

# Bobcat Bits

JANUARY 2017

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## Mr. Ningen– School Superintendent



### WINTER IS HERE

Cold temps and winds will soon be the norm as we venture into Winter.

With that in mind, our top priority is the welfare of our students. Their safety at school, and on the way to and from school is paramount.

There are usually two reasons that our school district starts classes late or cancels classes completely for a day: Low visibility or poor road conditions. High wind usually plays a factor in both of those cases, and we are often blessed with high winds in this area.

I would ask that our parents, grandparents, students, and district patrons be watchful of weather conditions in the area where they live in particular, since our district is a large one. Even if school is still on schedule, there are certainly times when a corner of our district has conditions that can cause parents to keep their children (and themselves) at home.

When our school calls for a late start, early out, or no classes entirely, you can find that information on our facebook page, our school web page, on local radio websites in Chadron, Alliance, and Scottsbluff, and you may also receive an early morning phone call letting you know.

Though these many sources usually suffice, they are imperfect, just as I am. I am asking that all parents, staff members, and students use reason, intellect, and common sense as we enter the winter months.

Dress appropriately or carry extra winter clothes with you in your vehicle, along with a shovel, a flashlight, your cell phone (your charger), a scraper or brush to keep your windows clear, and a sandwich or two.

If you haven't already checked the anti-freeze, the tires, the car battery, the hoses, and the belts, please do. Remember we all want each other to be safe.





## Foster's Facts

[pfoster@hemingfordschools.org](mailto:pfoster@hemingfordschools.org)

Hopefully students will have a restful holiday to catch up on sleep and get healthy because once we are back-off we go again. There are many activities throughout the month of January. Students have to juggle many schedules and still find time to eat and sleep as well as homework. To help with the homework piece, I suggest a New Year's Resolution for students to attend SST.

Please continue to monitor the website calendar and Facebook page for updates to the events on scheduled times. Enjoy your break; see you back here on Monday, January 2, 2017.

## Academic Information

### End of the Semester—January 13th

When students return from Christmas break, students will have a week or so for final presentations and review before semester testing which will occur during their regular class periods. JR/HS Report cards will be mailed out January 17 or 18, 2017.

### Semester Grades



The semester grade is the average of 1<sup>st</sup> and 2<sup>nd</sup> quarter which is how a student earns credit toward graduation. One of the first questions, you may ask your child is “Are you giving your best effort?” or “Was there something more you could have done to improve your grade?” If the semester grade is below 70%, no credit is issued and students will have to retake the class. Teachers are willing to help, but students need to make an effort to

receive help. There is always room in SST.

### Honor Roll

The honor roll includes grades 4-12 for the 2<sup>nd</sup> Quarter and 1<sup>st</sup> Semester. It will be published in the newspaper as well as the next newsletter. The Distinguished List will include the names of those students who have earned all “A’s”. The Honor List will include the names of those students who have all “A’s” and “B’s” and have earned an average of 90% and above.



### Local Science Fair – January 17

Mr. Brummer and his science students will be hosting a Science Fair at the local level sponsoring two divisions. Winners may advance to the Regional Competition on March 1, 2017 in Scottsbluff. The public is invited to check out the projects.

### Spelling BEE on January 25

Students in Grades 7 and 8 will have the opportunity to participate in the Box Butte County Spelling Bee held on January 25. Mrs. Smaha works with the students prior and has a mini bee (if needed). Hemingford can enter 10-15 students in the Alliance competition. All students are encouraged to try.



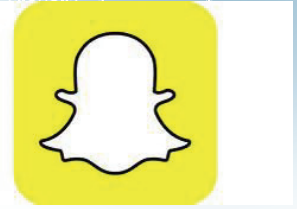
### ASVAB Test—January 31

Hemingford will be administering the ASVAB test for the career interest inventory as well as for those students interested in a military branch. This is given at no charge to all sophomores. Interested Juniors and Seniors may also take this test. If you have questions, please contact Mrs.

Hucke.



**Grade 6-8 and 9-12 Assembly—January 5:** Chuck Elley, retired NE Highway Patrol and independent consultant will be returning to our school to address students in an assembly setting. A number important topics including internet safety, apps, cyberbullying, sexting, how to prevent and report bullying. All these topics are geared toward students making smart choices. He will address students in two age groups: 6-8 and 9-12 so that the information is target-age specific. Presentations will last approximately 1 hour with time for questions.



**Attention –All Juniors and Families—Mark Your Calendar Now!!**



**STATE Mandated Testing Date will be  
Wednesday, April 19, 2017 (Jrs must be in school this day)**

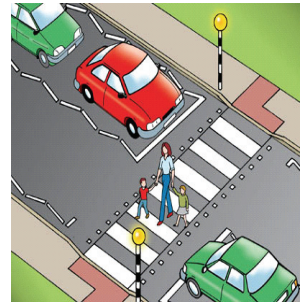
All Junior are required to take the ACT Test (replaces NeSA for Juniors)



# Mr. Arneson-Elementary Principal

December has sure flow by and January is nearly upon us. I hope the Christmas break was enjoyable to all, and everyone is rested up for the New Year.

At dismissal time, it is important that everyone uses the crosswalk to cross the highway. Crossing between the parked vehicles can create a situation where oncoming traffic cannot see people crossing which could cause an accident. Please remind your children to use the crosswalk so they may arrive home safe.



The students will be outside for recess as often as possible and it is essential that they come dressed for cold weather. Also, if there would be an emergency and we would need to leave the building, we may have to spend time outside in the elements. If your children are missing a coat or other cold weather gear, have them check the lost and found. The office is the home for the lost and found and items are collected almost every day.



Thank you to all the family members that attended the Christmas Music concert. I thought the turnout was wonderful and the students sounded terrific. Thank you for supporting our music program and the students with your presence.



# Nurse Amber



## Why is HANDWASHING so important?

### First Line of Defense Against Germs

Germs can spread many ways, including:

- touching dirty hands
- changing dirty diapers
- through contaminated water and food
- through droplets in the air released during a cough or sneeze
- on contaminated surfaces
- through contact with a sick person's body fluids

When kids come into contact with germs, they can unknowingly become infected simply by touching their eyes, nose, or mouth. And once they're infected, it's usually just a matter of time before the whole family comes down with the same illness.

Good hand washing is the first line of defense against the spread of many illnesses — from the common cold to more serious infections, such as [meningitis](#), [bronchiolitis](#), [the flu](#), [hepatitis A](#), and most types of infectious [diarrhea](#).

### Washing Hands Correctly

Here's how to scrub those germs away. Teach this routine to your kids — or better yet, wash your hands together often so they learn how important this good habit is:

1. Wash your hands in warm water. Make sure the water isn't too hot for little hands.
2. Use soap and lather up for about 20 seconds (antibacterial soap isn't necessary — any soap will do). Make sure you get in between the fingers and under the nails where germs like to hang out. And don't forget the wrists!
3. Rinse and dry well with a clean towel

To minimize the germs passed around your family, make regular hand washing a rule for everyone, especially:

- before eating and cooking
- after using the bathroom



## Nurse Amber

- after cleaning around the house
- after touching animals, including family **pets**
- before and after visiting or taking care of any sick friends or relatives
- after blowing one's nose, coughing, or sneezing
- after being outside (playing, gardening, walking the dog, etc.)

Don't underestimate the power of hand washing! The few seconds you spend at the sink could save you trips to the doctor's office.

### Why is **PERSONAL HYGEINE** so important?

As children approach puberty they will experience many changes within their bodies. At puberty, sweat glands start to produce more secretions. When these secretions are exposed to air and moisture they produce body odors. **Children can tease each other or even bully other children because of body odor or their personal hygiene practices.**

### Encourage your children to follow these steps to help them feel clean and fresh:

- Have regular showers or baths with soap to help get rid of the dirt and oil on their skin and reduce the bacteria that can lead to body odor. Encourage the use of antiperspirants as well.
- Clothes can absorb body odor as well – ensure that your child's clothes are washed regularly and wear clean clothes daily.
- Ensure shoes are not worn without socks and change socks daily.
- Send a change of clothes for your children to change into after gym class if needed.
- Brush and floss daily for oral hygiene. Children's teeth should be brushed for a minimum of two minutes at least twice a day (in the morning and in the evening before bedtime).



## Fall Academic All-State



The Nebraska School Activities Association has just announced the student recipients of the fall 2016-2017 Nebraska Chiropractic Physicians Association (NCPA) Academic All-State Awards.

Since 2006 this NSAA award program has recognized students who meet the criteria for nomination by their school in the season of their activity.

Each year the NSAA and the NCPA recognize students during fall, winter and spring seasons who are nominated by their schools for their individual academic excellence, leadership and significant contributions in their NSAA activity.

Hemingford recipients are as follows:

### ***Boys Cross Country***

Kobe Coryell  
Luke Cullan

### ***Football***

Carter Buchheit  
Dylan Ernesti

### ***Play Production***

Carli Cullan  
Natalie Gasseling

### ***Volleyball***

Natalie Gasseling  
Faith Rohrbouck





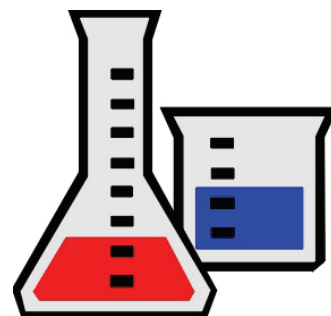


## Hemingford Local Science Fair



I am excited to announce that we will be hosting a Local Science Fair at Hemingford High School on Tuesday, January 17. Students will be expected to have their project set up in the Red Zone at 8:00 am. Judging will begin right after school starts at around 8:25 am. After judging is completed at around 11:15 am, the fair will be opened to the public. Everyone is welcome to come and see all the projects the students have prepared. After school ends at 3:30 pm, we will have the awards ceremony to announce winners and give away prizes. The top five senior high projects and top five junior high projects will be chosen to participate at the regional science fair in Scottsbluff on March 1st. Other prizes from the community will be awarded as well.

We are also looking for prominent members of the community who would like to be a judge or supply a prize to be given away. If you have any questions or are interested in supporting this opportunity for our students, contact Mr. Brummer by calling the school or email at [jbrummer@hemingfordschools.org](mailto:jbrummer@hemingfordschools.org).



**HEMINGFORD PUBLIC SCHOOLS**

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent  
Mrs. Peggy Foster, High School Principal  
Mr. Eric Arneson, Elementary Principal  
Mrs. Mandy Plog, Special Education Director

PO Box 217  
911 Niobrara Avenue  
Hemingford NE 69348

Phone: 308-487-3328 High School  
Phone: 308-487-3330 Elementary  
Phone: 308-487-5252 Distance Learning  
Fax: 308-487-5215



**COMMUNICATION SOURCES**

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students  
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



**EQUAL OPPORTUNITY**

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

**Web-Email Lunch Account System**

Access your current account information online-at [www.hemingford schools.org](http://www.hemingford schools.org) and click the button on the right labeled "What's for Lunch".

**INCLEMENT WEATHER**

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site ([www.hemingfordschools.org](http://www.hemingfordschools.org)), and Mobius web site ([www.bbc.net](http://www.bbc.net)).**

**SCHOOL MESSENGER**

If you have not been contacted by "School Messenger" our web based calling system to alert parents of school cancellations, late starts or any other events, please contact the school. You may have changed phone numbers, or disconnected numbers the school is unaware of. Also, if you don't want to be contacted please notify us so we can take you off of the calling list. Please call the school of any changes at 487-3330.



# Hemingford Public Schools Breakfast Menu

**January 2017**

Milk is served with all meals. Alternative: Either cold or hot cereal will be offered everyday.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Pancakes Sausage Link Juice	<b>3</b> Breakfast Burrito Juice	<b>4</b> Waffles Yogurt Cup Juice	<b>5</b> Scrambled Eggs Muffins Juice	<b>6</b> Breakfast Casserole Juice
<b>9</b> French Toast Sausage Juice	<b>10</b> Breakfast Sandwich Juice	<b>11</b> Breakfast Pizza Juice	<b>12</b> PB Jelly Sandwich Juice	<b>13</b> Sausage Gravy & Biscuits Juice
<b>16</b> Pancakes Sausage Link Juice	<b>17</b> Breakfast Burrito Juice	<b>18</b> Waffles Yogurt Cup Juice	<b>19</b> Scrambled Eggs Muffins Juice	<b>20</b> Breakfast Casserole Juice
<b>23</b> French Toast Sausage Juice	<b>24</b> Breakfast Sandwich Juice	<b>25</b> Breakfast Sandwich Juice	<b>26</b> PB Jelly Sandwich Juice	<b>27</b> Sausage Gravy & Biscuits Juice
<b>30</b> Pancakes Sausage Link Juice	<b>31</b> Breakfast Burrito Juice			

**Menus are subject to change**

USDA is an equal opportunity provider & employer.

*The Hemingford Public School provides lunches in accordance with the National School Lunch Program.*

*The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05*

*The cost of a lunch is as follows: PreK - 6 Lunch - \$2.05 7 - 12 Lunch - \$2.35 Adult Lunch - \$3.15*



# Hemingford Public Schools Lunch Menu

**January 2017**

Milk is served with all meals. Fruit/Vegetable bar offered daily.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Bacon Cheeseburgers Fries	<b>3</b> Beef Stroganoff Peas	<b>4</b> Hot Ham & Cheese Sandwich Corn	<b>5</b> Cowboy Beans w/Hamburger & Bacon Biscuit	<b>6</b> Chicken & Noodles Mashed Potatoes Banana Bars
<b>9</b> Beefy Nachos Refried Beans	<b>10</b> Hot Roast Beef Dinner Green Beans	<b>11</b> Chicken Sandwich Cheesy Broccoli/Rice	<b>12</b> Sloppy Joe Carrots	<b>13</b> Ham & Scalloped Potato Dinner Roll Brownie
<b>16</b> Goulash Peas	<b>17</b> Chicken Fried Steak Mashed Potatoes & Gravy	<b>18</b> Grilled Cheese Tomato Soup	<b>19</b> Chicken Bacon Ranch Pasta Mixed Veggies	<b>20</b> Bobcat Taco Refried Beans Cookie
<b>23</b> Turkey Gravy Mashed Potatoes 3 Bean Salad	<b>24</b> Spaghetti & Meat Sauce Bread Stick	<b>25</b> Taco Burger Baked Beans	<b>26</b> Chicken Pot Pie & Biscuit	<b>27</b> Weiner Boat w/Macaroni & Cheese Applesauce Bars
<b>30</b> Mandarin Chicken over Rice Green Beans	<b>31</b> Beef & Noodles over Mashed Potatoes Dinner Roll			

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## Calendar Events January 2017

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	<p>2</p> <p>White Day</p> <p>School Resumes</p> <p>6:30pm FFA Re-Gift Party</p>	<p>3</p> <p>Red Day</p> <p>6:00pm JV/V GBB at Crawford (Girls Only)</p>	<p>4</p> <p>White Day</p>	<p>5</p> <p>Red Day</p> <p>8:30am Student Assembly</p> <p>9:00am Wr WTC at Mitchell</p> <p>3:00pm JV/V G/B BB at Garden County</p>	<p>6</p> <p>White Day</p> <p>2:00pm JV/V G/B BB vs Minatare at Home</p>	<p>7</p> <p>Speech at Novice Meet in Gordon</p> <p>9:00am Wr at Garden Cty. Invite</p>
8	<p>9</p> <p>Red Day</p> <p>7:00pm School Board Meeting</p>	<p>10</p> <p>White Day</p> <p>FFA District AgED Contest @ WNCC</p> <p>8:00am NDE Security Assessor Visit</p> <p>4:00pm JV/V G/B BB at Chadron</p> <p>5:00pm JH BBB vs Crawford at Home</p>	<p>11</p> <p>Red Day</p> <p>8:00am Dist VI NSAA Meeting in Alliance</p>	<p>12</p> <p>White Day</p> <p>6:30pm FFA Meeting</p>	<p>13</p> <p>Red Day</p> <p>Quarter 2 &amp; Semester 1 End</p> <p>2:00pm JV/V G/B BB vs. Bayard at Home</p> <p>6:00pm Wr at Mullen Triangular</p>	<p>14</p> <p>9:30am Wr at Sandhills Invite in Dunning</p> <p>1:00pm JV/V G/B BB at Sioux County</p>
15	<p>16</p> <p>White Day</p> <p>Quarter 3 Begins</p> <p>V G/B BB PAC Tourney at Morrill</p> <p>Balloon Launch (tentative)</p>	<p>17</p> <p>Red Day</p> <p>Local Science Fair</p>	<p>18</p> <p>White Day</p> <p>8:00am FCCLA Culinary @ Scottsbluff (postponed)</p>	<p>19</p> <p>Red Day</p> <p>5:00pm JH BBB vs Mitchell at Home</p>	<p>20</p> <p>White Day</p> <p>V G/B BB PAC Tourney at Morrill</p> <p>Wr at Chadron Invite CSC (NPAC)</p>	<p>21</p> <p>V G/B BB PAC Tourney at Morrill</p> <p>Wr at Chadron Invite CSC (NPAC)</p> <p>Speech at Scottsbluff Invite</p>
22	<p>23</p> <p>Red Day</p> <p>4:00pm JH BBB at Morrill</p>	<p>24</p> <p>White Day</p> <p>FCCLA District STAR @ WNCC -Scottsbluff</p> <p>5:30pm JV/V GBB at Alliance (Girls Only)</p>	<p>25</p> <p>Red Day</p> <p>1:00pm Spelling Bee at Alliance MS</p> <p>2:30pm FCCLA Big Brother/Sister</p>	<p>26</p> <p>White Day</p> <p>5:00pm JH BBB vs Hay Springs at Home</p>	<p>27</p> <p>Red Day</p> <p>6:00pm Wr Triangular at Home</p>	<p>28</p> <p>Speech at Perkins Cty. Invite</p> <p>8:30am Wr at Mitchell Invite</p> <p>1:00pm JV/V G/B BB vs. Edgemont at Home</p>
29	<p>30</p> <p>White Day</p> <p>JH BBB PHCTourney @ Crawford</p>	<p>31</p> <p>Red Day</p> <p>8:30am ASVAB testing (Gr 10)</p>				



## Calendar Events February 2017

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1 White Day FFA District Contest @ Gordon	2 Red Day V G/B BB WTC Tourney at WNCC	3 White Day V G/B BB WTC Tourney at WNCC	4 V G/B BB WTC Tourney at WNCC Speech at Chadron Invite 10:00am Wr at Southeast Duals in Yoder,WY
5	6 Red Day	7 White Day 2:00pm JV/V G/B BB vs. Morrill at Home	8 Red Day WTC Speech @ Gordon/Rushville	9 White Day 4:00pm JH BBB at Alliance Middle School	10 Red Day District Wrestling 2:00pm JV/V G/B BB vs. Kimball at Home	11 District Wrestling Speech at Kimball Invite FFA State Degree Interviews 8:00am ACT Test Date 9:00am JH BBB at Bridgeport
12	13 White Day Girls BB Subdistricts 7:00pm School Board Meeting	14 Red Day Girls BB Subdistricts 6:30pm FFA Meeting	15 White Day Progress Reports Sent Home 2:30pm FCCLA Big Brother/Sister	16 Red Day Girls BB Subdistricts State Wrestling	17 White Day State Wrestling 4:00pm JH BBB at Crawford 6:00pm JV/V BBB at Crawford (Boys Only)	18 State Wrestling Speech at Ogallala Invite 9:00am JH BBB at Bayard Tourney 3:00pm JV/V BBB vs. Mitchell at Home (Boys Only)
19	20 No School – Teacher In- Service Boys BB Subdistricts	21 Red Day Boys BB Subdistricts 8:00am Standard Response Protocol Training	22 White Day	23 Red Day Boys BB Subdistricts	24 White Day Girls BB District Finals	25 Wr State Dual Tourney in Kearney PHC Speech @ Dalton (Morrill host)
26 FCCLA Peer Retreat @ Kearney	27 Red Day Boys BB District Finals FCCLA Peer Retreat @ Kearney	28 White Day				