



# Hemingford Public Schools Breakfast Menu

## September 2018

Milk is served with all meals Grab N' Go for Jr. and Sr. High pick 3 items in line or on corner table, (water not included) as of 1 of 3 items. Check out and go directly to class. Breakfast starts @ 7:45 a.m.

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| <b>Labor Day<br/>No School</b><br><br> | <b>4</b><br>Scrambled Eggs<br>Muffins or PBJ<br>Fruit/Juice  | <b>5</b><br>Pancakes<br>Sausage Patty<br>or Yogurt<br>Parfait<br>Fruit/Juice  | <b>6</b><br>Breakfast<br>Casserole or<br>PBJ<br>Fruit/Juice         | <b>7</b><br>Breakfast<br>Burrito or Cold<br>Cereal<br>Fruit/Juice  |
| <b>10</b><br>Breakfast<br>Sandwich or<br>Cold Cereal<br>Fruit/Juice   | <b>11</b><br>Omelet Toast<br>Or PBJ<br>Fruit/Juice           | <b>12</b><br>Waffles N'<br>Strawberries<br>Or Cereal<br>Fruit/Juice           | <b>13</b><br>French Toast<br>Sausage Links<br>Or PBJ<br>Fruit/Juice | <b>14</b><br>Breakfast Pizza<br>or Cold Cereal<br>Fruit/Juice      |
| <b>17</b><br>Biscuits &<br>Sausage Gravy<br>or Cold Cereal<br>Fruit/Juice   | <b>18</b><br>Scrambled Eggs<br>Muffins or PBJ<br>Fruit/Juice | <b>19</b><br>Pancakes<br>Sausage Patty<br>or Yogurt<br>Parfait<br>Fruit/Juice | <b>20</b><br>Breakfast<br>Casserole or<br>PBJ<br>Fruit/Juice        | <b>21</b><br>Breakfast<br>Burrito or Cold<br>Cereal<br>Fruit/Juice |
| <b>24</b><br>Breakfast<br>Sandwich or<br>Cold Cereal<br>Fruit/Juice   | <b>25</b><br>Omelet Toast<br>Or PBJ<br>Fruit/Juice           | <b>26</b><br>Waffles N'<br>Strawberries<br>Or Cereal<br>Fruit/Juice           | <b>27</b><br>French Toast<br>Sausage Links<br>Or PBJ<br>Fruit/Juice | <b>28</b><br>Breakfast Pizza<br>or Cold Cereal<br>Fruit/Juice      |

**Menus are subject to change**

*USDA is an equal opportunity provider & employer.*

**The Hemingford Public School provides lunches in accordance with the National School Lunch Program.**

*The cost of a breakfast is as follows: PreK-12 - \$1.65 Adult Breakfast - \$2.15*

*The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7 - 12 Lunch - \$2.70 Adult Lunch - \$3.85*

*Questions or comments email [pjesse@gubn.org](mailto:pjesse@gubn.org)*

