

Bobcat Bits

JANUARY 2012

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Special points of interest:

- School Climate Survey
- Semester and Quarter Grades
- School Activities
- Lunch Menus

Enclosed in newsletter is the School Climate Survey. Please fill out and return to the school by mail or bring to High School, Elementary or Administration office by January 15, 2012. Thank you for your response!

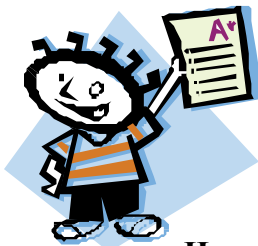
Hopefully students as well as you will have a restful holiday because once we are back--off we go again. There are many activities throughout the month of January. Students have to juggle many schedules and still find time to eat and sleep as well as homework. To help with the homework piece, I suggest a New Year's Resolution for students to attend SST.

Please continue to monitor the website calendar for updates to the events on scheduled times. Enjoy your break; see you back here on Tuesday, January 3, 2012.

Academic Information

End of the Semester—January 13th

Something new this year—the semester ends on **January 13th**. When they return from Christmas break, students will have a week or so for final presentations and review before semester testing which will occur during their regular class periods. Report cards will be mailed out January 16 or 17, 2012.



Semester Grades

The semester grade is the average of 1st and 2nd quarter which is how a student earns credit toward graduation. One of the first questions, you may ask your child is “Are you giving your best effort?” or “Was there something more you could have done to improve your grade?” Teachers are willing to help, but students need to make an effort to receive help. There is always room in SST.

Honor Roll

The honor roll includes grades 4-12 for the 2nd Quarter and 1st Semester. It will be published in the newspaper as well as the next newsletter. The Distinguished List will include the names of those students who have earned all “A’s”. The Honor List will include the names of those students who have all “A’s” and “B’s” and have earned an average of 90% and above.



Americanism Essay Assembly

On January 4th, time to be determined, students will hear a short presentation by a member of the military. This is an opportunity to hear from military personnel and their story as well as it ties into the topic that is used in the American essay contest. The essay is a chance for students to showcase their talents and possibly earn some extra credit for English.



Italian Buffet –Sponsored by World Strides and the Alliance Country Club

Friday, January 27—Excellent Food and a Great Way to support the World Stride Students. Tickets may be purchased from a World Stride member.

Fostering Education



LOOKING TOWARDS JANUARY 2012

Christmas Day has come and gone already, but also brings a time for each of us to reflect. The kids are striving to reach their potential. We have very hard working kids that I'm pleased to be around each day. **GREAT JOB KIDS** ☺ I feel extremely lucky to be a part of such a **GREAT SCHOOL SYSTEM**. I'm blessed to be surrounded by a **WONDERFUL and DEDICATED STAFF**. Your children are getting the best! Please be safe if you are planning any travel over this holiday break. Reminder we will finish the second quarter of school on January 13th.



HOPE YOU HAD A MERRY CHRISTMAS!

HAPPY NEW YEAR

DRESSING FOR THE WEATHER

Please help keep the kids healthy this year by seeing they have the needed clothing for the type of weather we can expect. PLEASE PUT THEIR NAME OR INTIALS INSIDE COATS AND HATS. Thanks, this will help us identify their coat or hat if they are misplaced. This will take a team effort to keep them healthy.



UPCOMING DATES OF INTEREST

January 3rd - School Resumes---Welcome Back ☺

January 13th - 2nd Quarter ends

BOX TOPS FOR EDUCATION

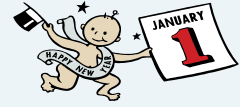
Please remember to save the box tops that are found on many different food items. They allow us to earn money for our school. This is another great way to help our school.



COMMUNICATION

Remember there's no "I" in team. It takes all of us working together to make a difference. Call us with any questions at 487-3330





COUNSELOR'S

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Seniors -- All students that are filling out the FAFSA need to request a Personal Identification Number (PIN) for you and one for a parent at pin.ed.gov. The PIN is your signature for the online FAFSA.

Don't forget to check your mailbox in my office. A list of all the scholarships that I receive have been put in your mailbox. If you need any help, please don't hesitate to contact me @ 487-3328 and we can set up an appointment.

Juniors –Juniors I will be starting your individual conferences right after Christmas break. We will discuss your transcript, requirements for graduation, plans after high school, careers you are pursuing, test results, and scheduling for next year.

The next registration date for the ACT is January 13. The test date is February 11.

I will be working with the kindergarten, 1st, and 2nd graders during the month of January. We will be working on anger management.

How many of you parents have questions like this:

1. How do I get my child out of bed in time to catch the school bus?
2. How do I get my child to come home at the agreed-upon time?
3. How do I get my child to do their homework without a fight every night?
4. How do I help my child get along in a new building or school? ETC.

Are there any of you parents that would like to learn techniques that will help raise your child as a resourceful, respectful, and responsible lifelong learner that leads to success in school?

If you are one of these parents, we are going to start a program that will give you techniques to deal with these questions. Stay tuned for more.

By giving our children a chance to make responsible choices and by letting them learn how to solve their problems, we can provide them with tickets to success. – Jim Fay

GIORGI'S GYM



SKIP'N CATS START

Level 1 Skip'n Cats starts Wednesday, January 11, 2012, at 7:45 am in the Elementary Gym. The Skip'n Cats Rope Skipping Team is open to any 2nd - 12th grade student. Handbooks and medical release forms can be picked up from Mrs. Giorgi and must be signed and returned on the first day of practice.

Start the New Year Out Right With Physical Activity!

Health Benefits of Physical Activity:

Strong Evidence

Improved cardiorespiratory endurance and muscular fitness

Favorable body composition

Improved bone health

Improved cardiovascular and metabolic health biomarkers

Moderate Evidence

Reduced symptoms of anxiety and depression

HAPPY NEW YEAR

Mrs. Giorgi





Hemingford Speech Team News

2011-2012 Hemingford Speech Team members:

Hans Hansen- Extemporaneous/Persuasive

Christian Brakensiek- Informative

TJ Starman- Informative

Annie Hughart- Duet/Informative

Nicole Sheckall- Duet

Sarah Mracek- OID/Poetry

Belle Irish- OID/Poetry

Tegan Yardley- OID/Duet

Lexi Olson- OID/Duet

Aubrey Picket Pin- Poetry

Miguel Rodriguez- OID

Ana Rodriguez – Student Manager

Becca Stone- Student Manager

Judy Stewart and Cathy Herstead- Coaches

Bobcat Speech 2011- 2012 Schedule

Novice Meet @ Gering December 10th

Morrill Invite January 7th

Scottsbluff Invite January 14th

Gering Invite January 22nd

Gordon Rushville Invite January 28th

Chadron Invite February 4th

Western Trails Conference @ Hemingford February 8th

Alliance Invite February 18th

Minatare Invite February 25th (for non-Western Conference schools)

Mitchell Invite March 3rd

District Speech at Perkins County High School March 12, 2012



You are invited to attend any speech event and watch our students compete!

Healthy New Year from Nurse Judy

10 Healthy New Year's Resolutions

1. Get a physical exam.
2. See your dentist at least twice.
3. Try to increase your daily physical activity by using the stairs.
4. Take time to do something that you enjoy.
5. Try new fruits like fresh pineapple or clementines.
6. Drink more water.
7. Check your blood pressure.
8. Write a letter to a friend.
9. Learn something new.
10. Spend more time together as a family.

Questions about your child's physical or mental health??
Call Nurse Judy 487-SICK (4725) or
jstewart@panesu.org

Things you can do to keep our students healthy

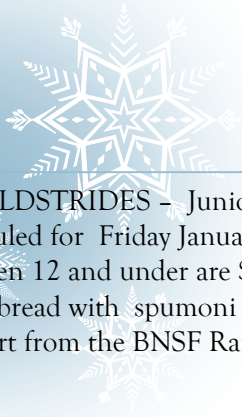
- ☺ Keep your child at home if they have fever over 100 degrees
- ☺ Keep your child at home if they have vomiting or diarrhea
- ☺ Call Nurse Judy if your child has an infectious illness like strep or mono
- ☺ Send **ALL** medications to the health office in the prescription bottle or original packaging with a note when you want it administered
- ☺ Please remember to wash your hands

Focus on Childhood Depression

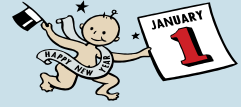
Not only adults become depressed. Children and teenagers also may have depression, as well. The good news is that depression is a treatable illness. Depression is defined as an illness when the feelings of depression persist and interfere with a child or adolescent's ability to function, particularly in school. Please call if you have questions, depression is a treatable illness.

If one or more of these signs of depression persist, parents should seek help:

- Frequent sadness, tearfulness, crying
- Decreased interest in activities; or inability to enjoy previously favorite activities
- Hopelessness
- Persistent boredom; low energy
- Social isolation, poor communication
- Low self esteem and guilt
- Extreme sensitivity to rejection or failure
- Increased irritability, anger, or hostility
- Difficulty with relationships
- Frequent complaints of physical illnesses such as headaches and stomachaches
- Frequent absences from school or poor performance in school
- Poor concentration
- A major change in eating and/or sleeping patterns
- Talk of or efforts to run away from home
- Thoughts or expressions of suicide or self destructive behavior



WorldStrides



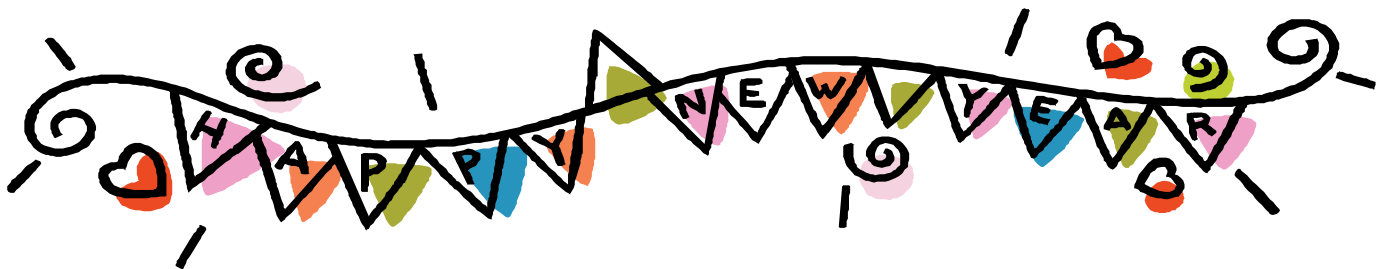
WORLDSTRIDES – Juniors going to Washington, D.C., are selling tickets to the Italian Buffet. The event is scheduled for Friday January 27, 2012, at the Alliance Country Club from 5-8 p.m. Tickets for adults are \$12 and children 12 and under are \$6. The menu includes tossed salad, veggie lasagna, noodles in marinara or alfredo sauce, garlic bread with spumoni ice cream with coffee, iced tea, or soda. Dave and Tori McVicker and Helen Iossi, with support from the BNSF Railroad, have generously hosted the buffet for the last six years as a fundraiser for the students.

This is the last fundraiser for the 22 students traveling in May with Mrs. Wade, Mrs. Shaver and J.D. Sutphen (school board). We thank you for all your support in buying greenery and pledging for the Paint-a-Thon. Our thanks to the Lutheran Thrivent, Hemingford Telephone Company, Farmers' Coop, Jodi Sellman, volleyball ladies and Lyle Fodnes for grants to assist the students with financing. We also thank the Hemingford Chamber of Commerce, the Alumni Association, The Village, the Box Butte County Fair, the Legion, the Diorama and The Hemingford Volunteer Fire Department for hiring the students to assist with their dinners and events. Your help is greatly needed and appreciated!

Hot Lunch Accounts



If you are not receiving emails for your lunch account, please check your spam or junk email.



COMMUNICATION SOURCES

HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent
Mrs. Peggy Foster, High School Principal
Mr. Ron Foster, Elementary Principal
Mrs. Mandy Plog, Special Education Director

PO Box 217
911 Niobrara Avenue
Hemingford NE 69348

Phone: 308-487-3328 High School
Phone: 308-487-3330 Elementary
Phone: 308-487-5252 Distance Learning
Fax: 308-487-5215



In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

Web-Email Lunch Account System

Access your current account information online-at www.hemingford schools.org and click the button on the right labeled "What's for Lunch".

INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site (www.hemingfordschools.org), and Mobius web site (www.bbc.net).**

SCHOOL MESSENGER

If you have not been contacted by "School Messenger" our web based calling system to alert parents of school cancellations, late starts or any other events, please contact the school. You may have changed phone numbers, or disconnected numbers the school is unaware of. Also, if you don't want to be contacted please notify us so we can take you off of the calling list. Please call the school of any changes at 487-3330.

Hemingford Public Schools Breakfast Menu

January 2012

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 CEREAL Fruit or Juice	4 PANCAKES Fruit or Juice	5 BREAKFAST TAC-GO Fruit or Juice	6 BREAKFAST PIZZA Fruit or Juice
9 CEREAL Fruit or Juice	10 PANCAKE & SAUSAGE on a STICK Fruit or Juice	11 BREAKFAST PIZZA Fruit or Juice	12 OMELET Tater Tots Fruit or Juice	13 CINNAMON ROLL Fruit or Juice
16 CEREAL Fruit or Juice	17 WAFFLES Fruit or Juice	18 CEREAL Fruit or Juice	19 FRENCH TOAST STICKS Fruit or Juice	20 BREAKFAST PIZZA Fruit or Juice
23 CEREAL Fruit or Juice	24 SAUSAGE GRAVY/ Biscuit Fruit or Juice	25 BREAKFAST PIZZA Fruit or Juice	26 SCRAMBLED EGGS Tater Tots Fruit or Juice	27 CINNAMON ROLL Fruit or Juice
30 CEREAL Fruit or Juice	31 BREAKFAST BURRITO Fruit or Juice			

Menus are subject to change

This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.15 Adult Breakfast - \$1.65

The cost of a lunch is as follows: PreK - 6 Lunch - \$1.65 7 - 12 Lunch - \$1.95 Adult Lunch - \$2.75

Hemingford Public Schools Lunch Menu

January 2012

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3 HAMBURGER French Fries Pineapple Dill Slices SALAD BAR& Potato Soup</p>	<p>4 FRITO PIE Green Beans Fruit Cocktail Roll & Butter SALAD BAR</p>	<p>5 CHICKEN STRIPS Carrots Peaches Roll & Butter SALAD BAR & Beef Barley Soup</p>	<p>6 SPAGHETTI Coleslaw Pears Garlic Bread SALAD BAR</p>
<p>9 CHICKEN FRIED STEAK Mashed Potatoes Peaches Roll & Butter SALAD BAR</p>	<p>10 MAC & CHEESE Green Beans Fruit Cocktail Roll & Butter SALAD BAR& Broc.Cheese</p>	<p>11 CRISPITO Lettuce Salad Pears Roll & Butter SALAD BAR</p>	<p>12 CHICKEN NUGGETS Mixed Veg. Fresh Fruit Roll & Butter SALAD BAR& Chicken Noodle</p>	<p>13 CORNDOG Carrots Apple Crisp Roll & Butter SALAD BAR</p>
<p>16 PIG in a BLANKET Baked Beans Applesauce No Bake Cookie SALAD BAR</p>	<p>17 BEEFY NACHOS Lettuce Salad Pears Roll & Butter SALAD BAR& Italian Wedding Soup</p>	<p>18 BURRITO Green Beans Fresh Fruit Roll & Butter SALAD BAR</p>	<p>19 GRILLED CHEESE Carrots Fruit Cocktail Tomato Soup SALAD BAR& Tomato Soup</p>	<p>20 PIZZA Corn Peaches Pudding SALAD BAR</p>
<p>23 CHICKEN& NOODLES Green Beans Pineapple Roll & Butter SALAD BAR</p>	<p>24 CHILI Carrots& Celery Applesauce Cinnamon Roll SALAD BAR& Bean& Bacon Soup</p>	<p>25 ITALIAN DUNKERS Corn Pears Dipping Sauce SALAD BAR</p>	<p>26 CHICKEN SANDWICH Carrots Fresh Fruit SALAD BAR& Cheesy Tortilla Soup</p>	<p>27 TACO'S Refried Beans Peaches Roll& Butter SALAD BAR</p>
<p>30 HOT HAM& CHEESE French Fries Fruit Cocktail SALAD BAR</p>	<p>31 CHICKEN STRIPS Green Beans Fresh Fruit Roll& Butter SALAD BAR& Chicken&Dump.</p>			

Calendar Events January 2012

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2 No School - Christmas Break	3 School Resumes Red Day 5:00 PM V G-B BB at Banner County 5:00 PM JV G-B BB vs Bayard	4 White Day Americanism Essay Assembly	5 Red Day 9:00 AM Wr at Bayard (WTC)	6 White Day 2:30 PM JV & V G-B BB at Bridgeport	7 Speech at Morrill Invite 9:00 AM Wr at Garden County 2:30 PM JV & V G-B BB at Bridgeport
8	9 Red Day School Board Meeting	10 White Day 5:00 PM JH BB at Crawford 6:00 PM JV G-B BB at Crawford	11 Red Day FFA District Ag Contest @WNCC	12 White Day 6:00 PM Wr vs Hay Springs (home)	13 End of 2nd Qtr/ 1st Semester Red Day 4:00 PM JV/V G-B BB at Bayard	14 Speech at Scottsbluff Invite 9:30 AM Wr at Sandhills (Dunning) 2:00 PM JV/V G-B BB vs Sioux County
15	16 Begin of 3rd Qtr/ 2nd Semester White Day	17 FCCLA Star @ Bridgeport Red Day V G-B BB PHC Tourney	18 White Day	19 Red Day 4:00 PM JH BB vs Alliance 6:30 PM FFA Meeting	20 White Day V G-B BB PHC Tourney Wr at Chadron Invite	21 Speech at Gering Invite V G-B BB PHC Tourney Wr at Chadron Invite
22	23 Red Day JV at Bridgeport Tourney 4:00 PM JH BB vs Morrill	24 White Day 2:00 PM JV/V G-B BB vs Hay Springs	25 Red Day 2:30 PM FCCLA Big Brother/Sister	26 JV at Bridgeport Tourney White Day 5:00 PM JH BB at Hay Springs	27 Red Day 5:00 PM Italian Buffet	28 Speech at Gor/Rush Invite Wr at Mitchell Invite 1:00 PM JV/V G-B BB at Edgemont
29	30 White Day JH BB at Hay Springs (PHC)	31 Red Day 3:00 PM JV/V G-B BB at Minatare				

Calendar Events February 2012

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1 White Day FFA State Degree Apps Due	2 Red Day V G-B BB WTC Tourney	3 White Day V G-B BB WTC Tourney	4 Speech at Chadron Invite FFA State Degree Interviews V G-B BB WTC Tourney Wr at Yoder
5	6 Red Day	7 FFA Ag Mechanics Contest @ Gordon White Day 4:00 PM JV/V G-B BB at Morrill	8 Red Day 8:00 AM WTC Speech at Hemingford	9 Progress Reports Sent Home White Day 5:00 PM JH BB vs Crawford 6:30 PM FFA Meeting	10 Wr Districts Red Day 4:00 PM JV/V G-B BB at Kimball	11 Wr Districts 8:00 AM ACT Test Date 9:00 AM JH BB at Bridgeport
12	13 School Board Meeting Girls BB Subdistricts White Day 2:30 PM FCCLA Big Bro/Sis	14 Jump Rope For Heart Red Day Girls Subdistrict Foundaton Scholarship Meeting	15 White Day	16 Red Day State Wrestling Girls BB Subdistricts	17 State Wrestling White Day 6:00 PM JV/V BB vs Crawford (Boys)	18 State Wrestling JH BB at Bayard Tourney Speech at Alliance Invite (PHC) FFA Week
19 FFA Week	20 No School - Teacher Inservice FFA Week Boys BB Subdistrict	21 Red Day Boys Subdistricts FFA Week	22 White Day FFA Week	23 Red Day FFA Week FFA Activity Assembly Boys BB Subdistrict	24 White Day FFA Week Girls BB District	25 FFA Week
26 FCCLA Peer Retreat	27 Red Day FCCLA Peer Retreat Boys BB District	28 White Day	29 Red Day ProStart Comp @ CSC			

HEMINGFORD PUBLIC SCHOOLS

P.O. Box 217 , Hemingford, NE 69348 (308) 487-3328 www.hemingfordschools.org

SCHOOL CLIMATE SURVEY

Please return by January 15th

	<u>AGREE</u>	<u>DISAGREE</u>	<u>DON'T' KNOW</u>
1. Our school has clear and consistent rules.	_____	_____	_____
2. Our Staff cares about students.	_____	_____	_____
3. Our School encourages students to be responsible, resourceful, and respectable	_____	_____	_____
4. The staff and faculty at our school are willing to listen to parents and work with them.	_____	_____	_____
5. Our school is a safe place for my child or children.	_____	_____	_____
6. Our school <u>buildings</u> are clean, and well maintained.	_____	_____	_____
Our school <u>grounds</u> are neat and well maintained.	_____	_____	_____
7. I have no difficulty visiting with our school principals and working together with them.	_____	_____	_____
8. I have no difficulty visiting with our school superintendent and working together with him.	_____	_____	_____
9 Our teachers strive to do their best and encourage all students.	_____	_____	_____
10 Our teachers make parents feel welcome in our school.	_____	_____	_____
11. Our school does a good job keeping the public informed.	_____	_____	_____
12. Our teachers are doing a good job teaching their various subjects.	_____	_____	_____
13. Transportation is accessible to all who need it.	_____	_____	_____
14. Our students are taught to treat each other with respect.	_____	_____	_____
15. I am proud to be part of the Hemingford Schools, or to have my child or children attend here.	_____	_____	_____
	(AGREE)	(DISAGREE)	(DON'T' KNOW)

PLEASE **CIRCLE** THE CHOICE THAT **BEST DESCRIBES** YOUR ASSOCIATION WITH OUR SCHOOL

A. SCHOOL EMPLOYEE

B. PARENT OF A PRESENT STUDENT

C. DISTRICT PATRON

Please us the back of the paper share any specific comments you would like to make. The goal of this survey is to give us your input so that we can continue to improve our school!