



# Hemingford Public Schools Breakfast Menu

**October 2011**

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>CEREAL</b> Fruit or Juice	<b>4</b> <b>PANCAKES</b> Fruit or Juice	<b>5</b> <b>CEREAL</b> Fruit or Juice	<b>6</b> <b>SAUSAGE GRAVY/ Biscuit</b> Fruit or Juice	<b>7</b> <b>BREAKFAST PIZZA</b> Fruit or Juice
<b>10</b> <b>CEREAL</b> Fruit or Juice	<b>11</b> <b>EGG OMELET</b> Tater Tots Fruit or Juice	<b>12</b> <b>BREAKFAST PIZZA</b> Fruit or Juice	<b>13</b> <b>PANCAKE &amp; SAUSAGE on A STICK</b> Fruit or Juice	<b>14</b> <b>CINNAMON ROLL</b> Fruit or Juice
<b>17</b> <b>CEREAL</b> Fruit or Juice	<b>18</b> <b>BREAKFAST HOT POCKET</b> Fruit or Juice	<b>19</b> <b>CEREAL</b> Fruit or Juice	<b>20</b> <b>WAFFLES</b> Fruit or Juice	<b>21</b> <b>BREAKFAST PIZZA</b> Fruit or Juice
<b>24</b> <b>CEREAL</b> Fruit or Juice	<b>25</b> <b>SCRAMBLED EGGS &amp; Toast</b> Fruit or Juice	<b>26</b> <b>BREAKFAST PIZZA</b> Fruit or Juice		<b>28</b>  <b>Fall Break</b> <b>Oct. 27-28</b>
<b>31</b> <b>CEREAL</b> Fruit or Juice				

**Menus are subject to change**

This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

***The Hemingford Public School provides lunches in accordance with the National School Lunch Program.***

***The cost of a breakfast is as follows: PreK-12 - \$1.15 Adult Breakfast - \$1.65***

***The cost of a lunch is as follows: PreK - 6 Lunch - \$1.65      7 - 12 Lunch - \$1.95      Adult Lunch - \$2.75***