

# *Hemingford Girls Track Records*

<u>EVENT</u>	<u>EFFORT</u>	<u>ATHLETE/S</u>	<u>YEAR</u>
50 yd. Dash	6.3	J. Schledewitz K. Prochazka	'70
100 m Dash	12.4	R. Furman	'01
200 m Dash	25.6	H. Mundt	'95
400 m Dash	60.4	H. Mundt	'94
800 m Run	2:30.0	D. Campbell	'82
1600 m Run	5:32.15	R. Wood	'04
3200 m Run	11:57.3	R. Wood	'04
50 yd. Lows	7.8	K. Prochazka	'71
100 Low Hurdles	16.4	A. King S. Campbell	'96 '08
300 High Hurdles	48.2	S. Campbell	'06
400 m Relay	51.04	M. Wright R. Furman S. Giorgi P. Prochazka	'01
880 yd. Relay	1:59.0	D. Wood K. Winten D. Fickel L. Beck	'66
1600 m Relay	4:14.9	S. Moser K. Ahrens H. Mundt K. Morrison	'94
3200 m Relay	10:45.7	H. McCune J. Hamaker C. Lohmeyer D. Jespersen	'88

High Jump	5' 1"	J. Delsing	'83
Long Jump	17' 2 ¼"	P. Wood	'92
Triple Jump	34' 0"	M. Wright	'99
Shot Put	36' 1 ¼"	T. Towne	'04
Discus	112' 1"	T. Towne	'04