet. Each student will have the opportunity to showcase their skills in a throwing event, jumping event, and two running events. The track meet is scheduled to start around 9:00am. The students will be participating in these events on the practice football field, Bobcat field, and the track surrounding the practice football field.

On Friday, May 17, students in grades K-2 will be participating in some outdoor activities. Students will be participating in activities that we have done and some activities that we don't normally do in PE class. These activities are scheduled to start around 9:00am and will take place out back on the recess fields.

On Tuesday, May 21, students will have the opportunity to watch the 3rd Annual Staff vs. 6th Grade Kickball game. The event is scheduled to start around 10:15am.

Parents and guardians are welcome to come watch on any of these days. If bringing younger children that are not school age, we ask that you keep an eye on them for their safety. There will be a lot of action happening and a lot of people helping with these fun events.

Coach K

Elementary PE Teacher



Summer Fun

HEMINGFORD POOL

Great news! The Hemingford Pool will be opening Memorial Day Weekend.



LAP SWIM
OPEN SWIM
SWIM LESSONS



For details, contact Pool Manager Ammie Frost at 308-207-5180

SWIM TEAM SIGNUPS

AGES 7 – 18 YEARS

If you missed signups on Saturday and interested in being a part of the Hemingford Swim Team....contact Ammie at 308-207-5180.

LOTS OF FUN * GREAT EXERCISE





**2019 HARVEST MOON FALL FESTIVAL
POSTER CONTEST
SPONSORED BY
SECURITY FIRST BANK - CHADRON**

1ST - \$100 2ND - \$75 3RD - \$50



NAME: _____

MAILING ADDRESS: _____

CITY: _____ **ZIP CODE:** _____

PHONE: _____ **EMAIL:** _____

Winning posters will artistically and colorfully communicate this theme and promote the 2019 Harvest Moon Fall Festival. Entries must be original two-dimensional works of art created by the entrant. Entries may not include clip art, copyrighted material, or any registered trademark or logo.

No Lettering. Do not include the event name, logo or theme name in the original artwork as it will be inserted in production.

All Ages are eligible to enter. Only one (1) entry per person will be accepted.

All entries must be submitted on 11" x 14" paper. (**No newsprint**). Entrant's name, address and phone number must be legibly written on the back of the poster.

Deadline is August 15, 2019. Late entries will not be accepted. All entries must be accompanied a signed official entry.

MAIL OR DROP OFF:

**HEMINGFORD CREDIT UNION
PO BOX 991
HEMINGFORD, NE. 69348**

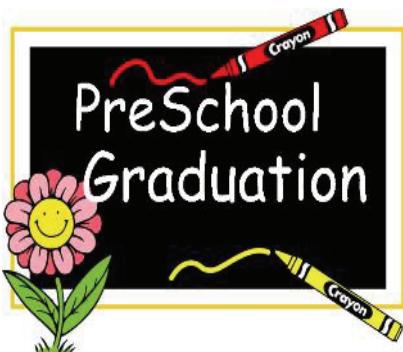
Entries must be received no later than August 15, 2019

For more information contact:

lawrenceadventures@yahoo.com www.hemingfordharvestmoonfallfestival.com
www.hemingfordevents.com Facebook HARVEST MOON



Pre-School Graduation



Pre-School Graduation
at 7:00 Thursday, May 16th at
the Multi-Purpose Hall.

Last day of school for Pre-School is May 16th.

PLEASE PLEASE PLEASE PLEASE PLEASE

Parents please check lunch account balances prior to the end of school! It makes the checking out process for your child(ren) much easier the last week of school. Also remember, you can continue to make payments over the summer--- send a check or stop in and see Deb! Have a super summer!



Enjoy a day of shopping in Hemingford!

City-wide Garage Sale

(residences of Hemingford - times vary)

Spring Fling Junk Jaunt

(fairgrounds)

Saturday - May 18th

9 am - 3 pm



Register at the Hemingford Credit Union

OR www.hemingfordevents.com

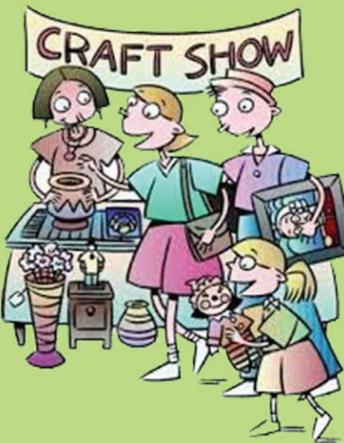
more information email: lawrenceadventures@yahoo.com

This year **EVERYONE** is invited:

vendors of all types * garage sale & junk items *
antiques * crafts * bake sales and more!

*Peggy's Kitchen will be serving breakfast & lunch
Multipurpose Hall*

**Don't wait...start cleaning out those closets, garages, cupboards...
share your unwanted treasures with someone else!**



BAKE SALE



May 2019

HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Charles Isom, Superintendent
Mr. Daniel Kluver, High School Principal

Mr. Eric Arneson, Elementary Principal
Mrs. Mandy Plog, Special Education Director

PO Box 217
911 Niobrara Avenue
Hemingford NE 69348

Phone: 308-487-3328 High School
Phone: 308-487-3330 Elementary
Fax: 308-487-5215

Check out our Website:
<http://www.hemingfordschools.org>

EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

Web-Email Lunch Account System

Access your current account information online-at www.hemingfordschools.org and click the button on the right labeled "What's for Lunch".

COMMUNICATION SOURCES

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website
<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Posted on School Way, Facebook and the School Website.

Notices sent home with students
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site (www.hemingfordschools.org), and Mobius web site (www.bbc.net).**

SchoolWay

Notifications for inclement weather and other school news will be sent to parents by SchoolWay powered by Jostens. SchoolWay is a free app that is downloaded to a mobile device that will receive alerts sent out by the school. To get the app go to myschoolway.com. Enter the WayCode **rg464h**.

School notifications will also be posted through the school Facebook, website and local radio stations. If you have any questions please contact school at 487-3330.

Nutrition Nuggets™

Food and Fitness for a Healthy Child



BEST BITES

I'm full

Help your child avoid overeating by taking time to talk about the color, texture, or taste of his food. If you say, "I love the color of carrots," he may respond, "I like how crunchy they are." By stopping to think, he'll slow down his eating pace, giving him time to feel full.

Kangaroo hop

Try this fitness idea from Down Under. Have

your children hop like kangaroos by jumping with both feet and

holding their hands in front of their chests. They can race each other by hopping from one end of a room (or yard) to the other. Or they could take turns being the leader and play Follow the Kangaroo.



DID YOU KNOW?

Research shows that students who skip breakfast have shorter attention spans and don't do as well on tests. Make sure your youngster gets up in time to have a nutritious breakfast either at home or at school. Tip: If she's having trouble waking up early enough, move her bedtime back.

Just for fun

Q: What's the worst thing about being an octopus?



A: Washing your hands before meals!

Snack attack

When your child bursts through the door after school or activities, she'll probably want something to eat. Try these tips for healthy snacks that will give her the energy she needs to play and do homework.

Stock the kitchen

Whatever is in the house is what your youngster will eat—so shop with that in mind. Get interesting fruits and vegetables in different colors. Buy mango or peach salsa, and let your child dip in veggie sticks (carrot, celery, jicama). Stock popcorn to air pop (rather than getting less healthy microwave popcorn). Then, offer her choices. She'll have a say in what she eats, but she'll be choosing only from healthy foods.

Have a mini-meal

Breakfast or lunch foods can make a good snack. You could serve oatmeal with bananas and cinnamon or tuck scrambled eggs into a pita pocket. Or try individual pizzas on whole-wheat English muffins. Top each half with a little



tomato sauce, shredded low-fat mozzarella cheese, and vegetables (sliced mushrooms, chopped onions), then bake until the cheese melts.

Build your own

Let your youngster get creative in the kitchen, and she'll be likely to eat the results. She can make kebabs by threading fruit (grapes, melon chunks) and cheese cubes onto toothpicks. Put out cookie cutters for her to cut sandwiches into fun shapes. Or she could spread cream cheese on rice cakes or apple slices and decorate them with raisins or dried cranberries. ●

Feeling good about sports

Participating in sports can build your youngster up...or drag him down. Make athletics a positive experience for him with these strategies:



- Keep games in perspective. At this age, sports should be about having fun and developing skills. Ask about his favorite part of practice or the most interesting play in the game, rather than focusing on his performance or the score.
- Encourage your child to set goals — but make sure the goals are realistic. He might aim to touch the ball three times during a game or to try a move that he's been working on.
- Avoid comments about your youngster's size or body. Concentrate on the friends he is making and the effort he is putting forth ("I love how you tried to get the rebound"). ●



Cafeteria plan

Why should your child buy school meals? Cafeteria meals are healthier than ever because of updated national nutrition standards. Plus, if he gets lunch at school, you can knock "pack lunch" off your to-do list! Consider these two suggestions.

1. Go over the school menu together. He could circle his favorite items and decide what he will put on his tray the next day. Talk up the menu items. ("The chicken burrito sounds really good!") If you're excited about the choices, he will share your excitement.



Q&A How much juice?

Q: My children love to drink juice. Should I try to limit how much of it they drink?

A: The short answer is "yes." While juice has nutrients, it also has a lot of sugar.

Believe it or not, a 12-ounce glass of apple juice can contain 10 teaspoons of sugar—the same as in a can of cola—and a glass of grape juice can have 15 teaspoons of sugar.

Encourage your children to eat fruit rather

than drink juice. They will consume fiber along with more nutrients.

If your kids do have juice, try to limit it to a glass a day. Choose varieties marked 100 percent juice, and stay away from those labeled "fruit drink" or "fruit cocktail." The best bets are orange or grapefruit juice since they have more natural vitamin C and less sugar.

OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfecustomer@wolterskluwer.com
www.rfeonline.com

Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.

ISSN 1935-4630

2. Discuss what he ate.

What did he like best? What would he try again? You might suggest that he write to the cafeteria manager to tell her about his favorite meals. He could also make recommendations for new foods to serve.

Note: If your youngster

has food allergies, alert the cafeteria manager, as well as his teacher and the school nurse. Give each of them a list of foods he's allergic to, possible reactions, and what to do if he accidentally eats one of them.

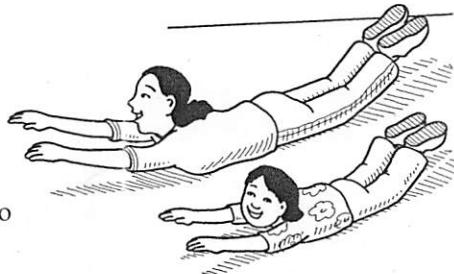


ACTIVITY CORNER Exercise = fun

When children are young, exercise isn't exercise—it's just plain fun! Here are ideas for putting more physical activity into your youngster's day.

Superman

Lie on your tummy with your arms straight out in front of you (as if you're flying). Lift your chest, arms, and legs off the ground at the same time, and hold for five seconds. Lie back down. "Fly" 10 more times.



Bubble jumping jacks

Have your child do jumping jacks as you blow bubbles toward her. How many bubbles can she pop as she jumps? Switch, and let her blow the bubbles as you do jumping jacks.

Freeze dance

Play music, and dance up a storm. When you stop the music, everyone freezes. Hold your poses for 10 seconds, and start the music back up.

IN THE KITCHEN

Rice bowls

For a quick and healthy meal, borrow this idea from Asian cuisine. Cook brown rice, divide it into bowls for each person, and add healthy toppings.

Breakfast: Scrambled eggs, chopped tomatoes, diced green bell peppers, and shredded Monterey Jack cheese

Chicken: Cubed, cooked chicken (use last night's leftovers), microwaved frozen



vegetables like corn, peas, and carrots, and low-sodium teriyaki sauce

Taco: Lean ground beef (browned and drained), canned kidney beans (drained and rinsed), shredded cheddar cheese, and salsa

Note: One-half cup of brown rice provides one serving of whole grains (three servings a day are recommended). Also, rice is gluten-free, so it's a great choice for children with celiac disease or wheat allergies.



Established 1886

Hemingford Chamber of Commerce

P. O. Box 51 Hemingford, NE 69348
www.hemingfordchamberofcommerce.com * hemingfordchamber@bbc.net



2019 MAY NEWSLETTER

HEMINGFORD CHAMBER FEATURED BUSINESS PAT'S CREATIVE * 7355 Gage Rd Hemingford



Pats Creative started in 1975 with a drawer full of embroidery thread by owner Pat Buskirk. It was stationed at Pats house until 1986 when they became an independent Bernina Dealer and built the business on the family farm.

Through the years Pats Creative grew to include sewing machines, lots of fabric, and a complete line of books, patterns, and notions. Pat retired and the business is now run by Sonya Buskirk and daughter Shelley.

Pats Creative carries BERNINA, Janome, And HandiQuilter sewing, embroidery, and quilting machines. With over 5000 bolts of quilting cottons, Cuddle fabric, flannels, and more, they have become the largest sewing shop in the Panhandle. They have continued their bi-monthly Workshops and have many classes and seminars. Highlights each year are the Super Sale Super Bowl Weekend and the annual Fall Sale. They also host an ANNUAL Women's Sewing Weekend Retreat in Scottsbluff at the Hampton Inn. About 70 women attend.



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If you are looking for anything sewing related, or just want to come and see, please stop by. We are open M-F 10-5, and Sat 10-4, Closed on Sundays. And yes, we are located on our family farm at 7355 Gage Rd Hemingford...and GPS doesn't always

get you here so just watch the roads...Go to CR 73 , 3 miles South to Gage, and ½ mile West, then ½ mile south down the driveway! Hope to see you. We are Pats Creative~ Your 1 Stop Sewing Shop!

PINE RIDGE JOB CORPS AN ASSET TO OUR COMMUNITY!

Hemingford Chamber of Commerce President Kathy Gettert and Secretary Joni Jespersen present one of five televisions to Pine Ridge Job Corps Center Director, Tammy Calamari.

The Job Corps has been the catapult in setting up the Hemingford Diorama for over 10 years. Without the hard work of the Job Corps students and instructors, the Diorama was facing the possibility of not being displayed any longer. The collaborative efforts of the Minich family, HHS Shop Class and the Job Corps have helped keep this historical presentation on display each year during the Christmas season. The Hemingford Diorama was created by community members Darien Anderson and Arnold Kuhn as Art



Chamber President Kathy Gettert, Job Corp Director Tammy Calamari and Chamber Secretary Joni Jespersen

Directors under the leadership of creator of the project Reverend James Hoare.

The Job Corps was given the televisions for the activity room for the students to use on their down time. The Job Corps students do a multitude of services in many communities. Additionally, one of the other large contributions they have made for our community was helping construct the new concession stand at Bobcat Field (as depicted in the photo on display at Job Corp headquarters south of Chadron).

THANK YOU, PINE RIDGE JOB CORPS,
FOR YOUR SUPPORT OF OUR
COMMUNITY!!!

BECOME A MEMBER AND GET INVOLVED

(308) 487-3300 -OR- email: hemingfordchamber@bbc.net

NEXT MEETING: JULY 9, 2019 * NOON @ MOBIUS. Mr. Isom Overview of Hemingford School Expansion

Membership dues are as follows: Individual \$25 * 1-9 employee \$50 * 10-50 employee \$75 * over 50 employees \$100

HEMINGFORD COMMUNITY DONATION DRIVE TO FLOOD VICTIMS IN FARWELL, NE



Hemingford and Crawford communities.

Thank you so much to all who donated! What a wonderful community we live in!! Rhonda & Dave along with their friends Kathy and JayDee Smith of Crawford took the trailer full of donations to Farwell on Sunday. Rhonda said that the people there were so very



Rhonda & Dave Swanson, along with Tammy Berry at the Hemingford Ledger headed up a donation drive for the flood victims in Farwell, NE. Donations of all kinds were brought to the Ledger and on Saturday, April 13 people gathered to help load the trailer that the Swanson's had so generously brought down to be



taken to Farwell. We had a wonderful amount of donations from the



Tammy Berry, Marcie Thomas, Rhonda & Dave Swanson

happy to receive everything. They had people lined up to help unload and were unloaded in 20 minutes. She said that Michelle Woitalewicz and her husband have a large building that they have opened up and organized the items as if one were stepping into a store. Shelves that are organized and filled with donations for the people of 8 counties to come and get what they need. Marcie Thomas had made t-shirts and decals that she sold for the event and her proceeds were donated to Peru, NE.

CHAMBER'S BUSINESS APPRECIATION DINNER



(Pictured left)
Chamber President Kathy Gettert, Chamber Member Blanche Randolph and Chamber Secretary Joni Jespersen

A big THANK YOU to
Table Top Meats,
Randolph Family and The
Body Shop



Dave's Pharmacy The Body Shop Westco
Hemingford Community Federal Credit Union
Mobius Communications New Image
Hemingford Ledger Box Butte Development
Hemingford Community Foundation
Hemingford Dental. Box Butte General Hospital
Table Top Meats Panhandle Coop Fix It Frosty
JAV Enterprises LLC. Don & Joni Jespersen
The Cottage Hemingford Care Center
Hemingford Schools Flannel Brothers
Panhandle Public Health Bank of the West
Bates & Gould Rick & Patti Wobig



Hemingford Public Schools Breakfast Menu

May 2019

Milk is served with all meals. Alternative either hot or cold cereal offered every day.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Waffles N' Strawberries or Oatmeal Fruit/Juice	2 French Toast Sausage Links Or PBJ Fruit/Juice	3 Breakfast Pizza Or Cold Cereal Fruit/Juice
6 Biscuits & Sausage Gravy Or Cold Cereal Fruit/Juice	7 Scrambled Eggs Muffins or PBJ Fruit/Juice	8 Pancakes Sausage Patty Or Yogurt Parfait Fruit/Juice	9 Breakfast Casserole or PBJ Fruit/Juice	10 Breakfast Burrito or Cold Cereal Fruit/Juice
13 Breakfast Sandwich or Cold Cereal Fruit/Juice	14 Omelet/Toast Or PBJ Fruit/Juice	15 Waffles N' Strawberries or Oatmeal Fruit/Juice	16 French Toast Sausage Links Or PBJ Fruit/Juice	17 Breakfast Pizza Or Cold Cereal Fruit/Juice
20 Biscuits & Sausage Gravy Or Cold Cereal Fruit/Juice	21 Breakfast Grab N' Go –May take 1 item & 1 drink-No Charge for all Grades	22 	23	24
27 Memorial Day	28	29	30	31

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.65 Adult Breakfast - \$2.15

The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7 - 12 Lunch - \$2.70 Adult Lunch - \$3.85



Hemingford Public Schools Lunch Menu

May 2019

Milk is served with all meals, Fruit/Salad/Vegetable Bar Offered Daily. Each child is required to have $\frac{1}{2}$ cup Fruit/Vegetable. 7-12 may order a pre-made chef salad as their main entrée.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Bowls Dinner Roll	2 Pizza Carrots/Celery	3 Orange Chicken Over Rice Green Beans
6 Hamburgers Country Club Potato Salad	7 Chicken Strips Corn Dinner Roll	8 Spaghetti Peas Breadstick	9 Sweet N' Sour Chicken Over Rice Green Beans	10 Cooks Choice
13 Teriyaki Chicken Over Rice Mixed Veggies	14 Pork Fritters Mashed Potato/Gravy Dinner Roll	15 Pizza Carrots	16 Popcorn Chicken- H.S. Corn Dogs-KDG Sack Lunch 3-6	17 Cooks Choice
20 Chicken Sandwich Tater Tots	21 	22	23	24
27 Memorial Day	28	29	30	31

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The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7 - 12 Lunch - \$2.70 Adult Lunch - \$3.85

Hemingford Public School District #10

							May	2019
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
			<p>● 8:30am: Physicals for 9, 10, 11th Grade</p> <p>● 8:30am: 6th Grade Upshift Day</p> <p>● 12:30pm: Concussion Testing for 6, 7, & 8th Grade</p> <p>Red Day</p>	<p>1</p> <p>● 9:00am: JHTrack @ Morrill Invite - MOVED</p> <p>White Day</p> <p>Golf @ Kimball Invite</p> <p>● 6:00pm: HS Spring Concert</p>	<p>2</p> <p>FFA Meeting</p> <p>Red Day</p> <p>Track @ Bayard B-C-D Invite</p>	<p>3</p> <p>JHTrack @ Western Trails Conference @ Sidney</p>	<p>4</p>	
5	<p>White Day</p> <p>● 6:00pm: FCCLA Awards Celebration</p>	<p>6</p> <p>Red Day</p> <p>Golf @ Bayard Invite</p> <p>● 6:00pm: Elementary Spring Concert</p>	<p>7</p> <p>Senior Last Day</p> <p>● 8:30am: Physicals for 6, 7, & 8th Grade</p> <p>● 9:00am: CSC Scholastic Contest</p> <p>● 1:00pm: Concussion Testing for 9, 10, & 11th Grade</p> <p>White Day</p> <p>Walk/Bike to School Day</p>	<p>8</p> <p>Red Day</p> <p>Golf @ Crawford Invite</p> <p>Track @ Districts - TBD</p>	<p>9</p> <p>Red Day</p>	<p>10</p> <p>● 7:45am: Graduation Practice</p> <p>● 10:00am: Honors Day</p> <p>White Day</p> <p>FFA Banquet</p>	<p>11</p> <p>● 2:00pm: 2019 Graduation</p>	
12	<p>Red Day</p> <p>Golf @ Districts - TBD</p> <p>● 7:00pm: School Board Meeting</p>	<p>13</p> <p>White Day</p> <p>Golf @ Districts - TBD</p> <p>● 6:00pm: Booster Banquet</p>	<p>14</p> <p>● 8:30am: Third Grade Field Trip to the State Patrol</p> <p>White Day</p>	<p>15</p> <p>Red Day</p>	<p>16</p> <p>Last Day of Pre-School</p> <p>● 8:30am: Second Grade Field Trip to Hot Springs Mammoth Site</p> <p>● 9:00am: 3rd through 6th Grade Track Meet</p> <p>● 9:00am: K through 2nd grade Field Day</p> <p>White Day</p> <p>● 7:00pm: Pre-School Graduation @ Multi-Purpose Hall</p>	<p>17</p> <p>Red Day</p> <p>Track @ State - Omaha</p>	<p>18</p> <p>Track @ State - Omaha</p>	
19	<p>White Day</p>	<p>20</p> <p>End of 4th Quarter/2nd Semester</p> <p>Red Day</p> <p>Golf @ State - TBD</p>	<p>21</p>	<p>22</p> <p>Golf @ State - TBD</p>	<p>23</p>	<p>24</p>	<p>25</p>	
26		27	28	29	30	31		

Hemingford Public School District #10

							June	▼	2019 ▼		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
											1
2	3	4	5	6	7	8	Football Team Camp	Football Team Camp	Football Team Camp	Football Team Camp	
9	10	11	12	13	14	15	Back to Bobcat Basics Basketball Camp ● 7:00pm: Sch Board Meeting				
16	17	18	19	20	21	22	Back to Bobcat Basics Basketball Camp				
23	24	25	26	27	28	29	Back to Bobcat Basics Basketball Camp				
30							FCCLA National Leadership Conference @ Anaheim, CA				