

## MTTS CONFERENCE



School faculty attending the MTTTS Conference (Multi Tiered Systems of Support) Preventive based Behavior Support in Lincoln August 29th-31st. Attending Mr. Arneson, Mrs. Plog, Mrs. Morava and Ms. Harris.

### Special points of interest:

- MTTTS Conference
- Mr. Isom-Superintendent
- Mr. Kluver- HS Principal
- Mr. Arneson- Elem. Principal
- Mrs. Hucke- Counselor
- Mrs. Butler- Art Teacher
- Panhandle Autism Conference
- Suicide Walk
- Cheer Clinic
- Activity Schedules
- Nutrition Nuggets
- Lunch & Breakfast Menu

## Picture Day

Wednesday, Sept 12

- \* 7-12 grade portraits
- \* Both morning and afternoon preschool portraits
- \* All volleyball teams
- \* Junior High Football

Thursday, Sept 13

- \* Kindergarten- 6th grade portraits
- \* Cross Country Team
- \* HS Football



# GUBN

## Mr. Isom-School Superintendent

### Hello everyone

I want to thank everyone for the warm welcome. Please be patient with me as I start to get names down. If you see me, please introduce/reintroduce yourself as I get acclimated.

The board met in special session on August 20. NASB representative Shari Becker was present to guide the board and administration through discussion on what the future might look like. At the admin level, MTSS and Effective Teaching model are two areas that we will focus on. We will share more information on these topics during the year. The two areas that the board focused on is facilities. We are one of only three districts that continue to grow. The growth we are showing is causing room issues. We also have modular that have started to show their age. We will be starting discussions and sharing information as we move forward.

You can follow me on Twitter: @gubnboss

### You can reinforce learning outside the classroom

Your middle schooler's education doesn't just happen at school. It happens everywhere! And you don't need a degree to reinforce her learning. You just need to be creative.



To support your child's learning:

- Have her teach you a thing or two. Find out what she is studying at school, and ask her to explain it to you. When she retells the things she's learning, she reinforces those things in her own head.
- Put her knowledge to use. If she just finished tackling fractions in math, have her join you in the kitchen. Show her the real-life importance of what she's learned. "This recipe calls for half a cup of milk, but we only have a 1/3-cup measurer. How can we figure out the right amount?"
- Expose her to new things. Every meaningful experience your child has--from a trip to a garden center to a zoo visit--has an impact on her learning. On your next outing, ask her how what she is seeing relates to what she is learning in school.

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## Mr. Kløver-High School Principal



Well the new school year is fully underway and students and staff are busy at work. The students and staff are all adjusting to the new 8 period day as well as the many other changes we made this year to benefit our students. I wanted to take this opportunity to thank the school board, administration, staff, and students for accepting the changes and working hard to implement them. They are all intended to improve the educational experience our students are given.

Our theme or motto this year comes directly from the Nebraska Department of Education. “**Be Kind**” is something we all need to do and be every single day in a school setting. Please encourage each other to keep this theme in mind when we are in our wonderful school.

Fall sports have begun and the student athletes are giving their best effort. It is always great to see our students be involved in our school activities and attend all of our games as they can. Thanks to the generosity of the school board, all 7-12 students have been given free activities passes for all home events. Passes are still available in the office for those that wish to purchase them as they have been in the past.

Changes to the athletic and activity schedule can and does occur. We do encourage patrons to follow us on Twitter at [@HemingfordDist](https://twitter.com/HemingfordDist) and on Facebook at [Hemingford Public Schools](https://www.facebook.com/HemingfordPublicSchools) as well as on our SchoolWay app.

Please contact me at the school if you have any questions, comments, or concerns. #GUBN

## Mr. Arneson-Elementary Principal

After the first two weeks of school, the students are doing a great job of learning all the procedures at school. I wanted to remind everyone of some of the other procedures we use to keep our school running and our students safe.

If you have student who is home ill, please call the school and let us know. You can call before 7:00 a.m. and leave a message. Our responsibility to to ensure the safety of all our students so that is why we will call if your child is absent and we haven't heard from you. If your child vomits, or has a fever, they should be free of those symptoms for 24 hours before returning to school. This will help us keep our school more germ free and hopefully prevent sickness from spreading.

As the weather gets cooler, we do our best to provide quality time outside. It's important to our young students that they have the opportunities to engage in social play with their peers. However, there are times that we will need to be inside specifically in the case of heavy precipitation or bitter cold. At Hemingford Elementary school we make every attempt to be outside unless the air temperature or wind chill is below 10 degrees. As autumn progresses, please remember to send appropriate weather gear for morning recess time. The high temperature might be 75 but the mornings can be in the 40s.

At dismissal time I would like everyone to use the crosswalk in front of the school. As harvest time continues, there can be a lot of traffic and sometimes visibility is limited with the cars parked along the street. Using the crosswalk can help everyone head home safely.



**Mrs. Hucke-School Counselor**

# C O U N S E L O R ' S

## O R N E R

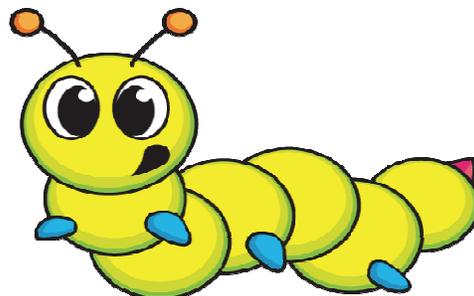
During the month of September, the K – 2<sup>nd</sup> graders will be meeting Casey the Caterpillar and Mury the Mannerly Mouse. This year we will be working on the topics of bullying, manners, and kindness.

**7<sup>th</sup> – 12<sup>th</sup> graders Get Involved** – Start the school year by getting involved in extracurricular activities to increase your chances for scholarships and admission to college.

**Seniors and Parents – Education Quest Financial Aid night – September 12, 2018 in the Distance Learning room at 5:30 p.m. Please plan to attend. After Education Quest presents we will be having a meeting about your life after graduation. You will receive a reminder letter in the mail. We will cover release of transcripts, college visits, ACT test dates, signing up for the ACT, scholarships, world of work after graduation, military visits, etc.**

To take the ACT test on October 27, 2018 the next registration date is September 28, 2018. Please see me if you are planning on taking the October test. I will be glad to help you with the registration process. Parents if you have any questions, please come in and see me or give me a call @ (308)487-3328. The John Baylor ACT Test Prep classes will be offered again this year.

**At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents.**



## From the Tap Dancing Art Teacher:



Hello Bobcat Parents! It has been an amazing first couple of weeks of school. I have enjoyed every minute of interacting ALL with your students, K-12 and getting to know them. We've spent our time in the Art Room creating work that gives me a little deeper glimpse into these incredible people I get to spend each day with, as they've worked on projects that introduce themselves, their interests and their personalities to me. I can't wait to put everything on display throughout the school!

In September, we will be studying the work and life of Abstract Expressionist painter, Wassily Kandinsky, and the way the culture of his native country - Russia - influenced his art. We'll be listening to lots of music while we create, and talking about the feelings that are evoked as we work, because Kandinsky believed that one could hear music through art. His work lends itself well to learning about the Elements of Art, and we'll be focusing particularly on the ways Line, Color and Shape can express meaning in Abstract Art. We'll also bring in some Science, Math and Language Arts as we explore this wonderful artist and style. I'm really excited!



This month, we also have a BIG collaborative project as we're gearing up for Homecoming Week, October 1-5. Each class will use a different medium (painting, oil pastels, needle felting, ceramics...) to create 3X3 "tiles" for a giant mosaic mural that will be displayed in the school (location TBD).



The theme of this mural is: "Hemingford Has He" *ART*  
"

Each tile will contain a paw print, with the paw part in the shape of a heart. We'd like to invite all HPS staff members, parents and community members to create their own 3X3 tile that will be added to our mural. We have such a tight knit, loving and supportive community, what better way and time to collectively show that we have heart than during Homecoming Week? I am so excited to see what everyone creates together! Please have your tiles to me by Tuesday, September 25th so I have time to

assemble our masterpiece.

Also, for those students in grades 7-12 who are interested in attending the informational meeting about our "Artists of France and Spain" tour that is planned for this coming June, the date and time for that meeting were rescheduled due to overwhelming response. All families interested in this tour should attend this mandatory meeting on Thursday, September 6th at 6:00 pm, where we will discuss all of the details of this once in a lifetime travel opportunity! Location will be determined as I receive RSVP's and know what size of group to accommodate. You can RSVP for the meeting by visiting:



<https://tinyurl.com/Butler2019>

### Upcoming Dates to Remember:

Thursday, September 6th @ 6:00 pm - Informational Meeting for France & Spain Trip

Thursday, September 13th - Deadline for Committed Enrollment in "Artists of France & Spain" Tour

Tuesday, September 25th - Deadline for "Hemingford Has He'ART" Tile Submission.

# Panhandle Autism Conference

Please join us for the 1st annual Nebraska Panhandle Autism Conference. Speakers from the Western Region Autism Team look forward to sharing information from the 2018 Nebraska State Autism Conference, answering your questions, and leading collaborative discussions. Topics include: Anxiety and Autism, Behavior Intervention Plans, Supporting Students Outside of Structured Learning Times, and Sensory Strategies.

## WHO:

Everybody! Parents, teachers, educational service providers, agency representatives, and anybody else who is passionate about supporting individuals with Autism.

## WHERE:

Live site @ Educational Service Unit #13 Conference Room C in Scottsbluff (4215 Ave I) or Zoom link (to join from a computer wherever you are...link will be sent out closer to conference time)

## WHEN:

Tuesday, October 9, 2018 from 9:00-3:00 Mountain Time

## REGISTRATION:

This conference is free! Please register by October 2 by using the following link: <https://goo.gl/forms/j63rnfsIzts1Gxy82>



**Walk to  
Prevent Suicide  
Out of the Darkness  
Community Walk**

**Saturday, September 15, 2018**

Meet at the Alliance High School PAC,  
Commons area

Registration 7:30-8 am

Walk begins at 8 am

Pre-register at <https://afsp.donordrive.com>

For more information, contact Donna Jones at  
(308)760-4188 or Janelle Visser at  
Panhandle Public Health District  
at (308)487-3600 ext. 105.

# MINI CHEER CLINIC



**WHEN:** WEDNESDAY SEPT 26TH  
FROM 4 O'CLOCK to 6 O'CLOCK  
(Pick up will be in front of school)

**WHERE:** IN THE RED ZONE

PERFORMING AT THE HOME GAME SEPTEMBER 28TH

PLEASE RETURN BY SEPT 14TH TO DEB AT ELEMENTARY OFFICE

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COST: FOR THE CLINIC IS \$30 AND INCLUDES A SHIRT -UNLESS YOU HAVE ALREADY ATTENDED THE CLINIC THIS SUMMER THEN THE COST IS \$10

NAME OF PARTICIPANT \_\_\_\_\_

PARENT AND CONTACT NUMBER

\_\_\_\_\_  
EMERGENCY CONTACT AND NUMBER

\_\_\_\_\_  
PLEASE CIRCLE SHIRT SIZE YS YM YL YXL AS AM AL AXL

## COMMUNICATION SOURCES

### HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent  
Mr. Daniel Kluver, High School Principal  
Mr. Eric Arneson, Elementary Principal  
Mrs. Mandy Plog, Special Education Director

PO Box 217  
911 Niobrara Avenue  
Hemingford NE 69348

Phone: 308-487-3328 High School  
Phone: 308-487-3330 Elementary  
Phone: 308-487-5252 Distance Learning  
Fax: 308-487-5215



In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students  
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



### INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site ([www.hemingfordschools.org](http://www.hemingfordschools.org)), and Mobius web site ([www.bbc.net](http://www.bbc.net)).**

### SchoolWay

Notifications for inclement weather and other school news will be sent to parents by SchoolWay powered by Jostens. SchoolWay is a free app that is downloaded to a mobile device that will receive alerts sent out by the school. To get the app go to [myschoolway.com](http://myschoolway.com). Enter the WayCode **rg464h**.

School notifications will also will be posted through the school Facebook, website and local radio stations. If you have any questions please contact school at 487-3330.

### EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

### Web-Email Lunch Account System

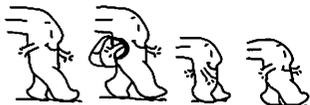
Access your current account information online-at [www.hemingford schools.org](http://www.hemingford schools.org) and click the button on the right labeled "What's for Lunch".

# Nutrition Nuggets

Food and Fitness for a Healthy Child

September 2018

Hemingford Public Schools



## BEST BITES

### Wash your hands

Want to lower the chance of your child getting sick or spreading germs? Make it a family habit to wash hands regularly—and always before preparing food or eating. Scrub with soap and warm water for at least 20 seconds, about the time it takes to sing the alphabet song.

### Balance like a squirrel

Fun fact: Squirrels use their tails for balance as they scurry across branches. For a playful way to work on balance, have your child pretend she's a squirrel. Let her use chalk to draw a line on the sidewalk. She can run along the line, one foot in front of the other. Ask how she balances (perhaps with her arms out at her sides).



## DID YOU KNOW?

Your youngster could eat a different kind of apple every day for 20 years! That's because apples come in more than 7,500 varieties. Challenge him to count the types at your grocery store or farmers' market. He could keep a list of ones he tries, perhaps putting a star beside his favorites. *Bonus:* They're all excellent sources of fiber and good sources of vitamin C.

### Just for fun

**Q:** What has to be broken to be used?

**A:** An egg.

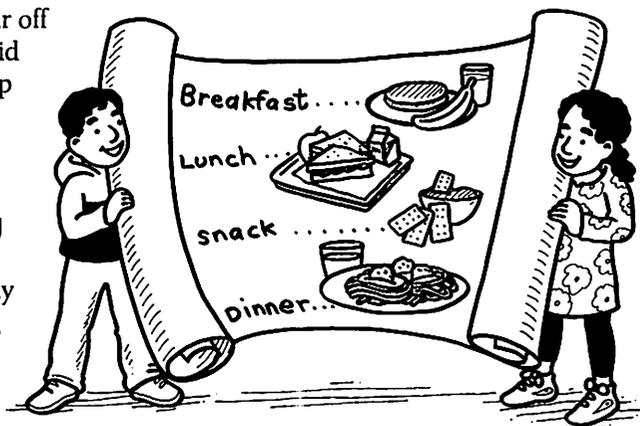


## Routines for healthy eating

Starting a new school year off right includes setting up solid routines for eating well. Help your youngster map out a good strategy for each part of her day.

### Jump-start the morning

A healthy breakfast prepares your child for a full day of learning. Consider letting her eat breakfast in the school cafeteria. She'll save time and get a balanced meal with whole grains, protein, low-fat dairy, and fruit. *Idea:* Have her make a "breakfast tracker" chart. Every day, she could draw a different-colored star for each food group she ate from.



she could eat half of a turkey and tomato sandwich with a glass of milk before she tackles homework.

### Fuel up at dinner

Try to eat dinner together, even on busy evenings. Fitting dinner prep into your morning routine is one way to make this happen. For example, put chili ingredients into a slow cooker. Another idea is to prepare the night before, perhaps marinating chicken and cutting up vegetables. ●

## "Fall" for physical activity

The longer, warmer days of summer are winding down. Use these ideas to keep up your child's physical activity when fall arrives.

● **Be active in school:** Encourage your youngster to wear sneakers every day so he's comfortable playing at recess. He might also join an after-school activity like a running club or a kickball team.

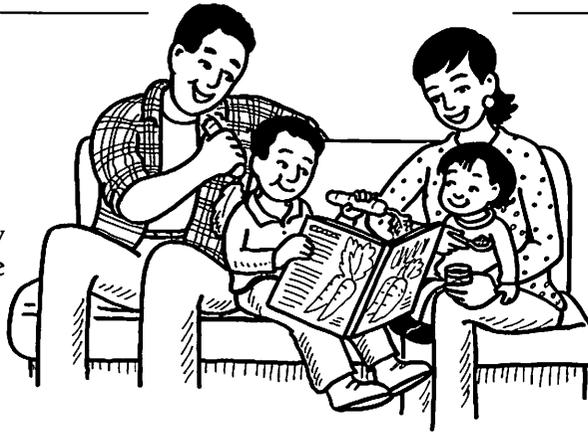
● **Take advantage of daylight:** Let your child play outside right after school or child care. Consider saving chores for after dinner.

● **Dress appropriately:** It's great to play outside year round. In cooler weather, layers are ideal because your youngster can shed them as exercise warms him up. ●



# Books that inspire good nutrition

Picture books offer a fun way to drive home messages about healthy eating. They can also encourage picky eaters to be more adventurous. Here are topics, books, and activities for getting started—ask your child's school librarian for more book recommendations.



**Topic:** Cooking

**Book picks:** *Growing Vegetable Soup* (Lois Ehlert), *Good Enough to Eat* (Lizzy Rockwell)

**Activity:** Follow a recipe from the book together, but let your child put his own twist on it. Maybe he'll add mini whole-wheat pasta shells to soup or make yogurt pops with his own combinations of fruit.

**Topic:** Fruits and vegetables

**Book picks:** *Blueberries for Sal* (Robert McCloskey), *Creepy Carrots!* (Aaron Reynolds)

**Activity:** Talk about how the characters prepared their fruits and veggies, and brainstorm different ways to serve them in your home. You could make blueberry and cottage cheese "pizzas" on English muffins or put together a carrot-and-raisin salad.

**Topic:** Picky eaters

**Book picks:** *Gregory, the Terrible Eater* (Mitchell Sharmat), *The Seven Silly Eaters* (Mary Ann Hoberman)

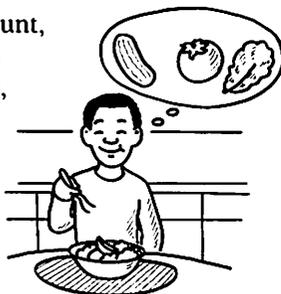
**Activity:** Ask your youngster to draw a picture of foods that both he and the characters like to eat. Now have him draw a food that they might all want to try! ●



## PARENT TO PARENT Mindful eating

I recently read that "mindless eating" can lead to overeating and weight gain. I recognized my son in this article—sometimes I feel like he inhales his food without even tasting it!

I asked my aunt, who works in a school cafeteria, for advice. She suggested that we make it a habit at meal-time to slow down and talk about what we're



eating. She said a good trick is to close your eyes while chewing so you can concentrate on the textures and flavors.

My aunt also said we should turn off the TV so we focus on our food rather than on a show. I'm hoping that eating "mindfully" will slow my son down—and help him realize when he's full so that he doesn't overeat. ●

## ACTIVITY CORNER Take a hike, family-style!

Hiking is a heart-healthy activity that also strengthens your youngster's (and your) muscles. Try these tips for a successful family adventure:

- Stop by the visitor center or ranger station at a state or national park, or search online for "family-friendly hikes" in your area. Choose a trail that's suited to your child's stamina and ability by considering the distance and the terrain (hilly or flat, rocky or smooth).
- Build in stops to share a healthy snack, rest, and appreciate nature. Together, make a list of things to spot (moss growing on a rock, a red bird, a furry animal, a yellow flower). Let your youngster bring a magnifying glass for a close-up look at bugs and plants. Or have her pack a sketchpad and crayons so she can create crayon rubbings of tree bark or draw the view from scenic overlooks. ●



## IN THE KITCHEN Stuffed veggies

With these nutritious recipes, your youngster can have her "bowl" and eat it, too.

### Chicken-salad tomatoes

Combine 3 cups cooked, shredded chicken with  $\frac{1}{4}$  cup chopped celery and 3 tbsp. light mayonnaise. Cut 3 large tomatoes in half, and remove the insides. Divide the chicken salad into the tomato halves.

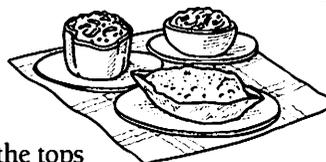
### Cheeseburger peppers

Cook 1 lb. lean ground turkey. Drain fat, and stir in  $\frac{1}{4}$  cup diced onions. Slice off the tops of 3 bell peppers, and remove the seeds.

Fill with the turkey mixture, and top each pepper with 2 tbsp. shredded cheddar. Bake at 350° for 25 minutes.

### Apple-cinnamon sweet potatoes

Pierce 4 sweet potatoes a few times with a fork, and bake at 425° for 45 minutes. Cut the potatoes in half. Scoop out the insides, and mash them in a bowl with 1 apple (peeled and chopped), 1 tbsp. butter, 1 tbsp. brown sugar, and  $\frac{1}{4}$  tsp. cinnamon. Spoon into each potato half. ●



**OUR PURPOSE**  
 To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.  
 Resources for Educators,  
 a division of CCH Incorporated  
 128 N. Royal Avenue • Front Royal, VA 22630  
 800-394-5052 • rfcustomer@wolterskluwer.com  
 www.rfeonline.com  
 Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.  
 ISSN 1935-4630



# Hemingford Public Schools Lunch Menu

## September 2018

Milk is served with all meals, Fruit/Salad/Vegetable Bar Offered Daily.  
Each child is required to have ½ cup Fruit/Vegetable. 7-12 may order a pre-made chef salad as their main entrée.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Labor Day No School</b> 	<b>4</b> Corn Dogs Mac/Cheese Carrot Sticks	<b>5</b> Pork Tenderloin W/Gravy Long Grain Wild Rice Dinner Roll	<b>6</b> Chicken and Noodles over Mashed Potatoes Dinner Roll	<b>7</b> Chili Cheese Fries Green Beans Cookie
<b>10</b> Hot Ham and Cheese Cheesy Broccoli Rice	<b>11</b> Baked Potato Bar Dinner Roll	<b>12</b> Chicken Bowl Dinner Roll	<b>13</b> Cavatini Green Beans Breadstick	<b>14</b> Taco Refried Beans Zucchini Bars
<b>17</b> Roast Beef Sub Cheesy Broccoli Rice	<b>18</b> Turkey Gravy over Mashed Potatoes Green Beans Dinner Roll	<b>19</b> Hamburgers Baked Beans	<b>20</b> Salisbury Steak Mashed Potatoes/Gravy Peas Dinner Roll	<b>21</b> Beefy Nacho Fruit Crisps
<b>24</b> Chicken Sandwich Corn	<b>25</b> Beef N' Bean Burrito Refried Beans	<b>26</b> Shepard's Pie Dinner Roll	<b>27</b> Teriyaki Chicken w/Rice Green Beans	<b>28</b> Bobcat Taco Banana Bars

Menus are subject to change

*USDA is an equal opportunity provider & employer.*

**The Hemingford Public School provides lunches in accordance with the National School Lunch Program.**

*The cost of a breakfast is as follows: PreK-12 - \$1.65 Adult Breakfast - \$2.15*

*The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7-12 Lunch - \$2.70 Adult Lunch - \$3.85*

**Questions email [pjesse@gubn.org](mailto:pjesse@gubn.org)**



# Hemingford Public Schools Breakfast Menu

## September 2018

Milk is served with all meals Grab N' Go for Jr. and Sr. High pick 3 items in line or on corner table, (water not included) as of 1 of 3 items. Check out and go directly to class. Breakfast starts @ 7:45 a.m.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Labor Day No School</b>  	<b>4</b> Scrambled Eggs Muffins or PBJ Fruit/Juice	<b>5</b> Pancakes Sausage Patty or Yogurt Parfait Fruit/Juice	<b>6</b> Breakfast Casserole or PBJ Fruit/Juice	<b>7</b> Breakfast Burrito or Cold Cereal Fruit/Juice
<b>10</b> Breakfast Sandwich or Cold Cereal Fruit/Juice	<b>11</b> Omelet Toast Or PBJ Fruit/Juice	<b>12</b> Waffles N' Strawberries Or Cereal Fruit/Juice	<b>13</b> French Toast Sausage Links Or PBJ Fruit/Juice	<b>14</b> Breakfast Pizza or Cold Cereal Fruit/Juice
<b>17</b> Biscuits & Sausage Gravy or Cold Cereal Fruit/Juice	<b>18</b> Scrambled Eggs Muffins or PBJ Fruit/Juice	<b>19</b> Pancakes Sausage Patty or Yogurt Parfait Fruit/Juice	<b>20</b> Breakfast Casserole or PBJ Fruit/Juice	<b>21</b> Breakfast Burrito or Cold Cereal Fruit/Juice
<b>24</b> Breakfast Sandwich or Cold Cereal Fruit/Juice	<b>25</b> Omelet Toast Or PBJ Fruit/Juice	<b>26</b> Waffles N' Strawberries Or Cereal Fruit/Juice	<b>27</b> French Toast Sausage Links Or PBJ Fruit/Juice	<b>28</b> Breakfast Pizza or Cold Cereal Fruit/Juice

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**Questions or comments email [pjesse@gubn.org](mailto:pjesse@gubn.org)**

## Calendar Events September 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3 Labor Day - No School	4 Red Day 5:00pm JHFB vs. Kimball 5:00pm VVB @ Crawford Triangular 6:00pm JVFB @ Gordon-Rushville	5 White Day	6 Red Day	7 White Day 1:00pm JH / HS CC @ Kimball Invite 5:00pm VFB @ Burwell	8 8:00am JV/VVB @ Sheridan County Invite
9	10 Red Day 4:00pm JHVB @ Morrill 5:00pm JHFB @ Morrill 5:00pm JVB vs. Mitchell/Morrill Triangular 6:00pm JVFB vs. Crawford 7:00pm School Board Meeting 7:00pm School Board Meeting	11 White Day 4:00pm JH / HS CC @ Bridgeport Invite	12 Red Day 5:30pm Educational Quest Financial Aid Night	13 White Day 3:30pm JHVB @ Bridgeport 5:00pm JHFB @ Gordon - Rushville 5:00pm JV/VVB @ Edgemont	14 Red Day	15 9:00am VVB Hemingford Invite 9:00am JH / HS CC @ Alliance Invite
16 FCCLA Fall Leadership Workshop @ Kearney	17 White Day FCCLA Fall Leadership Workshop @ Kearney 5:30pm JHVB vs. Gordon - Rushville 6:00pm JVFB @ Morrill	18 Red Day 8:30am Kids Fitness and Nutrition Day 5:00pm VVB @ Bridgeport/Morrill Triangular	19 White Day 12:30pm FCCLA Gift Sales Meeting	20 Red Day 4:00pm JH / HS CC @ Gordon-Rushville Invite 5:00pm JHFB vs. Hay Springs	21 White Day 7:00pm VFB @ Kimball	22 JHVB @ Panhandle Conference - Harrison 8:00am JV/VVB @ Mitchell Invite
23	24 Red Day 5:00pm VVB vs. Bayard / Bridgeport Triangular 6:00pm JVFB vs. Bridgeport 7:00pm FCCLA Chapter Meeting	25 White Day 4:00pm JHVB @ Garden County 5:00pm JHFB @ Garden County	26 Red Day	27 White Day 2:30pm JH / HS CC @ Bayard Invite 2:45pm Big Brother/Big Sister	28 Red Day 2:00pm VFB vs. Sutherland	29 9:00am JHVB vs. Hemingford Invite
30						

## Calendar Events October 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	<b>1</b> White Day 4:00pm JHVB @ Crawford 5:00pm JHFB @ Crawford 5:30pm JVFB @ Garden County 6:00pm JV/VVB vs. Crawford	<b>2</b> Red Day One Act Play Auditions	<b>3</b> White Day	<b>4</b> Red Day 7:00am Staff Flu Shots	<b>5</b> White Day JH / HS CC @ Western Trails Conference - Morrill 7:00pm VFB vs. Bayard (Homecoming)	<b>6</b> 8:00am JVVB @ Gordon - Rushville Invite 8:00am JV @ Gordon - Rushville Invite
<b>7</b>	<b>8</b> Red Day 4:00pm JHVB vs. Hay Springs 6:00pm JVFB vs. Kimball 7:00pm School Board Meeting	<b>9</b> White Day	<b>10</b> Red Day 7:30am Walk to School Day	<b>11</b> White Day HS CC @ Districts 4:00pm JHVB vs. Bayard 5:00pm JV/VVB @ Bayard	<b>12</b> Red Day 7:00pm VFB @ Morrill	<b>13</b> VVB @ Panhandle Conference - Morrill
<b>14</b>	<b>15</b> White Day 5:00pm JVVB @ Gordon - Rushville	<b>16</b> Red Day 5:00pm JV/VVB @ Hay Springs	<b>17</b> End of 1st Quarter White Day	<b>18</b> Red Day	<b>19</b> White Day HS CC @ State 7:00pm VFB vs. Perkins County	<b>20</b> VVB @ Western Trails Conference - Gordon-Rushville
<b>21</b>	<b>22</b> Red Day 5:00pm VVB vs. Crawford / Sioux County Triangular	<b>23</b> White Day 2:45pm Big Brother/Big Sister	<b>24</b> Fall Break - No School FCCLA District 12 Conference @ Alliance 8:00am Teacher In Service 2:00pm Fall Parent Teacher Conferences	<b>25</b> Fall Break - No School VFB Playoffs - 1st Round	<b>26</b> Fall Break - No School	<b>27</b> 9:00am JHWR @ Banner County Invite
<b>28</b>	<b>29</b> Red Day VVB Subdistricts 7:00pm FCCLA Chapter Meeting	<b>30</b> White Day VVB Subdistricts	<b>31</b> Red Day VFB Playoffs - 2nd Round			