



## Christmas Concert-December 13, 2011



### Special points of interest:

- *Christmas Concert*
- *Holiday Homecoming*
- *Staff Christmas*
- *New Mission Statement & Vision Statement*
- *Community Christmas Play*
- *Lunch Menus*
- *Activity Calendars*



CHRISTMAS CONCERT- TUESDAY, DECEMBER 13, 2011-  
ELEMENTARY CONCERT WILL START AT 6:00 PM. HIGH  
SCHOOL CONCERT WILL FOLLOW APPROXIMATELY 7:30 PM.

Merry Christmas

### Inside this issue:

Mr. Ningen	2
Mrs. Foster	3 -4
Mr. Foster	5-6
Christmas Play	7
Giorgi's Gym	8
Junior s & Seniors	9
Counselor & Mission	10
Ugly Sweater	11
Lunch Menus	12



## Mission Thoughts 2011-12

By Mr. Ningen, Hemingford Superintendent



As December approaches, I want to thank our students and staff for their continued efforts to do our very best.

As a way to promote continued improvement, a committee of faculty members, board members, and patrons created and then submitted a new mission statement for the board to consider at their **November 14, 2011** board meeting.

A **mission statement** is a statement of the purpose of a school or organization. The mission statement should guide the actions of the school or organization, spell out its overall goal, provide a path, and guide decision-making. It provides "the framework or context within which the company's strategies are formulated."

The board heard from Co-Chairperson of the School's Continuous Improvement Committee Joe Collins, who is a faculty member at HHS, and then voted to accept it.

The previous statement, in place for at least the last decade was, "Empowering individuals to be RESOURCEFUL, RESPECTFUL, and RESPONSIBLE lifelong learners".

The new statement is: "Our mission at Hemingford Public Schools is to cooperatively work with our community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing global society".

Thank you to the committee for their work and the much more detailed and specific statement that will guide our school in the next five-year Nebraska re-accreditation phase.

Every five years, each school district in Nebraska begins a new phase in continuous improvement by submitting a mission statement, along with a few major goals for the designated time period. In the past, goals have dealt with improving reading or writing skills, or improving math or science skills, for instance.

Planning, teacher training, and student tasks are then geared towards meeting or exceeding the district goals. At the conclusion of the five-year period, a manual is published that lists beginning skill levels and the hoped for growth that occurs in the years that follow.

Area and regional educational personnel then come to Hemingford as part of an "External Team", to study the achievement results, as well as to interview students, staff members, and parents before conducting an exit conference, where their findings are announced.

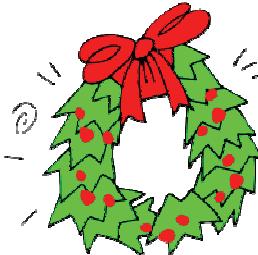
In the past these have been opportunities to hear about the success our school has had, as well as any suggestions for future growth.

The entire staff is actively involved in doing what they can in their classrooms to meet our district goals, led by committee Co-Chairs Joe Collins and Jeanette Chasek.



## Foster's Facts

[pfoster@panesu.org](mailto:pfoster@panesu.org)



The squares on my calendar are filling fast with a variety of activities. I sometimes feel like the blinking lights going in a circle on a wreath. (Speaking of wreaths, thanks for supporting World Strides in their wreath sales.) Please take time during the breaks to visit with your children about what is happening in their lives. Time is a great gift and it is free. I always learn something from their perspective when I chat with them.

On another note, Progress Reports will be mailed out on December 1<sup>st</sup>; they are an indication of what changes may need to be made for your student for the remaining of the quarter. Some are meeting the academics standards while some students may need to push to maintain a passing grade and earn credit for the semester. One of the first questions, I ask a student is "Are you giving your best effort?" A "C" or a "D" grade may be ok if the student is taking advantage of the opportunities provided and they really are trying. Teachers are willing to help, but students need to make an effort to receive help. More students need to take advantage of SST. Those that are find improved grades and less homework when they go home for the evening. They are able to relax.

## Academic Information

### End of the Semester after Christmas

Something new this year—the semester ends on **January 13<sup>th</sup>**. Students will be dismissed at 1:00 pm on December 21<sup>st</sup> for the holiday break. When they return from Christmas break, they will have a week or so for final presentations and review before semester testing.

### Distance Learning Classes (DL)

Most on-line college classes or DL classes wrap up before Christmas so if a student is thinking about rearranging their schedule, they will need to stop in the office and visit with Mrs. Foster. Students in grades 7-12 will need to pick up the add or drop form to be signed by the teacher and parent if they wish to make a schedule change. This also needs to be completed prior to Christmas break.

### Progress Reports

2<sup>nd</sup> Quarter update—Mailed to families on December 1<sup>st</sup>. Student grades may be checked anytime through PowerSchool. The parent log-in and password can be found on your son/daughter's 1<sup>st</sup> Quarter Report Cards.

## School Activities



### Music—Christmas Concert

An evening of music entertainment where patrons can enjoy listening to a large selection of music. Hemingford is again planning to combine the Christmas Concert to be held on Tuesday, December 13<sup>th</sup>. There will be a short break to reset needed areas.

- Elementary Christmas Concert –at 6:00 pm
- High School Christmas Concert—estimated: 7:30 pm



## Foster's Facts Cont.

[pfoster@panesu.org](mailto:pfoster@panesu.org)

### Check the School Calendar on the website.

There have been numerous schedule changes and additions since the Booster Club calendar has been published. Please check the school website for the most current activities. It is updated as events change. It is found on the school website: [www.hemingfordschools.org](http://www.hemingfordschools.org)

### No Activities

NSAA has placed a 5-day moratorium on students in school activities starting Friday, December 23<sup>rd</sup> running through Tuesday, December 27<sup>th</sup>. No practicing or coaching is allowed in the facility during this time.



### Thank you, Thank you! We asked and you responded.

**School Contacts**—Morning call or providing notes about upcoming appointments and ill children has really helped the office keep track of students. We will continue to call if your son or daughter is reported absent and not accounted for.

**Did you know?** If a student needs to go home due to illness and is not picked up the office has them call when they get home to make sure they arrive safely.

**Cell Phones**— If you need to get a message to your child, please call the school and we will gladly pass it on. Text messages sometimes do not come in when students have availability to their phones which is before school, lunch and after school.



## Lady Cat Basketball-Mr. Chatelain



On December 1, 2011 our team would like to host an open practice for our parents and family. Following the practice at approximately 5:30 there will be a short pre-season parent meeting to discuss topics pertinent to the upcoming season. The coaching staff and team would like to encourage all parents and family members to attend.





## Fostering Education

### HEADING TOWARDS DECEMBER



We are over half way into the second quarter of school already. Progress reports have come home again on December 1<sup>st</sup> for a second time; I hope you are pleased with them. Please don't hesitate to contact your child's teacher with any concerns. Please ask your child about their day at school when you see them. I know that they will be excited to share with you. We hope your child is as excited about learning as we are about teaching them. I believe that we are making wonderful progress each day, but can always strive for more.

Our goal is to help each student reach and pass their potential.



### COATS

Please make sure your child has the appropriate clothing for the weather. **We miss them when they are absent from school.** Even though we try to make up their work, they have missed that interaction with their peers and teachers. Please label their jackets, hats, and gloves with their name or their initials. We don't want anyone to lose their winter clothing items.



**\*\*December 13<sup>th</sup> – Pre-K – 12  
Christmas program starting at 6:00 p.m.**

**\*\***

The program will start at 6:00 p.m. with the elementary, have a short break, and conclude with the high school program.

### UPCOMING DATES OF INTEREST

December 21<sup>st</sup> – 1:00 p.m. Dismissal

December 22<sup>nd</sup> – Jan. 2<sup>nd</sup> – (Christmas Break)

Jan. 3<sup>rd</sup> – School Resumes

### COMMUNICATION

Together we can make a difference ☺ Call us with any questions at 487-3330.





## Fostering Education-Cont.

### What is Accelerated Reader?

What is AR?

Has your child come home from school talking all about Accelerated Reader? Perhaps your child won't consider reading a book unless they know for sure that it is an AR book. Thousands and thousands of schools across the nation participate in the Accelerated Reader, or AR, program. But what is AR exactly? And what does AR do for student learning? Here are some facts (and perhaps a few opinions) on the Accelerated Reader program from my perspective.

Accelerated Reader is basically a reading incentive program. Thousands upon thousands of books have had AR tests created for them. These multiple choice tests determine whether or not a student really read a book. Each AR book is assigned a level and a point value. For example, Jeff Kinney's very popular *Diary of a Wimpy Kid* has an AR level of 5.2 and is worth 3 points. A general rule of thumb for AR levels is that they correspond with grade levels, however many students read above or below their actual grade level. Other examples include Kevin Henkes' *Kitten's First Full Moon*. This fairly simple picture book has a 2.3 reading level and is worth 0.5 of a point. The fourth installment of J.K. Rowling's Harry Potter series, *Harry Potter and the Goblet of Fire*, is 6.8 level and is worth a whopping 32 points.

Most schools assign Accelerated Reader goals for students based on their reading level. This individual goal creation is a great component of the AR program. Their goals are developed after the student takes what is called a "STAR Test". It is a test that tests their reading vocabulary as well as comprehension. Once the reading level range is suggested from the "Star Test" then a student's goal is developed. Generally a teacher will have the student reach 80% of that goal. Teachers in our school in grades 4, 5, and 6 assign 10% of the student's reading grade from AR. Students that have individual goals do not feel like they are competing so much against their classmates, but rather against themselves. We have incentives including our AR store held each quarter for students.

The STAR test is designed to help find the reading level that students will most likely be successful at. Students start by taking the STAR test on the computer. Depending on student responses, the test will adjust itself to find the good reading level. After the test, the program will suggest a reading level or range for the student. The test will be given at least once a semester to track student progress over the year. Below is a sample question that might be seen on the test.

Jack Beasput 2/25  
My big brother is two years older than I am.  
1. better  
2. larger  
3. older  
4. faster

In this example, the child has selected the word "older" to finish the sentence.



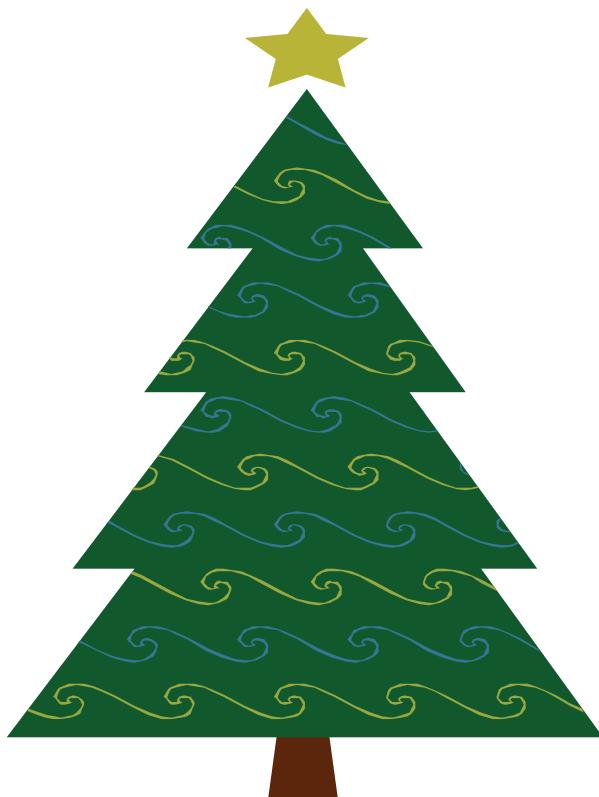
Don't miss Hemingford's Fourth Annual Holiday Play!

## Christmas in Comfort

Tickets will go on sale on December 5th at the  
Hemingford Community Federal Credit Union.

Performances will be December 18th and 19th at 7p  
at the Multipurpose Hall on the Fair Grounds.

Tabi Bryner & Irene Prochazka  
760-1120





## GIORGIO'S GYM



### 2011 STACK UP!

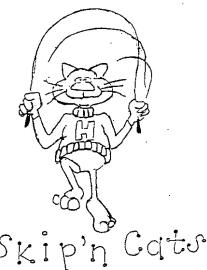


#### NEW WORLD RECORD SET!

From coast to coast, continent to continent, hundreds of thousands of kids and adults came together on November 17th in the name of sport stacking! The 6th annual event took place in nearly 1,500 schools and is sanctioned by the Guinness Book of World Records. This year, **409,945** stackers, representing schools or organizations from 28 countries (representing every continent except Antarctica) stacked together to set a new world record. Hemingford Schools has been part of the record making process for the last 5 years and joined in again this year during physical education classes.

#### SKIP'N CAT START

Level 1 Skip'n Cats starts Wednesday, January 11, 2012, at 7:45 am in the Elementary Gym. The Skip'n Cats Rope Skipping Team is open to any 2<sup>nd</sup> - 12<sup>th</sup> grade student. Handbooks and medical release forms can be picked up from Mrs. Giorgi after Christmas break and must be signed and returned on the first day of practice.



Mrs. Giorgi

### MERRY FITNESS!





## 2012 Seniors

### An important reminder to the Senior Class of 2012!

Baby pictures and senior pictures are needed as soon as possible for the 2011-2012 yearbook. Some of you may not have taken senior pictures yet, but baby pictures are a great start! In order to continue the senior page in the yearbook of 2011, we must have senior and baby pictures; we don't want to wait until last minute, so PLEASE get them in to Kelli Frahm or Kay Horstman A.S.A.P.

Also, a reminder to the *parents* of the class of 2011: PDA's are available. These are public displays of affection for your senior student. These can involve pictures, poems, personal sentiments, or anything you'd like to say to your graduating son or daughter. The cost ranges from:

\$50.00 for a 2.5 x 3.5 inch ad

\$90.00 for a 5 x 3.5 inch ad

\$125.00 for a 5 x 7.5 inch ad

Your PDA will not only show a tribute to a graduate, but you will also be supporting your local yearbook. The PDA's need to be sent or delivered to Kay Horstman by March 1<sup>st</sup>.

If you have any questions, please call Kay at school at 487-3328. Thank you for all of your help!



## Junior Class

HELP!! The junior class is in charge of prom and are in need of the following:

Anything black rod iron. An old fence, part of a chair railing you no longer use, any type of landscaping rod iron material, anything with scroll work... and any kind of black rod iron furniture would be great!

We would be happy to pick it up and, of course, return it when we are finished. All items will be labeled and returned to you. The prom will be held April 21<sup>st</sup>.

If you can help with any of these items, it would be much appreciated!! Please call Kay Horstman at school at 487-3328.





# COUNSELOR'S

O  
R  
N  
E  
R

**Juniors** and **Seniors** need to listen to announcements and sign up on my door if they want to attend the college representatives coming to school.

**Seniors** – I will be conducting 15 minute individual academic conferences with all the seniors concerning next year. These conferences will be held during the month of December. We will be making sure that everything is set in place for graduation on May 20, 2012.

**Juniors** – I will be conducting 15 minute individual academic conferences with all the juniors concerning next year. These conferences will be held during the month of December. We will be discussing many different topics. These topics include transcripts, drop/add, academic requirements, plans for life after graduation, and many other topics as well. If you have any questions, don't hesitate to call me at (308)487-3328.

**The next registration date for the ACT is January 13. The test date is February 11.**

The third through fifth grade will again be working on social and academic responsibility. The sixth grade is continuing with learning social responsibility.

*By giving our children a chance to make responsible choices and by letting them learn how to solve their problems, we can provide them with tickets to success. – Jim Fay*

## Mission Statement & Vision Statement

### Mission Statement:

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing global society.

### Vision Statement:

"Providing opportunities for high academic achievement; preparing students of today to become accountable, responsible, and successful citizens of tomorrow."





**IT'S BAAACK----**  
**The Fourth Annual**  
**The Ugly Sweater Day**  
**AANNNDDDD**

**"All Things Christmas"**

**If it can be worn**

**WEAR IT Tuesday,**

**December 20<sup>th</sup> is the day**

**Feel free to wear your**

**ugly sweater (If you have it)**

**Antlers, earrings, pins, hats, etc...**

**You know you have it—let's see it**



**Everyone is invited to participate**

**All Students & All staff**

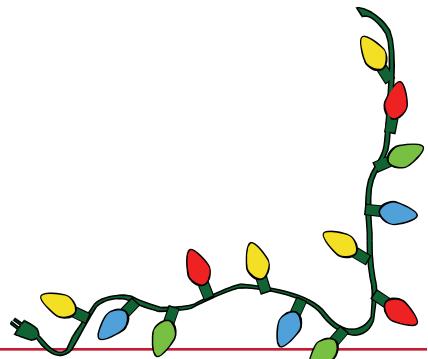
**Let's make it a fun day**

**We got (Christmas) Spirit**

**Yes we do**

**We got Christmas Spirit**

**HOW 'BOUT YOU?**



December 2012

## HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Casper Ningen, Superintendent  
Mrs. Peggy Foster, High School Principal

Mr. Ron Foster, Elementary Principal  
Mrs. Mandy Plog, Special Education Director

PO Box 217  
911 Niobrara Avenue  
Hemingford NE 69348

Phone: 308-487-3328 High School  
Phone: 308-487-3330 Elementary  
Phone: 308-487-5252 Distance Learning  
Fax: 308-487-5215

Check out our Website:  
<http://www.hemingfordschools.org>

## COMMUNICATION SOURCES

In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website  
<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Mailed to every patron in the district each month. Also can be found on the webpage.

Notices sent home with students  
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



## EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

## Web-Email Lunch Account System

Access your current account information online-at [www.hemingfordschools.org](http://www.hemingfordschools.org) and click the button on the right labeled "What's for Lunch".



## INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site ([www.hemingfordschools.org](http://www.hemingfordschools.org)), and Mobius web site ([www.bbc.net](http://www.bbc.net) ).

## SCHOOL MESSENGER

If you have not been contacted by "School Messenger" our web based calling system to alert parents of school cancellations, late starts or any other events, please contact the school. You may have changed phone numbers, or disconnected numbers the school is unaware of. Also, if you don't want to be contacted please notify us so we can take you off of the calling list. Please call the school of any changes at 487-3330.

# Nutrition Nuggets™

Food and Fitness for a Healthy Child

December 2011

Hemingford Public Schools  
Nancy Yardley, Food Service

## BEST BITES

### The gift of cooking

Cooking is a wonderful hobby—and life skill—that parents and children can learn together. At holiday or birthday time, consider giving your youngster cooking lessons that you can take with him. You might find classes at a community center, the library, or a local cooking school.



### DID YOU KNOW?

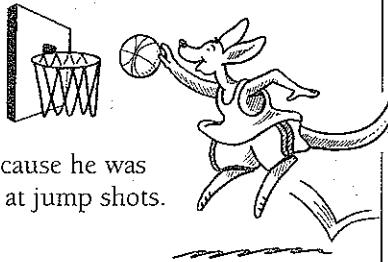
Foods that are rich in nutrients will keep your youngster feeling full longer. Plus, getting vitamins and minerals through food (rather than supplements) helps her body absorb them better. Nutrient-rich foods include fruits, vegetables, whole grains, lean meats, fish, beans, nuts, and low-fat or fat-free dairy products.

### Dress for PE

Encourage your child to dress for activity on PE days. He should wear loose-fitting clothes that are comfortable to move in and sneakers that have good support. Also, be sure he takes a jacket, a hat, and gloves or mittens so he can enjoy outdoor PE or recess.

### Just for fun

**Q:** Why did the coach want the kangaroo on the basketball team?



**A:** Because he was good at jump shots.

## Grocery store fun

Have a bingo game...play I Spy...make a map. Where are you? At the supermarket!

Games and activities can make food shopping fun—and help teach your youngster about healthy eating. Here's how.

### Play bingo

Before leaving home, help your child use your grocery list to create a bingo game. Together, make a bingo card with the food groups (fruits and vegetables, dairy, grains, meats and beans) across the top. Have him write food items from your list underneath their headings (example: milk in the dairy column). Then, as you put each item in the cart, he can mark off the box on his bingo card.



### Spy healthy foods

Let your youngster take along a pair of binoculars and play I Spy. For instance, when you're picking out produce, you might say, "I spy a vegetable that is purple and shaped like a big pear." He can use his binoculars to search for the answer (an eggplant). As you play, he'll build observation skills and learn more

about foods. Tip: Pick a healthy item you'd like him to try—once he "spies" it, he might be more interested in sampling it at home.

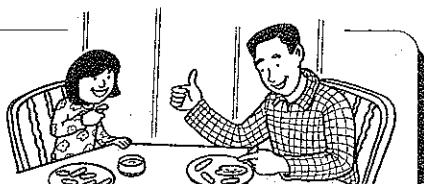
### Draw a map

Have your child pack a pencil, markers, and paper (a sketch pad or blank paper on a clipboard). While you shop, he can make a map of the grocery store. He might draw rectangles for each aisle and label them with the foods found there. Suggest that he add symbols so he can see the sections at a glance (a banana for fruit, a loaf of bread for grains). He'll learn how the grocery store is organized and where the healthiest foods are. ♡

### Positive feedback

When your child chooses nutritious foods, let her know that you notice. Your praise can encourage her to keep making similar decisions. Here are some things you could say:

- "Good idea to have carrots for a snack!"
- "I'm happy to see you trying pomegranate seeds. They're so good for you!"
- "Wow—I see lots of yummy vegetables on your plate!"
- "I'm glad you and Tami decided to turn off the TV and go shoot baskets."
- "I like the way you're cutting the fat off the meat. That's what I do, too."
- "I appreciate your clearing the table. With you helping, we'll finish sooner and be able to play outside."

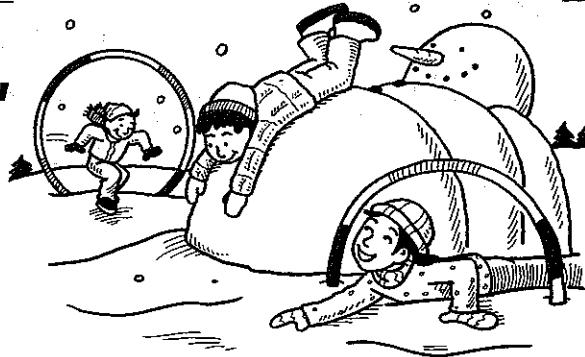


# Over, under, around, and through

Inside or outside, obstacle courses are a fun way for your child to get exercise. With these three ideas, she'll find that winter weather is no obstacle to fun!

## 1. Soft landing

Push back furniture in the living room or family room, or use an open space in the basement. Then, set up a course with soft objects such as pillows to jump over, rows of stuffed animals to crawl through, sofa cushions to weave around, and a beanbag chair to land in at the end.



## PARENT TO PARENT

### Handling holiday sweets

When holiday season rolls around, I always have the same problem. There are treats everywhere, and I'm not sure how much to let my kids eat.

This year I asked my neighbor Barbara, who is a dietitian, for advice. She agreed this is a tricky problem—if we don't let our children have any cookies and cake, they'll want them even more. And, she said, weight gained over holidays tends to stay on children and adults.

Barbara recommended letting our kids have some treats but talking to them about "moderation." We could decide on something like one sweet a day, and they get to pick it.

She also suggested other ways to make the holiday season healthier, such as drinking water instead of soda or punch and taking a family walk after meals. I know the holidays will be challenging eating-wise, but I'm happy to have a plan. ☺



## OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
540-636-4280 • rfecustomer@wolterskluwer.com  
www.rfeonline.com

*Nutrition Nuggets™* is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.

ISSN 1935-4630

## 2. Snow

Half the fun—and half the exercise—of a snowy obstacle course is making it. Together, form snow mounds of different sizes and shapes to climb or jump over. Make deep footprints to walk in. Add hula hoops to jump in and out of, and create a trail of stones in an "S" shape to walk along.

## 3. Activities

On separate index cards, write directions for activities.

*Examples:* Do jumping jacks while saying the alphabet. Do forward rolls to the next obstacle. Stomp on bubble wrap. Then, set up an obstacle course with an activity card at each stop. Have two players start at opposite ends and do the activities along the way. The first player to the opposite end wins. ☺



## ACTIVITY CORNER

### Family time

Getting together with family this month? Build in active fun with these ideas.

**Find the pennies.** Hide pennies around the house or yard. Announce how many are hidden, set a timer, and start hunting. The person who returns with the most wins that round—and gets to hide the pennies next.



**Have an orange race.** Team up in pairs, and mark start and finish lines. Have each pair face each other and, with their hands behind their backs, hold an orange forehead-to-forehead. Then, the pairs race against each other—the first to reach the finish line without dropping their orange wins.

**Skate inside.** Create an indoor rink by taping plastic (picnic tablecloths, trash bags cut open) to an uncarpeted floor. For "skates," tape wax paper to sneakers, glide in empty shoeboxes, or slide on paper plates. *Idea:* Play "freeze skate." Turn on music, and when you switch it off, the skaters have to freeze. If they don't, they're out. ☺

## IN THE KITCHEN

### Pancake house

Pancakes are a favorite breakfast for most children. Here are ways to make them a healthier breakfast, too:

- Have your youngster top his pancakes with his favorite flavor of nonfat yogurt and fresh or frozen fruit like sliced strawberries or peaches.
- When making your own pancakes, add fiber by using whole-wheat flour. Also, you can substitute



applesauce for the oil to make pancakes that are not as high in fat.

● Stir fruit into pancake batter. In addition to blueberries, you could try diced apples or mashed bananas. The pancakes will be naturally sweet—so your child can use less syrup.

● When cooking pancakes, spray the skillet with a cooking spray. You'll save calories and fat by not frying them in butter or oil. ☺



## Hemingford Public Schools Breakfast Menu

December 2011

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>FRENCH TOAST STICKS</b> Fruit or Juice	<b>2</b> <b>BREAKFAST PIZZA</b> Fruit or Juice
<b>5</b> <b>CEREAL</b> Fruit or Juice	<b>6</b> <b>PANCAKES</b> Fruit or Juice	<b>7</b> <b>BREAKFAST PIZZA</b> Fruit or Juice	<b>8</b> <b>OMELET</b> Tater Tots Fruit or Juice	<b>9</b> <b>CINNAMON ROLL</b> Fruit or Juice
<b>12</b> <b>CEREAL</b> Fruit or Juice	<b>13</b> <b>BREAKFAST BURRITO</b> Fruit or Juice	<b>14</b> <b>CEREAL</b> Fruit or Juice	<b>15</b> <b>PANCAKE &amp; SAUSAGE on a STICK</b> Fruit or Juice	<b>16</b> <b>BREAKFAST PIZZA</b> Fruit or Juice
<b>19</b> <b>CEREAL</b> Fruit or Juice	<b>20</b> <b>SAUSAGE GRAVY/ Biscuit</b> Fruit or Juice	<b>21</b> <b>BREAKFAST PIZZA</b> Fruit or Juice	<b>22</b>	<b>23</b> 
<b>26</b> 	<b>27</b>	<b>28</b>	<b>29</b>	<b>Christmas Break</b> <b>No School Dec 22-Jan 2</b>

Menus are subject to change

This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

*The Hemingford Public School provides lunches in accordance with the National School Lunch Program.*

*The cost of a breakfast is as follows: PreK-12 - \$1.15 Adult Breakfast - \$1.65*

*The cost of a lunch is as follows: PreK - 6 Lunch - \$1.65 7 - 12 Lunch - \$1.95 Adult Lunch - \$2.75*



# Hemingford Public Schools

## Lunch Menu

**December 2011**

Milk is served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> <b>CHILI</b> Carrots & Celery Applesauce Cinnamon Roll SALAD BAR& Bean & Bacon Soup	<b>2</b> <b>FRITO PIE</b> Mixed Veg. Fruit Cocktail Roll & Butter SALAD BAR
<b>5</b> <b>TACOBURGER</b> Refried Beans Cherries Cookie Cake SALAD BAR	<b>6</b> <b>CHICKEN STRIPS</b> Carrots Fresh Fruit Roll & Butter SALAD BAR& Minestrone Soup	<b>7</b> <b>CRISPITO</b> Green Beans Fruit Cocktail Roll & Butter SALAD BAR	<b>8</b> <b>HAMBURGER</b> French Fries Pineapple Dill Slices SALAD BAR & Chicken Noodle Soup	<b>9</b> <b>PIZZA</b> Peas Pears Pudding SALAD BAR
<b>12</b> <b>CHICKEN FRIED STEAK</b> Mashed Potatoes Peaches Roll & Butter SALAD BAR	<b>13</b> <b>BOBCAT TACO</b> Lettuce Salad Fruit Cocktail Roll & Butter SALAD BAR & Chicken Rice Soup	<b>14</b> <b>SPAGHETTI</b> Coleslaw Pears Garlic Bread SALAD BAR	<b>15</b> <b>CHICKEN SAND.</b> Corn Applesauce Dill Spear SALAD BAR & Turkey Noodle	<b>16</b> <b>GRILLED CHEESE</b> Green Beans Pineapple Tomato Soup SALAD BAR
<b>19</b> <b>BURRITO</b> Lettuce Salad Pears Roll & Butter SALAD BAR	<b>20</b> <b>MAC&amp;CHEESE</b> Green Beans Fresh Fruit Roll & Butter SALAD BAR & Beef Noodle	<b>21</b> <b>CHICKEN NUGGETS</b> Mashed Potatoes Peaches Roll & Butter NO SALAD BAR	<b>22</b>	<b>23</b> 
<b>26</b> 	<b>27</b>	<b>28</b>	<b>29</b>	<b>Christmas Break</b> <b>No School Dec 22-Jan 2</b>

Menus are subject to change

This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap, or national origin. More information may be obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

*The Hemingford Public School provides lunches in accordance with the National School Lunch Program.*

*The cost of a breakfast is as follows: PreK-12 - \$1.15 Adult Breakfast - \$1.65*

*The cost of a lunch is as follows: PreK - 6 Lunch - \$1.65 7 - 12 Lunch - \$1.95 Adult Lunch - \$2.75*

## Calendar Events December 2011

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 Progress Reports Sent Home  White Day  5:00 PM JH GBB at Gor/Rush Winter Pictures	2 Red Day 2:00 PM JV/V G-B BB vs Gor/Rush  3:00 PM Wr at Crawford	3 9:00 AM JV G/B BB Tourney at Gordan/Rushville Invite  1:00 PM JV(Girls Only) V G- B BB at Hyannis  Band Trip to Rapid City
4	5 White Day 1:00 PM JH Wr at Mitchell 4:30 PM JH GBB vs St Agnes	6 Red Day 6:00 PM JV/V GBB at Crawford	7 White Day FFA Leadership @ Chadron	8 Red Day 4:00 PM JH GBB vs Bridgeport  6:30 PM FFA Meeting and Fruit Sales End	9 White Day 7:00 PM Faculty Christmas Dinner	10 Booster Supper Wr at Banner County  Speech at Gering Invite (novice)  8:00 AM ACT Test Date  2:00 PM JV/V G-B BB vs Mitchell
11	12 Red Day School Board Meeting JH GBB at Sioux Cty (PHC)	13 White Day 6:00 PM EL/HS Christmas Concert	14 Red Day	15 White Day FFA Christmas Party  2:30 PM FCCLA Big Brother/Sister	16 Red Day 2:00 PM JV/V G-B BB vs Bridgeport	17 Wr at Bridgeport 2:00 PM JV/V G-B BB at Leyte
18 7:00 PM Community Holiday Play	19 White Day 7:00 PM Community Holiday Play	20 Red Day	21 Dismissal at 1:00 White Day	22 No School - Christmas Break	23 No School - Christmas Break  Gym Moritorium	24 Gym Moritorium
25 Gym Moritorium	26 No School - Christmas Break  Gym Moritorium	27 No School - Christmas Break  Gym Moritorium	28 No School - Christmas Break	29 No School - Christmas Break  Holiday Tournament at Hay Springs	30 No School - Christmas Break  Holiday Tournament at Hay Springs	31

# Calendar Events January 2012

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1	2 No School - Christmas Break	3 School Resumes Red Day 5:00 PM V G-B BB at Banner County 5:00 PM JV G-B BB vs Bayard	4 White Day Americanism Essay Assembly 9:00 AM	5 Red Day Wr at Bayard (WTC)	6 White Day V G-B BB at Brport Invite	V G-B BB at Brpo Invite Speech at Morrill Invite 9:00 AM Wr at Garden County
8	9 Red Day School Board Meeting	10 White Day 5:00 PM JH BB at Crawford 6:00 PM JV G-B BB at Crawford	11 Red Day FFA District Ag Contest @WNCC	12 White Day	13 End of 2nd Qtr/ 1st Semester Red Day 4:00 PM JV/V G-B BB at Bayard	14 Speech at Scottsbluff Invite 9:30 AM Wr at Sandhills (Dunning) 2:00 PM JV/V G-B BB vs Sioux County
15	16 Begin of 3rd Qtr/ 2nd Semester White Day	17 Red Day V G-B BB PHC Tourney FCCLA Star @ Bridgeport	18 White Day	19 Red Day 4:00 PM JH BB vs Alliance 6:30 PM FFA Meeting	20 White Day V G-B BB PHC Tourney Wr at Chadron Invite	21 V G-B BB PHC Tourney Wr at Chadron Invite Speech at Gering Invite
22	23 Red Day JV at Bridgeport Tourney 4:00 PM JH BB vs Morrill	24 White Day 2:00 PM JV/V G-B BB vs Hay Springs	25 Red Day 2:30 PM FCCLA Big Brother/Sister	26 White Day JV at Bridgeport Tourney 5:00 PM JH BB at Hay Springs	27 Red Day 5:00 PM Italian Buffet	28 Wr at Mitchell Invite Speech at Gor/Rush Invite 1:00 PM JV/V G-B BB at Edgemont
29	30 White Day JH BB at Hay Springs (PHC)	31 Red Day 3:00 PM JV/V G-B BB at Minatare				