



Hemingford Public Schools Lunch Menu

September

Milk is served with all meals. Fruit/Salad/Vegetable Bar Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Crispito Red Beans & Rice Fruit Crisp
4 Labor Day No School 	5 Teriyaki Chicken/Rice Green Beans	6 Frito Pie Broccoli	7 Chicken Bowls Dinner Roll	8 Hamburgers Baked Beans Brownie
11 Pulled Pork Sundae Carrots Dinner Roll	12 Chicken Enchilada Spanish Rice	13 Goulash Green Beans Garlic Bread	14 Salisbury Steak Mashed Potatoes/Gravy Dinner Roll	15 Beefy Nacho Corn Banana Bread
18 Beef N' Cheddar Sub Peas	19 Chicken N' Noodles over Mashed Potatoes	20 French Bread Pizza Carrots	21 Chicken Fajita Bowl w/Rice	22 Chili Cinnamon Roll Carrots/Celery
25 Chili Dogs Corn	26 Turkey Gravy Mashed Potatoes Dinner Roll	27 Sweet N' Sour Chicken /Rice Green Beans	28 Taco Refried Beans	29 Cooks Choice Veggie Dinner Roll Cookie

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.55 Adult Breakfast - \$2.05

The cost of a lunch is as follows: PreK - \$2.05 K-6 Lunch - \$2.30 7 - 12 Lunch - \$2.60 Adult Lunch - \$3.75