National Award to Cindy Lanik

The United States Department of Education announced today that *Cindy Lanik*, a middle school teacher in Hemingford, Nebraska has been selected as the 2006 Nebraska American Star of Teaching.

The prestigious award is given to just one educator in each state, beginning with over 4000 initial nominees. Mrs. Lanik has taught for 20 years in Hemingford, and is lead teacher in the Hemingford Middle School, located in the Nebraska Panhandle. Her extra work with students unable to attend classes full-time, her dedication in coming early and staying late for her students, and her love for teaching were all factors in her nomination. as well as her continued efforts



to teach and coach crosscountry from a wheelchair after breaking a hip last year.

She was nominated by



Mrs. Jac-Lynn Orr, who with her husband Kirk h a v e three children in the Hem-

ingford system. Other factors in her selection were the methods she employs in her classes that are geared towards improving student achievement, as well using innovative strategies to make a difference in the lives of her students.

Governor Dave Heineman was on hand to honor Lanik, as well as Deputy United States Education Director Bill Knudsen of Washington, D.C., Nebraska Deputy Education Commissioner Polly Feis, State Board of Education member Kandy Imes, and Nebraska State Education Association representa-

tive Leonard Hartman.

The program was attended by all Pre-K through 12th students in the Hemingford system, as well as all staff and many community and local board members. Many members of Mrs. Lanik's family were also present.

Mrs. Lanik is a 1977 graduate of Orleans High School in Nebraska, and a 1985 graduate of Chadron State College. Her husband Tim also teaches at Hemingford, while daughter Lindsey teaches at Emerson – Hubbard. Son Nate teaches in Alliance, while his wife Jenny teaches in Hemingford as well.

The community, students and staff joined all of the honored visitors for a free lunch on the school lawn following the presentation. An archived webcast of the program in its entirety can be found at http://www.hemingford_tele-phone.com/, complements of the Hemingford Telephone Company.



September 2006

Special points of interest:

 Scholarship time from the Counselor Corner

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C O U N S E L O R 'S

Approximately 50% of the seniors parents and their R attended the Senior/Parent meetina held Ν 29th. August Discussion on college F information websites. planning senior visits, FAFSA R form.

applications were just some of the topics. Students have mailboxes

for general information and should stop in and pick up newsworthy items. Mrs. Hucke has blocked

, planning time before school to sits, FAFSA work with seniors and scholarship their questions.

The counselor's office is implementing some new software that allows

students to type directly on the scholarship form after it has been scanned. This software is available

on a majority of the school's computers; however, paper copies of scholarships will also be located in Mrs. Horstman's and Mr. Chatelain's room.

Registration deadline for the October 28 ACT is September 22. Check other deadlines for college applications and scholarship opportunities. This information can be found on the college/university website.



It's not often students meet the Governor at school...

WORDS TO THINK ABOUT ©

You don't have to be great to start, but you have to start to be great.

There are many paths to the top of the mountain, but the view is always the same.

The bad news is time flies. The good news is you're the pilot.

Be Healthy!

Health Lies in labor. and there is no royal road to it but through toil." -Wendell **Phillips**

WE'RE OFF!

The first part of school has been a little hectic. It was great to see all of kids with their faces filled with smiles and anticipation of the coming school year. I've made it around and met all of the new students enrolled in our school. It was great seeing all of last year's kids also. My word for this year is "FAMILY". I spoke to the kids about how we are going to help each other succeed this year. We'll be there to encourage, help, and give them whatever they need to be successful in school and life. I also talked about how they need to help their classmates who struggling, having a bad day, or just need a word of encouragement.

BOX TOPS FOR

Fostering Education

Together we can make a difference for kids when we have a common goal

AMERICAN STAR OF TEACHING

Mrs. Cindy Lanik was presented the "American Star of Teaching" award at a surprise assembly at 11:00 a.m. on August 23, 2006 in the Hemingford School Gymnasium. Only one teacher from each state is selected to receive this award each year. It is a very prestigious award. The entire school (Pre K - 12th) took part in the celebration. Nebraska Governor Dave Heineman as well as Bill Knudsen from the United States Department of Education were in attendance and spoke on behalf of Mrs. Lanik. Congratulations to Mrs. Cindy Lanik as well as our entire teaching staff PreK - 12th grade for the wonderful job you do each day with kids.

EDUCATION

Please remember to save the

Elementary News

box tops that are found on many different food items. They allow us to earn money for our school. This is another great way to help our school.

TESTING

We will administer the fall MAPS tests in September this year to grades 2-11. The tentative dates are September 11-15 and September 18-22. Please help by making sure your child/children are in school and have had a good night's sleep. We appreciate support encouragement you give your child each day to do their best in school.

UPCOMING DATES OF **INTEREST**

September 4th No School – **Labor Day** September 29th No School – Teacher Inservice

COMMUNICATION

Call us with any questions at 487-3330.

Together we can make a difference for kids when we have a common goal

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Giorgi's Gym

Using the swimming pool for the first week of school got the year off to great а start! Check out the schools website for pictures.

September will see PE students preparing for fitness testing. We will be working on fitness each day in PE as well as movement skills and health. Third through sixth graders are practicing softball skills and kindergarten through second grades are working on manipulatives hoops, wands, etc.

Make sure your students get exercise at home! For ideas. see the fitness calendar which vou can print off of the school website.

Mrs. Giorgi

Thayer's Thoughts...

Now that school is rolling, and activities are in full swing, please check out the calendar on the website for the most current information. Many items are added and deleted on a continuous basis.

Some of the activities include:

HS Picture Day is scheduled for Wednesday, September 27. Some of the activities will also be having pictures on this day. Please bring your smiles.

One Act Play Tryouts: Do you have a flair for the dramatics? Mrs. Fastnacht and Mrs. Haas are looking for individuals to try out for the One Act play. Tryouts are scheduled for the week of September 5. If you need more information, please visit with either of these ladies.

Testing – September is the beginning of a variety of testing. Elsewhere in the newsletter you will find some information on the test dates for MAP testing. Teachers use the results for curriculum adjustments and to see the changes in student growth. Questions that you may want to ask your son/daughter about the tests may include:

Did you have gains in the RIT score? (students get feedback immediately on their results)



Students will test for Reading and Math and then Science and Language Arts. Ask them which seemed the best for them?

Ask if they felt like they knew most of the material?

More importantly—ask them if they gave it their best effort—If so, then whatever they scored is ok.

Josten's will be here on October 9 to provide information to seniors about announcements and graduation items. Ordering will take place on Monday, October 16.

Junior Testing:

ASVAB testing on September 20 PSAT test on October 18.

Sophomores:

PLAN test on October 19.

ACT test date:

October 28

Sign up by September 22

If your son or daughter would be interested in taking a practice ACT test, please have them stop in and talk to Mrs. Hucke or Ms. Thayer.

Speech is Important...

As the Speech-Language Pathologist in your school district, I would like to share some information with you about speech and language development of your young children. There will hopefully be future articles about different stages of development with each newsletter, so be sure to check each one.

Speech and Language of the 6- to 12-months old child

At age 6 months, your child...

Makes lots of different, playful sounds (called babbling)
Laughs, gurgles, coos with familiar people
Reacts to loud, angry, and friendly voices

Turns and looks at new

sounds
Babbles for attention

At age 8 months, your child...

Responds to name and pats image of self in mirror Produces four or more different sounds Frequently uses syllables such as ba, da, ka

Transfers objects from one hand to another

Listens to own vocalizations and those of others

Tries to imitate sounds

At age 10 months, your child...

May say "mama" and "dada" Shouts to attract attention Uses jargon (babbling that sounds like real speech) Plays Peek-a-Boo Says a syllable or sequence of sounds repeatedly

At age 12 months, your child...

Recognizes name Points to objects for you to get or name

Says 2 to 3 words besides "mama" and "dada" Imitates familiar words

Understand simple instructions

Recognizes words as symbols for objects (for example, hears "car" and points to

garage; hears "cat" and 'meows')

You can stimulate your infant's speech and language if you...

Respond to your child's coos, gurgles, and babbling; treat these utterances as if they were real language

Talk to your child during your daily care activities

read colorful books to your child every day

Keep your speech rather simple and concrete

Recite nursery rhymes and sing songs

Show interest in all the different sounds you hear; (ice clinking in a glass, doorbell ringing, rain falling)

Share eye contact during the give-and-take of your interaction as your child coos and babbles

Teach your child the names of commonly used items, familiar people, and common actions take your child with you to new places and situations

Play simple games, such as Peek-a-Boo and Pat-a-Cake, with your child play simple music for your

play simple music for your child

EMPOWERING individuals to become RESOURCEFUL, RESPECTFUL, and RESPONSIBLE... partners in education

Hemingford Public Schools Monthly Newsletter

Mr. Casper Ningen, Superintendent Mrs. Peggy Thayer, High School Principal Mr. Ron Foster, Elementary Principal Mrs. Mandy Plog, Special Ed Director

PO Box 217 911 Niobrara Ave Hemingford NE 69348

Phone: 308-487-3328 High School Phone: 308-487-3330 Elementary Phone: 308-487-5252 Distance Learn

Fax: 308-487-5215

Check out our Website: http:// www.hemingfordschools.org **Hemingford Public School District #10** will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities. If you feel you have been discriminated against, please contact Casper Ningen, Superintendent of Schools for more information.

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KPNY 102 FM, KMOR 92.9 FM), our web site (www.hemingfordschools.org), and Mobius web site (www.bbc.net).

The ultimate purpose of education is to help each student become an effective citizen in a democracy. Developing and accepting the responsibilities and obligations of good citizenship will help students to participate in our varied activities and thus find those things within our school that will prepare them to live a better life and finally take their place in this complex society. Their success at Hemingford Public Schools will be directly proportional to their efforts.

Super Places on the World Wide Web

Black Dog

This site is safe for kids and has jokes, games, puzzles, worksheets that help students learn even though they are playing!

http://www.blackdog.net

Net Smartz Kids

This site is for helping kids learn to be safe on the Internet. Did you know 1 out of every 5 students have been solicited by unknown predators on the Internet?? Make sure your kids are safe!!

http://www.netsmartzkids.org

Palm Beach County Library System

Mouse & Eye Hand Coordination Games for Younger Children
http://www.pbclibrary.org/mousing/games.htm

CRLS Research Guide
A great place to learn how and where to get research tips for creating projects and papers.
http://www.crlsresearchguide.org

Hemingford Public Schools Calendar Events September 2006

Sun	Mon	Tue	Wed	Thr	Fri	Sat
					White Day 7:00 PM VFB Bridgeport @ home	9:00 AM JH.VCC @ Gering
3	4 Labor Day No School	One Act Tryouts Red Day 5:00 PM FCCLA Dist Planning Meeting 6:00 PM JV FB Crawford @ home	One Act Tryouts White Day 2:30 PM BigBrother/BigSister	7 One Act Tryouts Red Day	One Act Tryouts White Day 2:00 PM JH-VCC @ Kimball	8:30 AM JV-VVB @ Gordon/Rushville Invite
10 FCCLA Leadership Workshop	Red Day FCCLA Leadership Workshop MAP Testing Window 5:00 PM F-JVVB @ Morrill 6:00 PM JVFB @ Morrill 7:00 PM School Board Meeting	MAP Testing Window White Day 5:00 PM FFA Corn Feed 5:00 PM VVB Tri w/Kimball & Gordon @ home	MAP Testing Window Red Day FFA Leadership 10:00 AM Meeting for all P'handle schools in B'port	MAP Testing Window White Day 3:00 PM JH VB @ Morrill 5:00 PM JH FB @ Morrill 6:00 PM JV-VVB Edgemont @ Home	MAP Testing Window Red Day 7:00 PM VFB @ Gordan	TBD JHVB @ Alliance 9:00 AM JH-VCC @ Alliance 9:00 AM JVVB @ Gordon 10:00 AM VVB H'mfd Invite
17	7:15 AM One Act Practice MAP Testing Window White Day 4:00 PM JHVB B'port @ home	7:15 AM One Act Practice MAP Testing Window Red Day 4:30 PM JH-VCC @ Scottsbluff 5:00 PM F-JVVB Tri @ Alliance with Chadron 5:00 PM JHFB @ B'prt	MAP Testing Window White Day	7:15 AM One Act Practice MAP Testing Window Red Day 5:00 PM JHVB @ Hay Springs	MAP Testing Window White Day 1:00 PM VCC @ Torrington 6:00 PM FFA Meeting @ Ag Shop 7:00 PM VFB @ Bayard	JHVB PC @ Harrison 8:30 AM JV-VVB @ Mitchell Invite
24	7:15 AM One Act Practice Red Day All Day 5th & 6th Field Trip Ash Hollow 5:30 PM JHVB @ Rushville 6:00 PM JVFB Mitchell @ home	7:15 AM One Act Practice White Day 5:00 PM VVB Tri w/Bayard & B'port @ home	Picture Day HS Portraits & FAII Activities FFA Petting Zoo ASVAB Testing Red Day	7:15 AM One Act Practice Picture Day Elementary Portraits & Fall Activities White Day 2:00 PM JH-VCC @ Gordon 4:00 PM JHVB vs Crawford Home 5:00 PM Fr-JV V B @ Bayard 5:00 PM JHFB Crawford @ Home	No School - Teacher Inservice 7:00 PM VFB @ Morrill	30

Hemingford Public Schools September 2006 Breakfast Menu Monday Tuesday Wednesday Thursday Friday 1 Menus are subject to change **Breakfast** This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit Pizza discrimination because of race, color, sex, age, handicap, or national origin. More information may be Fruit or Juice obtained here or from the Office of Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated against in any USDA- related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250. The Hemingford Public School provides breakfasts in accordance with the National School Lunch Program. The cost of a breakfast is as follows: K - 6 Breakfast - \$1.00 7 - 12 Breakfast - \$1.00 Adult Breakfast - \$1.25 5 4 No School **Breakfast** Pancake & **Cinnamon Roll** Fruit or Juice Burrito Sausage on a Fruit or Juice Stick Assorted Fruit or Juice Cereal Muffin Fruit or Juice 12 14 11 13 15 Assorted Egg & Cheese French Toast Assorted Cereal **Breakfast** Fruit or Juice Muffin Pizza Cereal Omelet Fruit or Juice Granola Bar Fruit or Juice Fruit or Juice Fruit or Juice 18 19 20 21 22 **Assorted Pancake** Breakfast Assorted Cereal Cinnamon Roll Cereal Fruit or Juice Burrito Muffin Fruit or Juice Fruit or Juice Granola Bar Fruit or Juice Fruit or Juice 25 29 26 27 28 Assorted Sausage French Toast Assorted Cereal No School Cereal Gravy on Fruit or Juice Muffin Fruit or Juice Granola Bar Biscuits Fruit or Juice Fruit or Juice

Milk is served with all meals

Hemingford Public Schools September 2006 Lunch Menu Monday Tuesday Wednesday Thursday Friday Menus are subject to change Ready Rib This facility is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination Sandwich because of race, color, sex, age, handicap, or national origin. More information may be obtained here or from the Office of French Fries Equal Opportunity, USDA, Washington, D.C. 20250. Any person who believes that he or she has been discriminated Applesauce against in any USDA-related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250. Dill Spear The Hemingford Public School provides lunches in accordance with the National School Lunch Program. The cost of a lunch is as follows: K - 6 Lunch - \$1.407 - 12 Lunch - \$1.70 Alt. – Hamburger Lunch - \$2.50 Cold Sand. -Cheese 4 7 No School Chicken & Hot Ham & Beefy Nachos Sloppy Joe Corn Lettuce Salad Noodles Cheese Sand. Fruit Cocktail Pears **Green Beans** French Fries Roll & Butter Cookie Cake Pineapple Peaches Alt. - Baked Alt. - Chicken Roll & Butter Potato Sand. Alt. - Crispitoe Alt. – Hamburger Cold Sand -Cold Sand. -Cold Sand. -Cold Sand. – Ham Cheese Bologna Turkey 14 12 13 15 Pig In Blanket Taco Burger Chicken Fajita B.B.Q. Grilled Cheese French Fries Carrots Sandwich Sandwich Salad **Pineapple** Fresh Fruit Coleslaw **Green Beans** Corn No Bake Cookie Pudding Fruit Cocktail Pears Peaches Alt. – Pizza Alt. – Baked Roll & Butter Dill Spear Tomato Soup Cold Sand. - PBJ Potato Alt. - Corn Dog Alt. - Quesadilla Alt. - Crispitoe Cold Sand. -Cold Sand. -Cold Sand. - Ham Cold Sand. -Bologna Turkey Cheese 20 22 Sausage Gravy \ Bobcat Taco Chicken **Turkey Gravy** Hamburger \ **Mashed Potatoes Biscuits** Lettuce Salad Sandwich Bun Peaches Pineapple **Green Beans** French Fries Corn Roll & Butter Roll & Butter Applesauce Fresh Fruit **Pears** Alt. - Baked Alt. - Pizza Cookie Puddina **Dill Slices** Alt. - Ready Rib Cold Sand. - Ham Alt. – Pizza Hot Potato Alt. - Hot Ham & Cold Sand. -Pocket Cheese Sand. Bologna Cold Sand. - PBJ Cold Sand. -Cold Sand. -Turkey Cheese 28 29 25 26 27 Spaghetti & Hot Dog / Bun **Tostado Pizza** Frito Pie No School Tater Bar Corn **Meat Sauce** Carrots Fruit Cocktail Applesauce Pineapple Coleslaw **Baked Beans** Cookie Roll & Butter Pears Alt. - Chicken Alt. - Quesadilla Alt. - Corn Dog Garlic Bread Cold Sand. -Cold Sand. - Ham Nuggets Alt. - Salisbury

Steak

Cold Sand. – Turkey

Milk is served with all meals

Bologna

Cold Sand. - PBJ