



Hemingford Public Schools Lunch Menu

October 2016

Milk is served with all meals. Fruit/Salad/Vegetable Bar Offered Daily

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Bowls Pudding Cups	4 Lasagna Bread Stick Green Beans	5 BBQ Teriyaki Chicken Sub Cheesy Hashbrowns	6 Shepherd's Pie Dinner Roll	7 Cheeseburgers Baked Beans Chips Watermelon No Salad Bar
10 Chicken Enchiladas Refried Beans	11 Salisbury Steak Mashed Potatoes/Gravy Carrots	12 Pulled Pork Sandwich Mixed Veggie	13 Mandarin Orange Chicken over Rice Peas	14 Chili Carrots & Celery Sticks Cinnamon Roll
17 Goulash Bread Stick Green Beans	18 Lemon Chicken Baked Potato	19 Ready Rib Sandwich Corn	20 Taco Spanish Rice	21 Beef and Noodles Mashed Potatoes Asst. Cookie or Bars
24 Frito Pie Carrots	25 Weiner Boats Dinner Roll Veggie	 <p style="font-size: 1.2em; font-weight: bold; margin-top: 10px;">Fall Break Oct. 26-28</p>		
31 Halloween Surprise!!				

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.15 Adult Breakfast - \$1.65

The cost of a lunch is as follows: PreK - 6 Lunch - \$1.65 7 - 12 Lunch - \$1.95 Adult Lunch - \$2.75