



Hemingford Public Schools Lunch Menu

September 2018

Milk is served with all meals, Fruit/Salad/Vegetable Bar Offered Daily.
Each child is required to have ½ cup Fruit/Vegetable. 7-12 may order a pre-made chef salad as their main entrée.

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day No School 	4 Corn Dogs Mac/Cheese Carrot Sticks	5 Pork Tenderloin W/Gravy Long Grain Wild Rice Dinner Roll	6 Chicken and Noodles over Mashed Potatoes Dinner Roll	7 Chili Cheese Fries Green Beans Cookie
10 Hot Ham and Cheese Cheesy Broccoli Rice	11 Baked Potato Bar Dinner Roll	12 Chicken Bowl Dinner Roll	13 Cavatini Green Beans Breadstick	14 Taco Refried Beans Zucchini Bars
17 Roast Beef Sub Cheesy Broccoli Rice	18 Turkey Gravy over Mashed Potatoes Green Beans Dinner Roll	19 Hamburgers Baked Beans	20 Salisbury Steak Mashed Potatoes/Gravy Peas Dinner Roll	21 Beefy Nacho Fruit Crisps
24 Chicken Sandwich Corn	25 Beef N' Bean Burrito Refried Beans	26 Shepard's Pie Dinner Roll	27 Teriyaki Chicken w/Rice Green Beans	28 Bobcat Taco Banana Bars

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.65 Adult Breakfast - \$2.15

The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7-12 Lunch - \$2.70 Adult Lunch - \$3.85

Questions email pjesse@gubn.org

